

Learner Guide

Earthmoving Course

RIIMPO319E Conduct Backhoe/Loader Operation

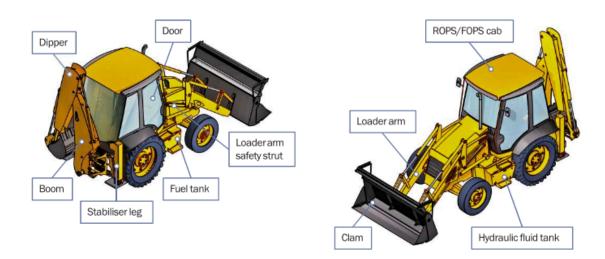
Learner Guide

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1.1 Introduction

1.1.1 What is A Backhoe/Loader?

A backhoe/loader is a machine with a front bucket and also a rear boom and attachment. You can use a backhoe/loader as a lifting machine if the boom has a proper lifting lug and safe working load (SWL).



1.1.2 What Do You Use A Backhoe/Loader?

- Agriculture farming
- Construction
- Clean up
- Moving dirt/rocks etc
- Can use for lifting purposes
- Trenching
- Loading trucks



1.1.3 What Industries Do You Use A Backhoe/Loader?

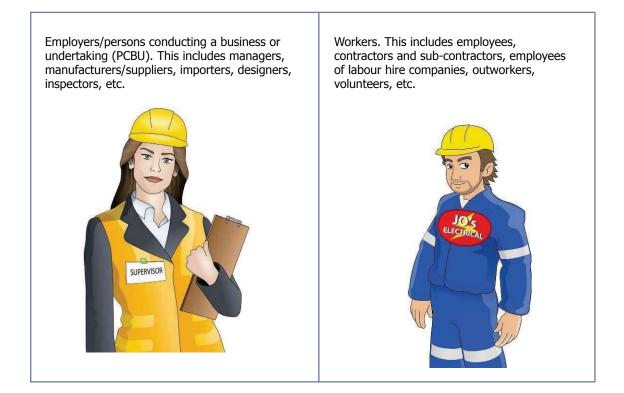
- Civil construction
- Farming
- Irrigation
- Mining





1.1.4 Who Has Duty of Care?

You have a duty of care. So does anyone who has something to do with the worksite. Duty of care applies to:



1.1.4.1 Worker's Duty of Care

As a worker you must take care of your own health and safety – and the health and safety of others at the workplace. You must not put your own or other people's health and safety at risk. Never work where you believe a hazard is a serious risk to your health and safety. You must also:

- do your best to follow reasonable health and safety instructions from your boss (PCBU)
- follow workplace health and safety policies and procedures
- do not work where you believe a hazard would be a serious risk to your health and safety.



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1.1.4.2 PCBU/Employer's duty of care

The PCBU must:

- Provide a safe workplace
- Train workers and make sure they know what to do on the job
- Try to get rid of risks, or find ways to minimise risks
- Tell workers about any hazards or risks. Workers must know what to do in an emergency.
- Have a workplace safety plan. For example, workers should be trained in the use of fire fighting equipment and first aid equipment.

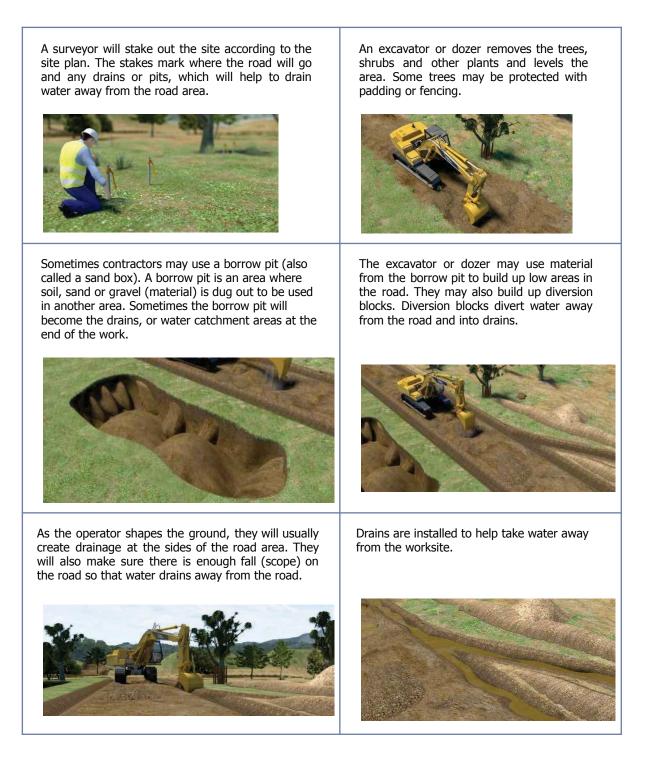
Penalties

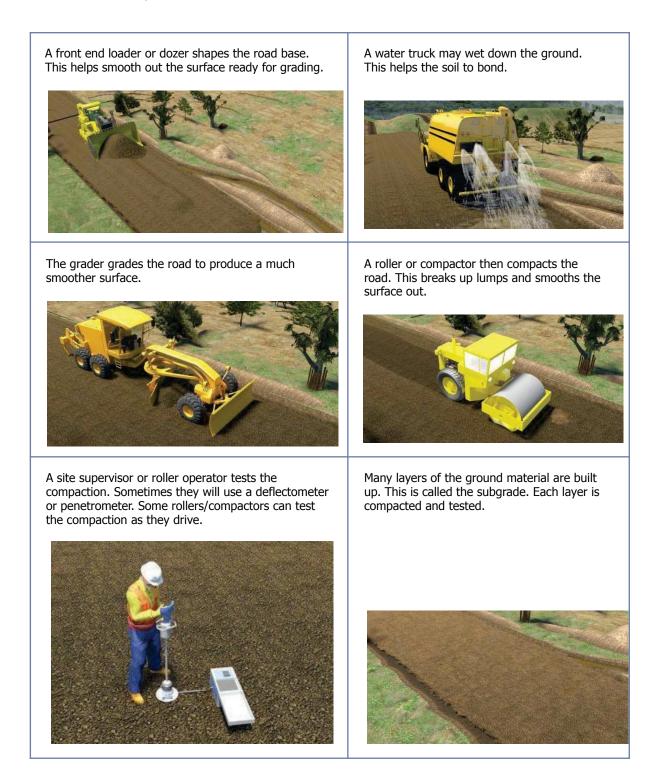
If you are PCBU/employer or a worker, the government can fine you or imprison you for failing your duty of care.



1.2 General Information

1.2.1 The Basics of Road Construction







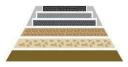
Finally the planting, erosion control and drainage work is completed.



1.2.2 Principles of Soil Technology for Civil Works

One of the most important jobs you will do, as a machine operator, is to help lay foundations. Foundations are the base for roads, railway lines, swimming pools and buildings. If you do not have a solid foundation, you cannot build something solid on top of it.

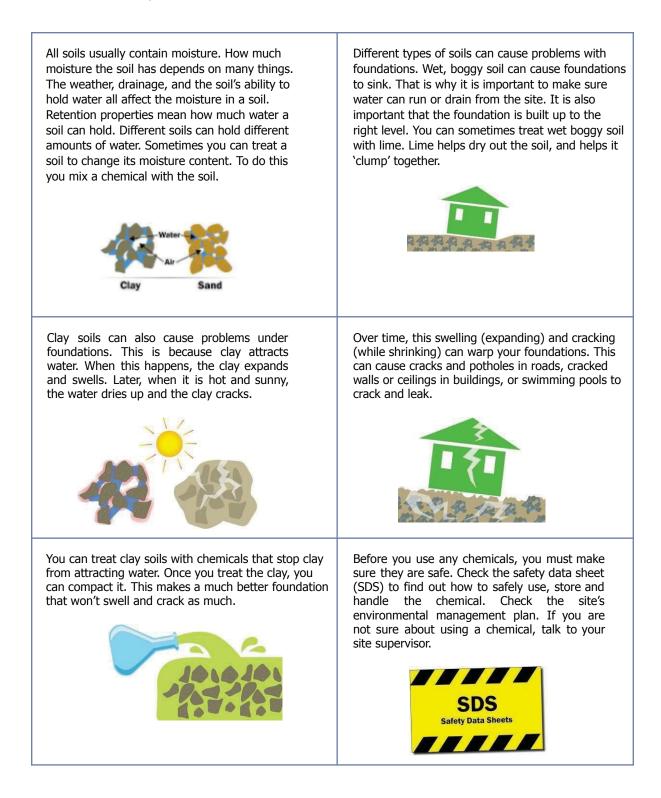
When soil is firmly compacted it has an increased density, this provides a stronger foundation to build on.



In civil construction, moisture content means how much water is in a soil, rock, aggregate or road base. Moisture is very important in earthmoving. Moisture affects the weight of soils. It makes soils swell, and it also affects the handling properties of the soil. Handling properties means

how easy or hard it is to work with that soil.

The amount of water in soil affects its viscosity. Viscosity is how thick the soil is. For example dry loose soil has a low viscosityand is easy to work with. Wet muddy soil has a higher viscosity and can be more difficult to work with.



1.2.3 Earthmoving Site Hazards

1.2.3.1 Checking for Underground Services

You should always check where services are before you start work. You may phone 'Dial before you digon 1100'. You may look at the site plan or talk to your supervisor. You may need to look at the location of pits and meters to get an idea of where the services run. You may need to check with the local council or service company. You may even need to get underground detection equipment.

If you hit a service line, contact the provider immediately. You may need to organise to get the service

disconnected while a qualified person fixes the problem.

You can sometimes tell there are services below by the types of ground. Some services are surrounded by a different type of soil, rock or sand. You may notice that the soil is looser,

or does not match the soil around where you are digging. There may be a line of tape alerting you to the services. If you suspect there are services underground, stop working. Check the ground. You may need to excavate the area by hand, or dig in another area.



1.2.4 Operating Techniques

1.2.4.1 Building A Stockpile

A stockpile is a pile of material (soil, sand, rock, etc) that you use for earthmoving work. You must choose a good location for your stockpile. If you choose the wrong location, your stockpile could get washed away or become dirty (mixed with other materials).



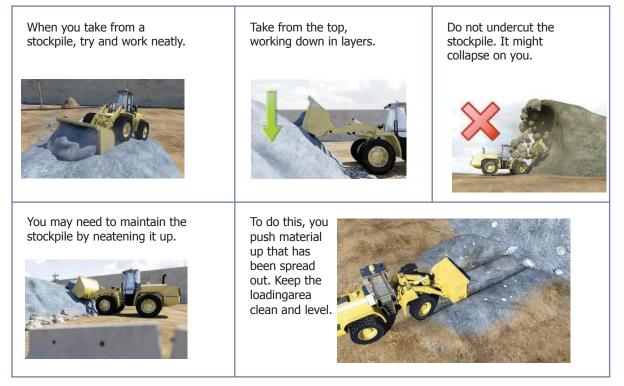
 $\mathsf{Don}'\mathsf{t}$ work too close to the edge of the stockpile as it could give way.



Keep filling out the stockpile one row at a time or by dozing material to the correct position on the stockpile.



1.2.4.2 Taking from A Stockpile



1.2.5 Environmental Management Plan (EMP)

The Environmental management plan (EMP) tells you important things about the environment at the worksite. It explains how the work you are doing could damage the environment. The possibility that you will cause this damage is called the environmental risk.

The EMP tells you what you must do so you do not damage the environment. It tells you how to work in a way that reduces damage to the environment.





1.2.5.1 Example of an Environmental Management Plan

Company Details:	EGA Earthwor	EGA Earthworks - 19 Chandler Road, Boronia. Vic. 3155.					
Work description:	Soil removal	oil removal					
Date	12/12/2015			Contact	Dick Osborne - 0455 555 555		
Environmental concerns for the site Risk Level Risk likelihoo			Risk likelihood	Protecti	on measures		
	eration associated on and operation of ure. Public nuisance	Minor	Possible	Work on 6:00pm.	site to be carried out between 7:00am and		
Vegetation loss leading to increased Moderate runoff during wet periods.			Almost certain	Use cut off drains to direct water away from area being worked on. Put silt cloth barrier on high side of trench. Put straw bales in trench to filter water.			
Mud on surroundin and exit points.	g roads near entry	Moderate	Possible	Use rumble grids and wash wheels of vehicles leaving sit			
Dust generation du soil.	e to removal of top	Moderate	Likely	Use wate	er carts to keep soil moist.		
Combustion products from exhaust pipes. Air emissions.		Moderate	Likely	Check th	at catalytic converters fitted to machinery.		
Damage to remaini	ng trees on site.	Moderate	Possible		porary fencing and/or safety mesh to isolate m surrounding work.		
Approved by:	Approved by: TJ Crossbow			TJ Crossbow			

1.2.5.2 Working with an Environmental Management Plan

When preparing an Environmental management plan (EMP) there are three things you must decide:

1. How serious is the environmental risk?

- 2. How likely is it to happen?
- 3. How can you control the risk?

How can you control the environmental risk?

Here are some examples of environmental risks and the controls that could be used. They can be written into an environmental management plan.

Example 1

Risk : Soil and clay spread on residential streets.

Cause : Not cleaning wheels of vehicles leaving the worksite.

Control : Wash wheels or use rumble grids or put gravel at exit points.

Example 2

- Risk : Noise.
- Cause : Engine noise from heavy machinery.
- Control : Work on site to be carried out between 7 am and 6 pm.

Example 3

- Risk : Loss of topsoil.
- Cause : Driving across a paddock or over vegetation. Control : Go around the paddock even if it increases the time the job takes.







How serious is the environmental risk?

You can use the following table to rate how serious the environmental risks are.

Level	Rating	Examples of impact on the environment
1	Catastrophic	Death, injury or illness to humans or animals. Destruction of a heritage site. Toxic release into waterway and groundwater.
2	Major	Release leading to measurable change to storm water quality. Soil contamination over a wide area. Damage to a heritage site.
3	Moderate	Short term minor change to ecosystems. On site release that is contained with little contamination. Localised, short-term change in storm water quality.

4	Minor	On-site release immediately contained. Isolated complaints from the community.
5	Insignificant	Impact on the environment is too small to measure.

How likely is the environmental risk?

You can use the following table to rate how likely it is that an environmental incident may happen.

Level	Rating	Examples of impact on the environment
A	Almost certain	Environmental concerns that you expect will happen.
В	Likely	Environmental problem that has happened in the past and is likely to happen again.
с	Possible	Environmental concern that has sometimes been a concern and may happen.
D	Unlikely	Environmental concern that has sometimes been a concern but is not expected to happen.
E	Rare	Environmental issues that are very unlikely to happen.

1.2.6 Earthmoving Hazards and Risks

The most common hazards and risks with earthmoving work are:



Underground gas lines	Water and sewage piping	Rollovers
Noise	Dust	Manual handling
Contaminated soil	Falling into trenches or excavations	UV rays (radiation) from working in the sun

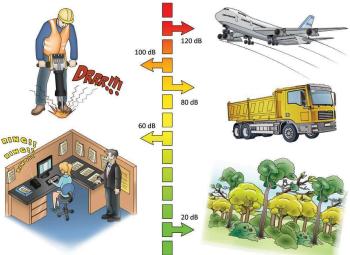
1.2.7 Decibel Levels of Common Sounds

You must wear hearing protection when operating heavy equipment. This is important because 8 hours of noise at 85 db (decibels), or noise levels of 140 db even briefly can permanently damage your hearing. Hearing loss is:

- Slow
- Painless
- irreversible.

Here are some examples of levels of noise in different environments.

- A forest has about 20 db of noise
- In an office there might be around 60 db
- Standing outside a truck generates about 80 db
- A jackhammer generates around 100 db
- A jet taking off generates about 120 db



1.2.8 Chemicals and Solvents

Chemicals should always have a label, so that you can easily tell what you are working with. They should be stored in a safe place where nobody may accidentally come in contact with them.

Always check the safety data sheet (SDS) before handling any chemicals.

An employer must provide an SDS to a person using chemicals in the workplace. They must make sure the person using the chemical knows how to read and understand the SDS.

If you are not sure about a chemical, put the chemicals in a safe, isolated area and talk to your supervisor.

1.2.9 Fatigue

Fatigue is an acute, ongoing state of tiredness that leads to mental or physical exhaustion and prevents people from functioning normally. It is more than feeling tired and drowsy, it is a physical condition that can occur when a person's physical or mental limits are reached.

Fatigue can happen because of work or lifestyle related factors. Fatigue is a significant hazard and can lead to poor concentration, slow reaction times and increased mistakes.

Work related factors	Lifestyle related factors
 Working time Scheduling and planning (for example: rosters, length and timing of shifts) Inadequate rest breaks Lengthy periods of time being awake Insufficient recovery time between shifts Payment incentives that may lead to working longer shifts Environmental conditions (for example: climate, light, noise) Type of work being undertaken (for example: physically or mentally demanding) Work demands placed on the person (for example: time frames, deadlines) The organisation's culture The person's role within the organisation. 	 Inadequate or poor quality of sleep due to sleep disorders Social life Family responsibilities Other employment Travel time Health and wellbeing (for example: nutrition and diet, exercise, pain, illness).

1.2.5.1 Signs of Fatigue

You should be able to identify signs of fatigue in yourself and others. A person who is affected by fatigue may display the following signs:





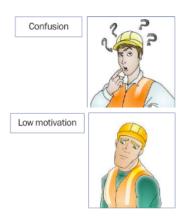


Dizziness

- Headaches and/or dizziness
- Wandering or disconnected thoughts, daydreaming, lack of concentration
- Blurred vision or difficulty keeping eyes open
- Constant yawning, a drowsy relaxed feeling or falling asleep at work
- Moodiness, such as irritability
- Short term memory problems
- Low motivation
- Hallucinations
- Impaired decision-making and judgment
- Slowed reflexes and responses
- Reduced immune system function
- Increased errors
- Extended sleep during days off work
- Falling asleep for less than a second to a few seconds, and being unaware they have done so (otherwise known as micro-sleeps)
- Drifting in and out of traffic lanes or missing gear changes and turn offs when driving.

1.2.5.2 Managing Fatigue

Sleep is the only effective long term strategy to prevent and manage fatigue. While tired muscles can recover with rest, the brain can only recover with sleep. The most beneficial sleep is a good night's sleep taken in a single continuous period.



1.2.10 Safety around Trenches

There is a risk that a person could fall into an open trench or excavation on a worksite. People working in trenches are at risk of being crushed or trapped if the trench caves in. You must try to reduce this risk. Isolation is a good way to reduce the risk. You could put up para-webbing, barriers or temporary fencing. You may put trench shields with guard rails.

You also need to consider operating machines in and around trenches



when workers are in the trench. Where possible, always have workers removed from the trench if you are working around it. If the worker must remain in the trench. Ensure the machine is kept a minimum distance of the trench depth away from the edge (if trench is 1m deep, the closest grounded part of the machine should be at least 1m from trench edge). If the machine needs to get closer to the trench with the worked in the trench, trench shoring should be set up to protect the worker.

1.2.10.1 Trench Shields and Shoring

If a trench is 1.5 metres deep (some sites are 1.2m) or more you must use trench shields or shoring. You should use trench shields that have approved lifting points. The shields weight must be permanently marked on the shield. If the shield does not have its weight marked, it must be rigged by a licenced dogger or rigger. The shoring must meet Australian Standard 4744: Steel shoring and trench lining equipment. It must also come with an instruction manual. You should secure a ladder for workers to get in and out of the trench.



1.2.10.2 Benching

Benching is where you cut levels in the soil to reduce the fall risk. For example, instead of having a single 2 metre trench, this area is excavated in two (2) levels. The first level is a 1 metre drop and is 1 metres wide. The second level is 1 metre \times 1 metre.



1.2.10.3 Battering

Battering is where the edges of a trench are 'tapered' back on a gentle slope. Battering means that instead of a straight drop off, you have a more gentle slope. In this example, the drop off has been 'battered' back so the fall hazard is reduced. Benching and battering reduce both the fall risk and the risk of collapse.



1.2.11 Confined Space

A confined space is an enclosed or partially enclosed area. It is an area that was not designed for people to go into. It may have no natural or mechanical ventilation. There are also hazards (such as a gas or flammable substance) that makes it dangerous.

Gases in the atmosphere such as LPG, which are heavier than air, may enter spaces like trenches, underground tanks or pits displacing oxygen.

When you drive a petrol, gas, or diesel machine into a space like this you create a hazard. The exhaust gasses can fill the space. Dangerous gases like carbon monoxide can build up in the area. You can't smell all the dangerous gasses or fumes. You might breathe in a dangerous gas and not even know it. The gas could make you unconscious or even kill you.

You must be trained to work in a confined space, you must also have a permit. The permit makes sure you have thought about all hazards and controls, including a rescue plan, and that you have a team there to help you in case something goes wrong. You must get your permit approved by a supervisor.

If you are going to work a machine in a confined space, you might need a catalytic converter installed. A catalytic converter takes out harmful gasses (like hydrocarbons, carbon monoxide and nitrogen oxides) and turns them into harmless gasses (like carbon dioxide, water and oxygen).



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1.2.12 Worksite requirements

Examples of documents and training your employer should provide include:

- Safety plan for the site
- Emergency procedures, for example a site evacuation plan
- Environmental management plan for the job.

1.2.13 Emergency Evacuation Plan

Many worksites have an emergency evacuation plan which is displayed on the noticeboard.

You should make sure you know how to interpret this plan.

For example, start by looking for a 'You are here' sticker on the plan drawing. Note how nearby areas are shown on the plan. Then work out where the emergency exit is - on the plan and in real life.



There are times when you will need to dispose of environmentally sensitive fluids. You may have to deal with oil spills or chemical spills.



There are disposal companies who remove used oil, oily water and emulsions, waste grease, filters, rags, brake fluids and coolants.

Oil is a good example of an environmentally sensitive substance that needs to be disposed of properly.

1.2.14.1 The Damage Oil and Chemicals Can Do

If oil ends up in landfill, it will slowly leach into surrounding land and underground water. Storm water and sewage, polluted by oil, can cause long term damage to coastal and marine habitats and ecosystems, seabirds, mammals, fisheries and people.

1.2.15 Clean Up

1.2.15.1 Recycling Items

Many environmentally sensitive items can be recycled. Items such as batteries, oil and gas cylinders can sometimes be recycled and reused.

Some oils can be taken to a recycling centre. With oil, bring your materials to the recycling centre in a clean, plastic container with a lid. The original container is a good container to return the oil in.

1.2.15.2 Pressure Clean

You may need to pressure clean the wheels, tyres, or attachments.





1.2.16 First Aid and Emergencies

Employers should make sure there are trained first aiders and first aid kits available.

The employer should make sure:

- The first aid kits are checked, maintained and kept in a clean dry place.
- There are clear signs indicating the location of first aid kits.
- They have recorded and displayed the numbers and location for emergency services (or local doctors or hospitals).

1.2.16.1 Reporting Incidents

As a PCBU, employer or self-employed person you must report serious incidents to the SafeWork authority in your state. You must give a written report within 48 hours if any of the following happen on a site you are controlling.

- A death
- An injury that requires medical treatment
- Exposure to a substance that requires treatment
- Other injuries or health issues caused from a workplace incident.

The SafeWork authority may send an inspector to come and examine the site. You must leave the site as it is, unless you need to; protect people, help an injured worker, make the site safe, or stop other incidents happening. The inspector will tell you when you can continue working normally.



1.2.17 Safety Plan

The safety plan may tell you things like:

- How to use tools and equipment safely
- How hazards and risks need to be controlled
- Emergency procedures
- Emergency exits and assembly areas
- What PPE to wear
- Safe areas to park machinery.



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1.2.17.1 Site Evacuation Plan (Example)

1.2.18 Tools and Equipment

Here are some typical tools and equipment you might need. Remember, if your workplace has a policy about what PPE you need to use, you must use it.



1.2.19 Defective Parts

If you notice a defective part, for example, a fuse is blown or not working, you should arrange to have it replaced immediately. You must check the rules for your site and your state or territory. In some states only licenced mechanics are allowed to do any repairs.



1.2.20 Job Safety and Environment Analysis (JSEA) or Safe Work Method Statement (SWMS)

These forms help you plan for the work you will do. It is very important you fill these out before you start work. They help you work out the tools, equipment and PPE you need to do the job safely. All workplaces should have these types of forms.

Example:

ob safety and environ						12.	345
	1	ACTIVITY/TASK INFORM	ATION AND	LOCATI	DN		
Location/Project:		Belmaine Highwa					
Activity or Task Description:	Load	spoil from excave	ation rigi	ht ha	ind turn lane		
Competency/Qualification nee	eded to do w	vork safely: All o	perators	have	e current tickets		
		2. HAZARD IDEN	TIFICATION				
Location/Area Hazards	Rate	Work/Task Hazard	s	Rate	Work/Task Hazards		Rate
Area		Visibility and hearing			Plant/machinery		
Entry or exit is difficult		Poor lighting			Plant or Machinery	X	8
Engulfment/entrapment		Poor visibility			Tools/equipment		
Work at heights		Bright lights/UV			Traffic	X	8
Confined space		High noise levels	X	7	Pedestrians		-
Remote location		Communication difficulties	3		Railway		
Rescue could be difficult		Services			Pneumatics		
Temperature extremes		Multiple electrical feeds			Process lines		
Hazardous/Toxic substances		Electrical hazards - LV			Suspended loads		
(attach MSDS)		Electrical hazards - HV			Slips/trips/falls		
Gasses/oxygen/chemicals		Overhead power	X	8	Slips/trip hazard		
Poisonous gas/es		UG services (gas, power, water)			Fall hazard		
Explosive/flamable gas		Hazardous/toxic substanc	es		Other		
Oxygen levels (high or low)		Pressurised fluids			Sharp materials		
Inhalable dusts/fibres		Gas cylinders			Confined space		
Hazardous/toxic substances		Flammable materials			Work at heights		<u> </u>
(attach MSDS)		Toxic materials			Welding/Grinding		
Exposure		Acids/solvents			Manual handling		
Heat/Cold		Other chemicals			Using ladders		
Sunlight/ Radiation	X 4	Inhalable dusts/fibres			Using EWPs		T

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3. PPE	4. ACCESS/EQUIPMENT/ISOL	ATION	5. ENVIRONN	IENT/	AL.		
Hands, feet and body	Access equipment		Environmental Hazar	ds	\checkmark	k I	Rate
Gloves: (type)	Scaffold		Air pollution (dust, fumes)		X	:	5
Safety boots	Ladders		Noise (plant and equipment)		X	:	5
Long sleeves/pants	EWP		Spills to drains/waterways				
High visibility vest/clothing	X		Spills to ground		X		5
Head and face			Soil erosion				
Safety glasses/sun glasses	Static plant/equipment:		Hazard to flora/fauna				
Full face shield			Other:				
Hearing protection	X						
Hard hat	Mobile plant/equipment:		Risk Rating Table: Use th	followie	ut table !	lo roto	the rick
Dust gas mask	Excavators, Loaders,	Excavators, Loaders, X		 1-2 = Low 3-4 = Medi 			une risk
Breathing apparatus	Trucks, Machine	X	• 5-6 High •	7-8 Ext	reme		
Welding face shield	Safety/emergency equipment:	Safety/emergency equipment:		Consequences			ces
Fall protection and access			Likelihood:	<u>.</u> 2			
Safety harness			1	Catastrophic	5	Moderate	5
Fall protection equipment			(How likely is it to occur)	str	Major	ę	Minor
Fall arrest equipment	Isolation and warnings			tt.	2	Š	2
Other:	Barricades	X	1				
	Group isolation		Almost Certain	8	7	6	5
	Personal locks or lock out tags		Likely	7	6	5	4
	Warning signs	X	Possible	6	5	4	3
	Area lighting			-	4	-	
	Other:		Unlikely	5	4	3	2
	Traffic controllers	X	Rare	4	3	2	1
	6. PERMITS (Attach and record r	number)			_		
Hot work	Excavation		Hazardous work				
Access to work area	High voltage	A	Confined space		-		
			oomined space		-		

Job safety and environment analysis (JSEA)/Safe work method statement (SWMS) 123456

		7. JOB STEPS, HAZARDS AN	D CONTRO	DLS	
Step (No.)	Job Step (Describe each step)	Hazard/Environmental Issue	Risk Rating (Before control)	Control	Risk Rating (after control)
1	Set up traffic control	Traffic in busy intersection	8	Barriers and flag person supplied by ABC Traffic	1
		Noise of traffic and plant	7	Hearing protection must be worn at all times.	1
		Sunlight	4	Long sleeve pants, tops, hard hats with visor and sunglasses	1
2	Unload excavator from float	Excavator sliding on ramps	5	Pedestrian exclusion zones 1.5 x excav. height. Operator wear seat belt.	3
3	Excavate turn lane	Powerlines overhead	8	Power will be isolated. This must be confirmed before starting	1
4	Load tip truck	Location of tip truck and drivers while loading.	8	Traffic controllers will direct drivers where to safely park. Drivers must	1
5	Load excavator on float			remain in truck while being loaded.	
		Dust and noise	5	Noise restrictions limit work to between 9am–5pm. Water truck available to reduce dust if needed.	2
		Spills to ground	5	Pre-op checks on excavator before work. Spills kit on site if needed.	

8. CONSULTATION AND WORKER OFF

By putting my signature below I confirm that I have attended a briefing and understand and will comply with all environmental and safety issues, as described in this JSEA/SWMS. I have reviewed and will comply with all necessary paperwork including permits, MSDS, isolation plants etc.

Name	Signature	Date	Name	Signature	Date
Dick Osborne	Díck Osborne	2/4			
Leon Boracs	Leon Boracs	2/4			
Sal Boncero	Sal Boncero	2/4			
Noel Scarbo	NoelScarbo	2/4			
	9. F	INAL APPF	ROVAL/SIGN OFF		

	Name	Signature	Date					
Approved by:	Mark Alabaster	Mark Alabaster	2/4/15					
Approved by:	Duncan Morton	Duncan Morton	2/4/15					
Customer/Client	N/A							

1.2.21 Calculation

1.2.21.1 Working Out How Much Material **You Need**

The work plan has an area which is 4 metres \times 20 metres that must be covered by a layer of road base of 150 mm depth.

How many square metres of road base are to be laid? How many cubic metres of road base will you need?

Step 1:

Step 2:

To work out the square metres, multiply the Length (L) by the Width (W).

L × W = Square metres

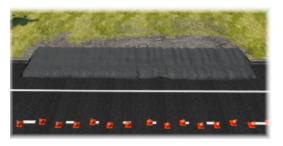
4 m × 20 m = 80 square metres

This can also be written as: 80 m² or 80 square metres

Convert the layer thickness from millimeters to metres.

To do this divide the layer thickness by 1000

150 mm + 1000 = 0.15 m



Step 3:

Multiply the square metres by the layer thickness to get the cubic metres.

80 square metres × 0.15 m

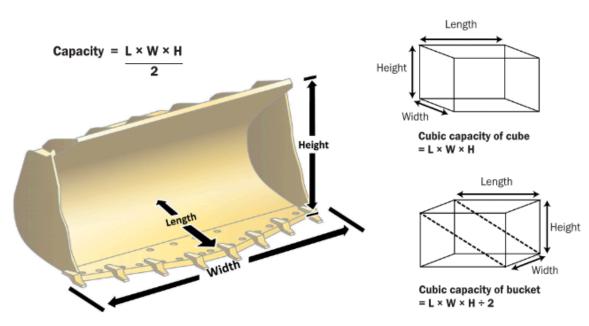
= 12 cubic metres

This can also be written as: 12 m³ or 12 cubic metres

Answer:

There are 80 square metres of road base to be laid. You will need 12 cubic metres to cover the area to 150 mm depth.

1.2.21.2 How to Find the Cubic Capacity of A Bucket



Cubic capacity is ÷ 2 because of the shape of the bucket (a triangular prism)

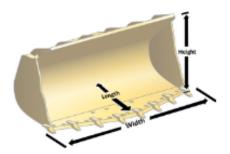
1.2.21.3 Loading A Truck to Capacity

This truck has an 8 tonne load capacity. Dry beach sand weighs 2 tonnes per cubic metre.

How many buckets will it take to fill the truck to capacity using a bucket with these dimensions?

Bucket dimensions:

- Length = 2 metres
- Width = 1 metre
- Height = 1 metre



Step 1:	Step 2:	Step 3:	Step 4:
To calculate the capacity of the bucket, use the formula: L × W × H ÷ 2 2 × 1 × 1 ÷ 2 = 1 cubic metre Capacity of the bucket = 1 cubic metre	The weight of dry sand is known (see Table of Common Weights). Dry sand weighs 2 tonnes per cubic metre Weight of material = 2 tonnes (per cubic metre)	The bucket has a capacity of 1 cubic metre. So a full bucket of dry sand will weigh 2 tonnes. Bucket capacity × Weight of material (per cubic metre) 1 × 2 = 2 tonnes Each full bucket of dry beach sand weighs 2 tonnes.	Truck load capacity is 8 tonnes. 8 tonnes (truck) ÷ 2 tonnes (per bucket) = 4 buckets

Answer:

It will take 4 buckets of sand to fill the truck to capacity.

2.1.1 Work Health & Safety Legislative Requirements

'Laws to keep your workplace safe'

WHS/OHS requirements are outlined in Acts, Regulations, Codes of Practice and Australian Standards.

WHS/OHS Acts

'*WHS/OHS Acts'* are laws that explain how to improve health and safety in the workplace. For example: Model National WHS Act, June 2011. WHS has the same meaning as OHS in this document.

Regulations

Regulations' explain specific parts of the Act. For example: Part 4.3 – Confined spaces, Part 4.4 – Falls.

Codes of Practice/Compliance Codes

'*Codes of Practice'* are practical guidelines on how to comply with (meet the rules of) legislation. For example: HAZARDOUS MANUAL TASKS Code of Practice, 23rd December 2011.

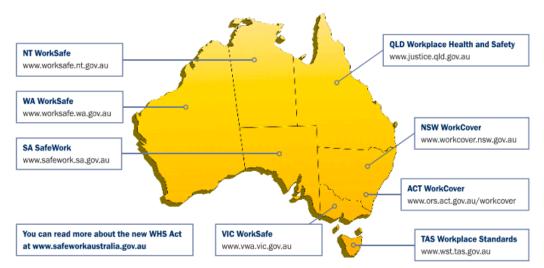
Australian Standards

'Australian Standards' are work guidelines that set the minimum accepted performance or quality for a specific hazard, process or product.

For example: AS 2550 – Cranes, hoists and winches – safe use set.

2.1.2 Where to Find WHS Information

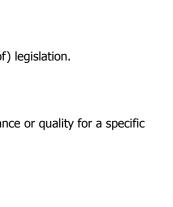
You can check these websites for more information about workplace health and safety. The National WHS Act started in some states/territories on January 1, 2012.



What are the National Work Health (WHS) and Occupational Health and Safety (OHS) Acts about?

The Acts explain how to keep your workplace safe and healthy. They explain what you need to do to meet your duty of care. For example:

You must make sure you do earthmoving work in a way that won't put yourself or others at risk. You must use earthmoving equipment according to instructions.





Note:

Check your state requirements as Acts may vary from state to state.

What do regulations explain?

Regulation explains the detail of the Acts. For example: The regulations in Queensland give you examples of control measures when an excavation might create a risk. Example of control measures:

- Plant fitted with suitable overhead protection against the collapse of the excavation
- Benching, battering or shoring the sides of excavation
- A hoarding to prevent access by persons
- A secure cover over the excavation
- Filling the excavation as soon as possible

What do codes of practice explain?

Codes of practice are practical guidelines on how to comply or follow the rules in legislation/laws.

For example:

A traffic management code of practice will tell you all the rules a traffic controller must follow. For example, a traffic controller must have a zero percent blood/ alcohol concentration/ reading while performing traffic control duties.

What do Australian Standards explain?

Australian Standards are work guidelines that set the minimum accepted performance or quality for a specific hazard process or product.

For example:

A2250.1-2011 - Powerline distances

This standard tell you the distances you can safely work near powerlines on poles and towers.

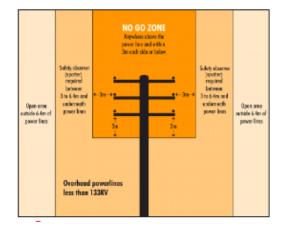
What are examples of documentation you need to read before doing earthmoving work?

- Health and Safety Acts and Regulations
- Codes of practice
- JSA/SWMS
- Standards, eg: AS 2598-1995 Earthmoving machinery









- Manufacturer's specifications
- Operator's manual
- Site requirements and procedures
- Work and/or quality requirements
- Drawings and sketches of the work to be done
- Company policies and procedures for employment and workplace relations, Equal opportunity and disability.

Why should you check the operator's manual before using earthmoving equipment?

The operator's manual tells you how to operate your machine. The manual also tells you about maintenance (how to keep your machine operating correctly).



What are quality requirements?

The quality requirements tell you the standards you must meet when doing earthmoving work. They tell you what you need to do and how to do it to satisfy the customer. You may need to follow codes of practice, regulations, national standards etc.



Slab Foundation Preparation. Quality & Specification check list.

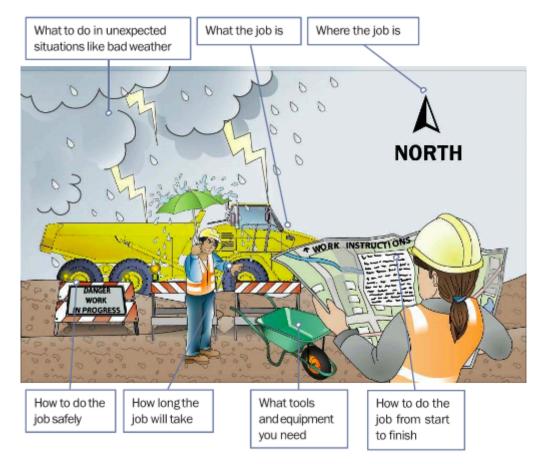
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What kinds of information do you need before starting work?

- Plans Drawings and sketches outlining what you need to do
- Specifications rules and details about the job
- Operational details how you will do the job
- Quality requirements of the job the standards you are expected to meet.



What do the job's work instructions explain?

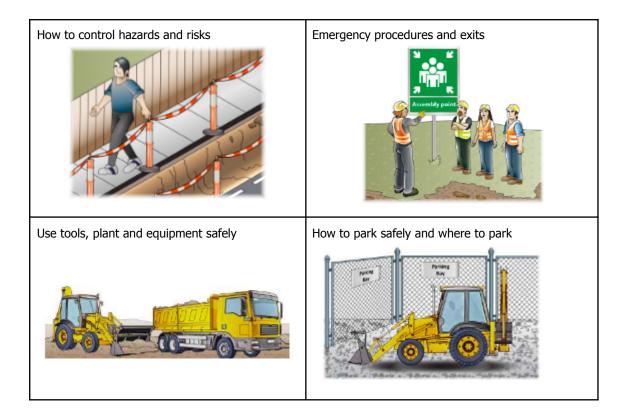


In simple, they give you instructions on how to do your job. This may include:

What does the safety plan tell you?

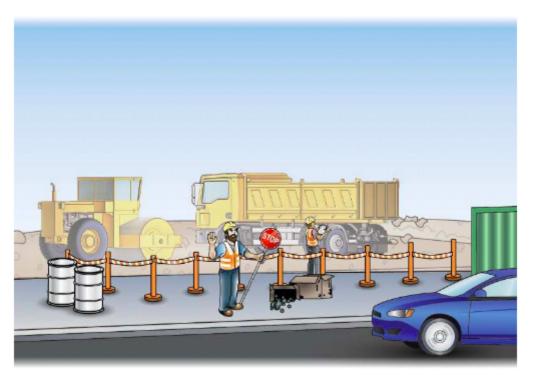
In Simple, The safety plan tells you how the worksite intends to meet all the safety rules. It tells you:





What does the traffic management plan (TMP) tell you?

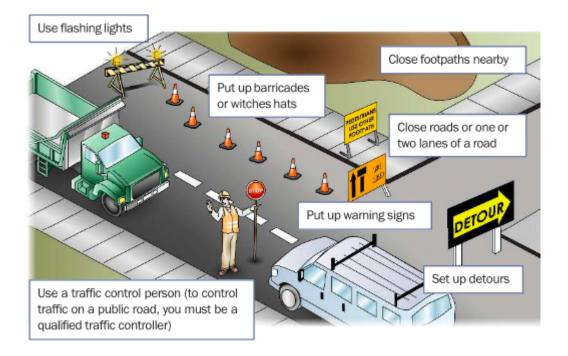
It tells you how to control vehicles in and around the worksite. It helps keep the site safe for you and others. You may require a traffic control licence in your state or territory.



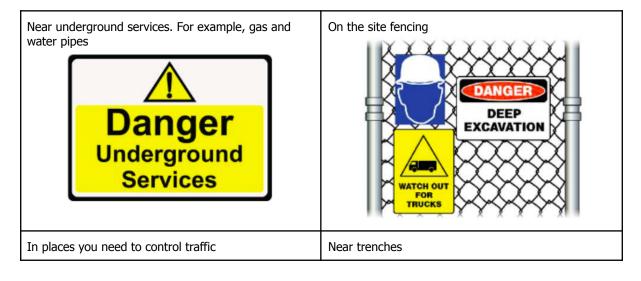
What can you do to control traffic in and around a worksite?

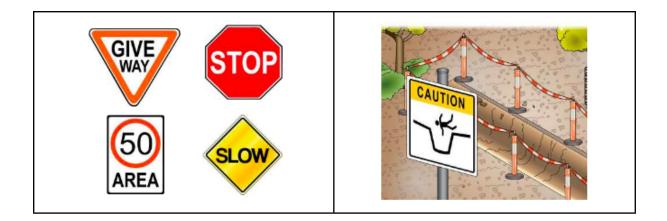
Any traffic controlling MUST be done by certified traffic controllers

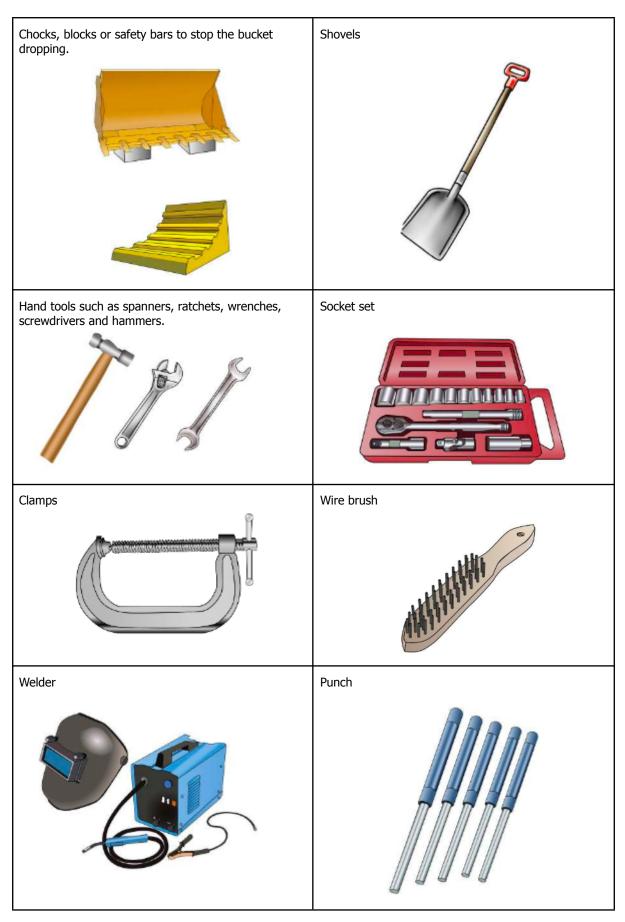
You can:



Where do you put up warning signs?





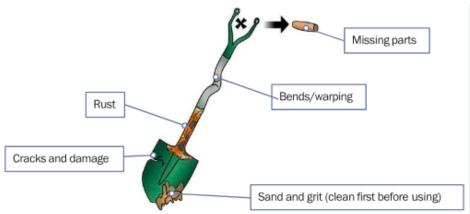


What kinds of tools and equipment might you use when doing earthmoving work?



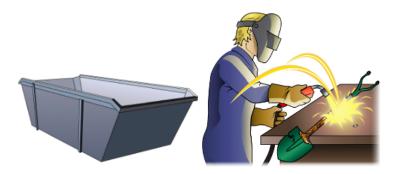
What kinds of faults do you check hand tools for?

You check for:



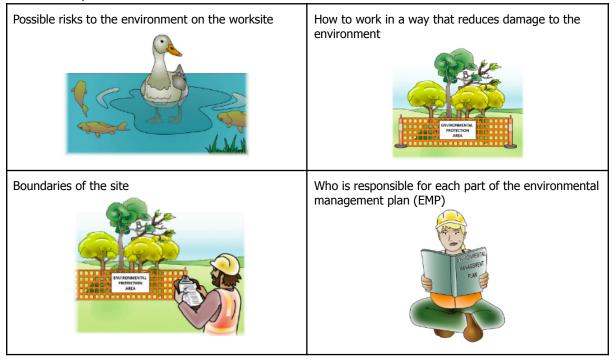
What do you do with faulty hand tools?

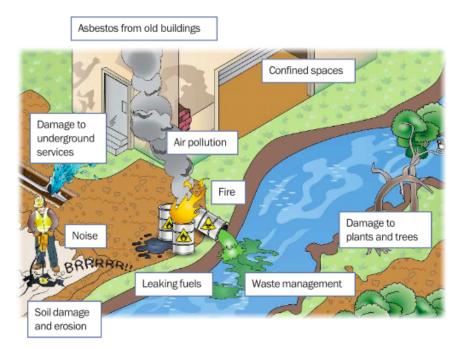
If you can, arrange to have them repaired. If that is not possible, tag them as faulty, or put them in the rubbish.



What does the environmental management plan (EMP) tell you?

The EMP tells you:





What environmental challenges should you be careful of when working?

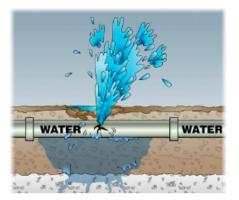
What could happen if you damage an underground gas line?

You could cause a gas leak, and maybe an explosion.



What could happen if you damage an underground water pipe?

You could cause a water leak, and the water could be polluted.



What is the danger if you damage an underground electrical cable?

There is a risk of an electric shock.



Who do you talk to if you damage an underground cable, gas line or other service?

You must tell your supervisor. Your supervisor will tell the relevant authority.





Why should you check the noise laws for your state/territory before starting work?

Because there are rules about how early or late you can work.



2.2 Operate the Backhoe/Loader in Line with Established Requirements

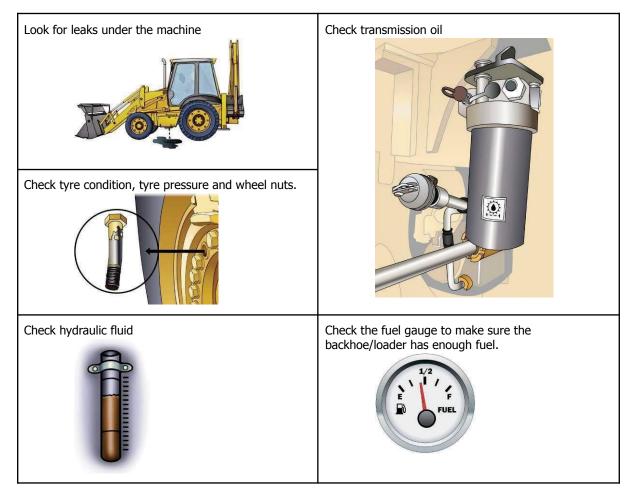
When do you test and inspect the backhoe/loader?

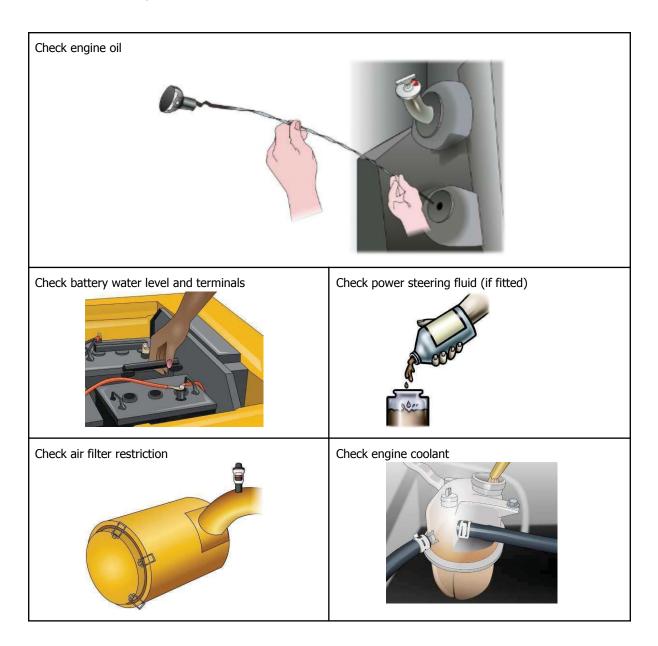
Every day. Always test and inspect before and after you use the backhoe/loader. You do this to make sure it's safe to use. Always follow workplace procedures for inspecting plant and equipment.



What pre-operational checks do you do before using the backhoe/loader?

Checks may include:

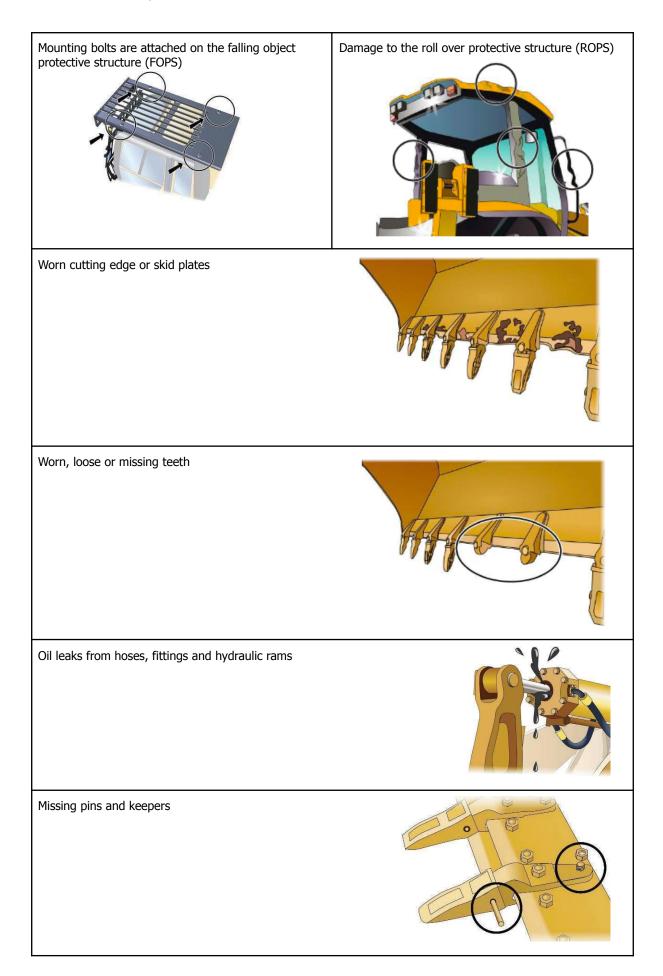


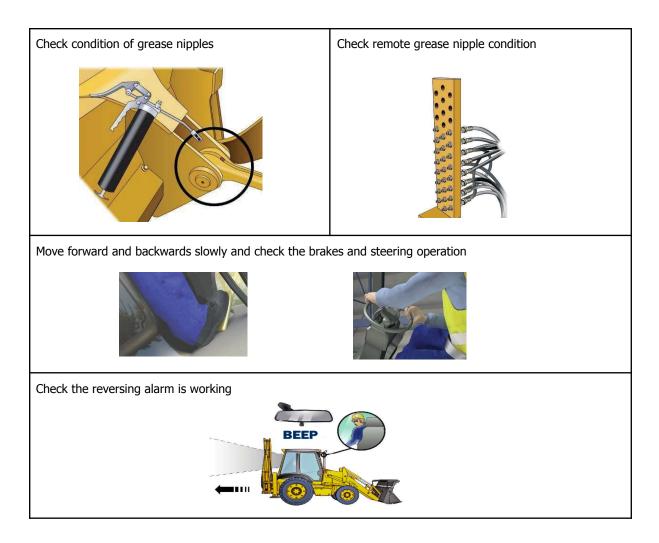


What structural checks do you do? For example, safety features and mechanical parts. What checks do you do to the backhoe/loader's moving parts and safety features?

Check for:



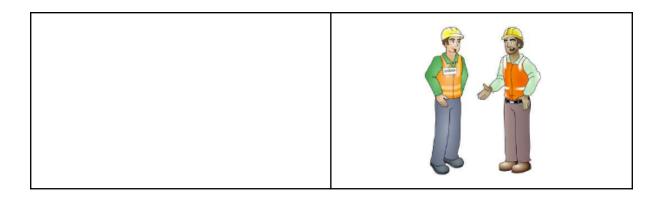




What must you do if you find a problem with the arms or connections?

You must:





What is the danger when pumping up a tyre on a split rim wheel?

The locking rim could fly off and hit you. You could be injured or killed.

WARNING: Always follow workplace procedures for inflating tyres. This job may need to be done by an authorised fitter. Check with your supervisor.

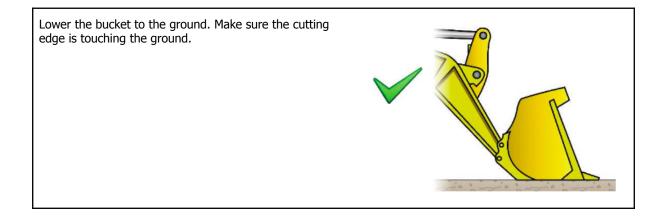


How can you pump up the tyre on a split rim wheel safely?

Never stand in front of the wheel. Pump up the wheel in a cage if you can.



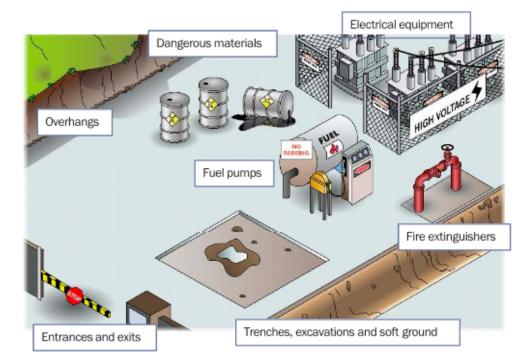
What do you do with the bucket before parking the backhoe/loader?



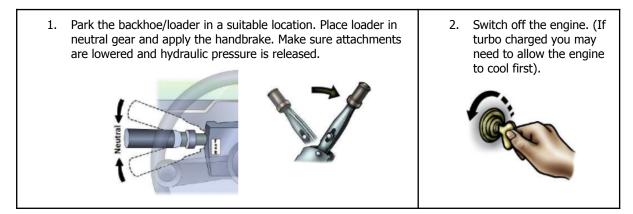
If the cutting edge is too high, it might injure someone if they walk into it.

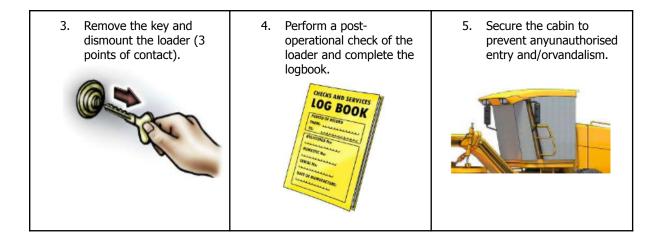
Where would you not park the backhoe/loader?

Always park in a safe place on firm, level ground. Do not park near:



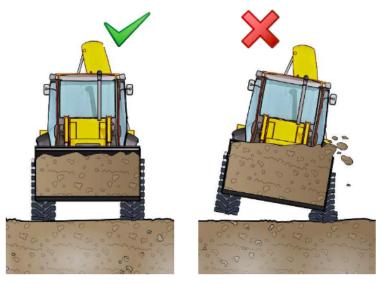
How do you shut down the backhoe/loader?





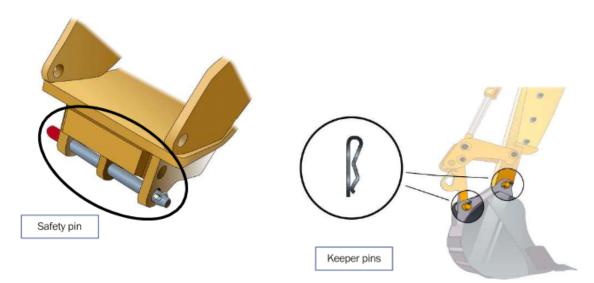
Why do the tyres on a backhoe/loader need to be equal pressure?

If the tyres are not equal pressure, the backhoe/loader could tip over sideways and injure you or someone else.



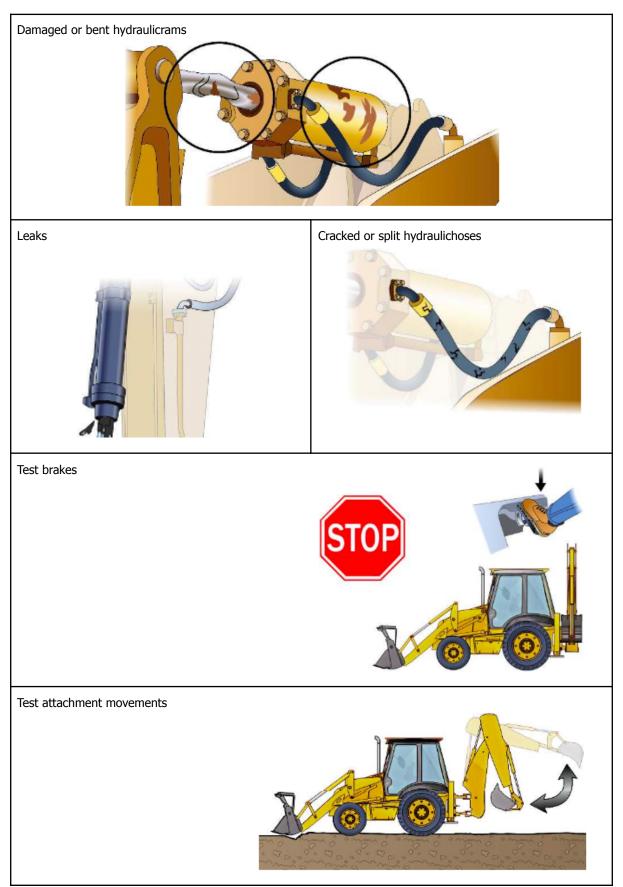
How do you make sure the bucket is properly attached to the backhoe/loader?

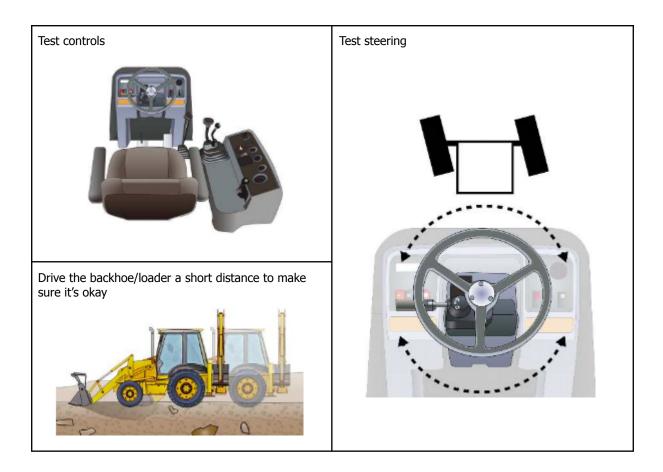
Check the safety pins and keepers are properly inserted.



What problems do you check the hydraulic system for?

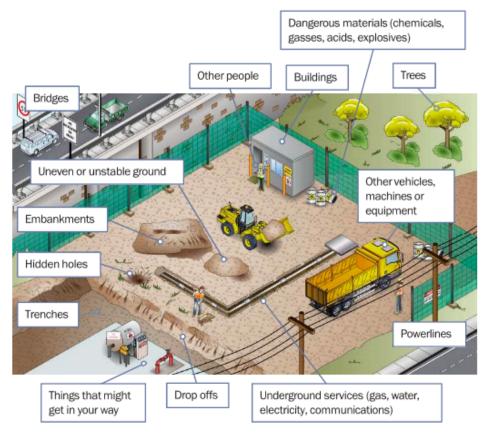
Look for:



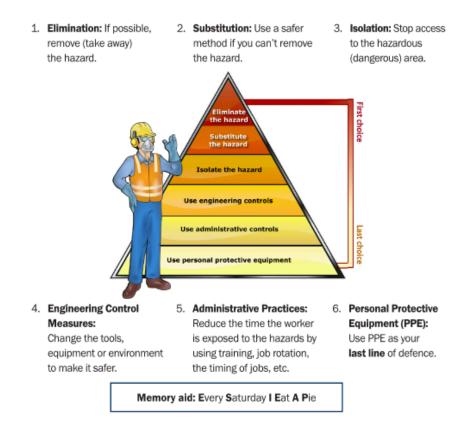


What are some hazards you must look for before starting work?

Look for:

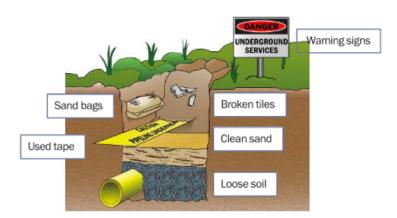


The hierarchy of hazard control is a list of controls you can use to lower the danger from a hazard on the worksite. What are the six (6) levels in the hierarchy of hazard control from the first choice to the last choice?



How can you tell you are near an underground service?

Look for:



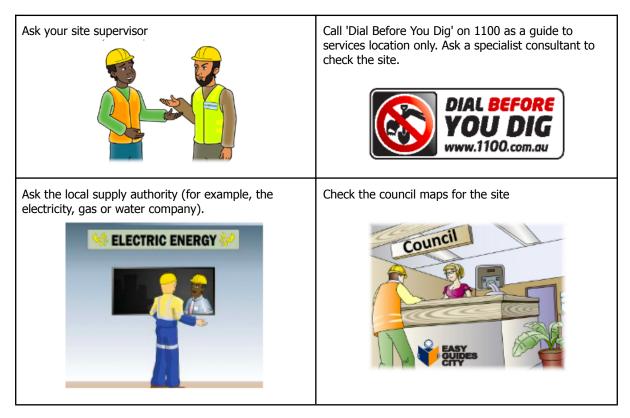
What should you use to excavate if you think there's an underground service nearby?

Stop. Use a hand tool to expose the service lines. Dig carefully so you won't cause damage.

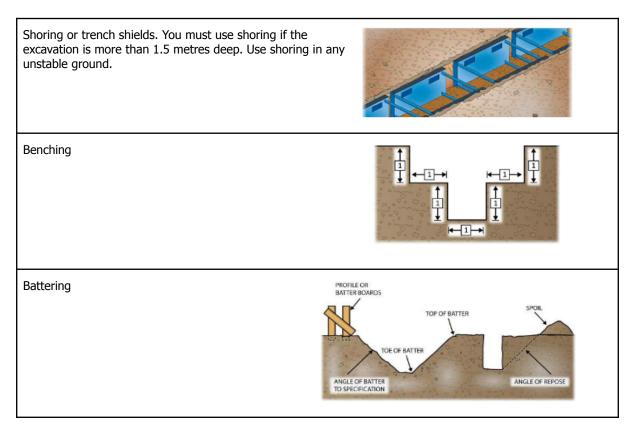




Who can you ask about underground services on the worksite?



How can you prevent a trench or excavation from caving in on you?



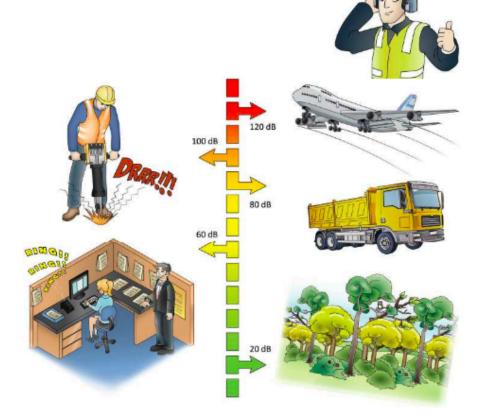
What footwear must you wear when using any earthmoving equipment?

Wear non-slip shoes that cover your whole foot (enclosed boot). Some sites require steel capped lace up boots.



When should you wear ear protection (such as ear muffs)?

When the noise level could damage your ears. This is often considered anything over 85db



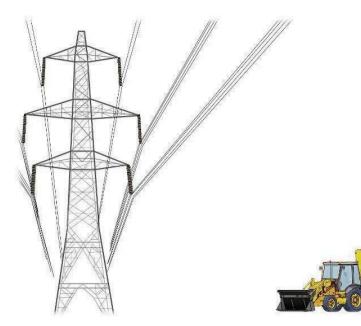
You will work in a hazardous area, for example, a confined space. What type of permit might you need to get?

You may need to get a hazardous work or confined space permit.



2.2.1 Powerlines

Sometimes you will work near uninsulated powerlines. Working near powerlines is very dangerous and can kill you. There are important rules you must follow – and the rules maybe different in your state/territory. In some states/territories you may be able to use a spotter and work closer to powerlines.



2.2.2 Overhead Powerlines on Poles (National Standard)

These are usually 'Low Voltage'. This means powerlines of less than 133KV. The information below is taken from the National Standard.

Always check the distances for your state or territory, as they may be different.

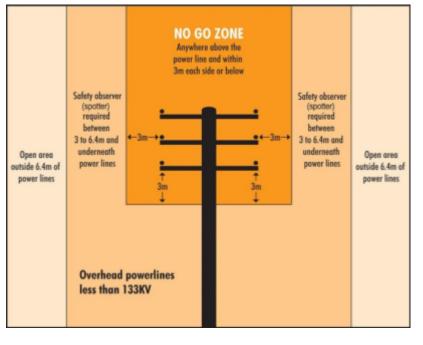
AS2550.1 Powerline distances

Powerline distances "Look up and live!"

Always check overhead for powerlines and make sure you and any equipment or materials you are using do not come into contact with them.

The safe operating distances for working near powerlines are outlined on the following pages. A spotter is required if you are working between 3 to 6.4 metres from distribution lines on poles.

The term 'spotter' is defined as a safety observer who is a person competent for the sole task of observing and warning against unsafe approach to overhead powerlines and other electrical apparatus.



(In Victoria the spotter must be registered by Energy Safe Victoria).

2.2.3 Overhead Powerlines on Towers (National Standard)

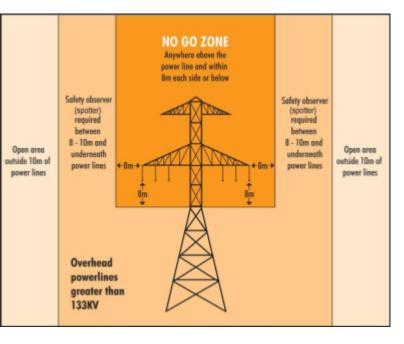
These are usually 'High Voltage'. This means powerlines of more than 133KV. The information below is taken from the National Standard.

Always check the distances for your state or territory, as they may be different.

AS2550.1 Powerline distances

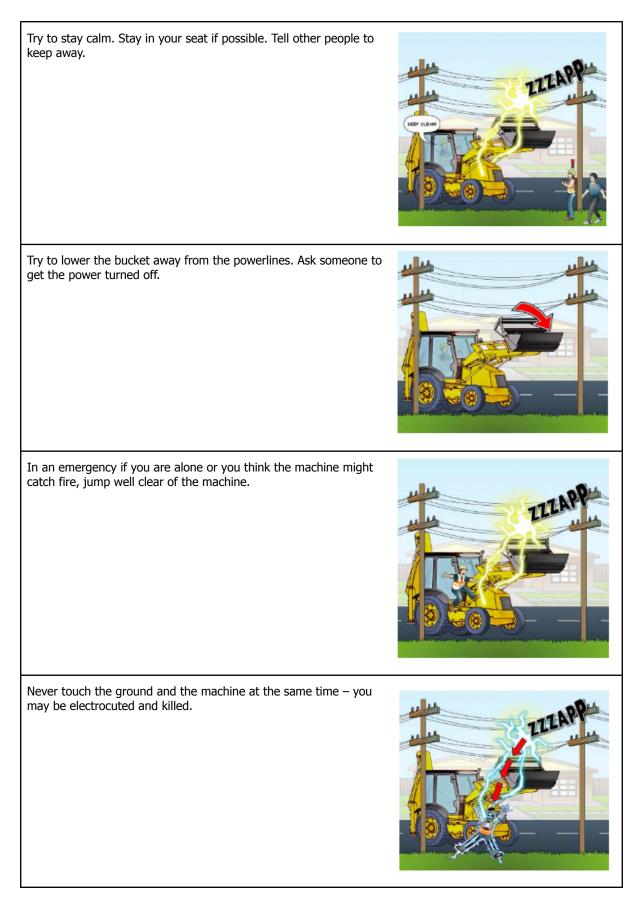
A spotter is required if you are working between 8 to 10 metres from transmission lines on towers.

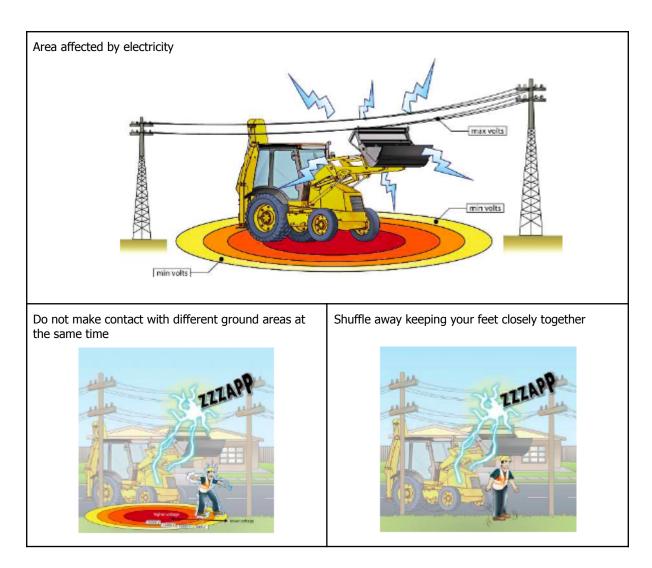
The term 'spotter' is defined as a safety observer who is a person competent for the sole task of observing and warning against unsafe approach to overhead powerlines and other electrical apparatus.



(In Victoria the spotter must be registered by Energy Safe Victoria).

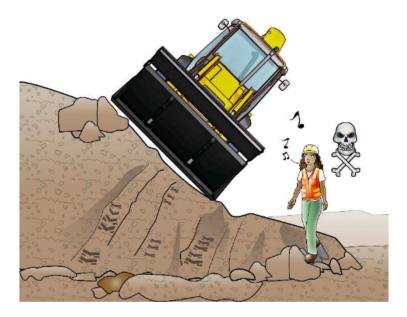
You are operating a backhoe/loader and it touches live powerlines. What do you do?





What is the danger of driving on soft, unevenor sloping ground?

The backhoe/loader might tip over and injure you.



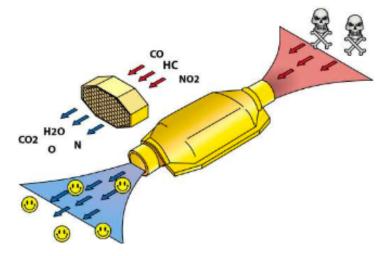
Why is it dangerous to leave the engine running in an enclosed space?

The exhaust fumes cannot escape the space, so the gasses might suffocate you or people in the enclosed space.



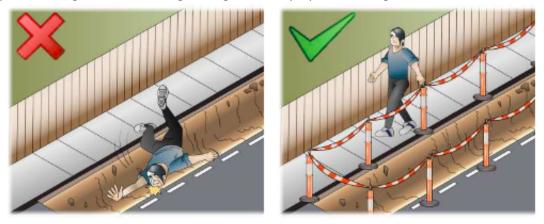
If you must work in a tunnel or enclosed space, what must the backhoe/loader have?

The backhoe/loader must have a catalytic converter or scrubber. Try to get as much fresh air as you can.



There is a trench near a pedestrian footpath. How can you stop people falling into the trench?

Put up barricades, guard rails or fencing. Use signs to warn people of the danger.



What kinds of personal protective equipment (PPE) should you use when:

- 1. The work area is noisy?
- 2. Something might fall on you?
- 3. You are operating equipment?



How can you find out the specifications and limits of the machine you will use? Specifications include:

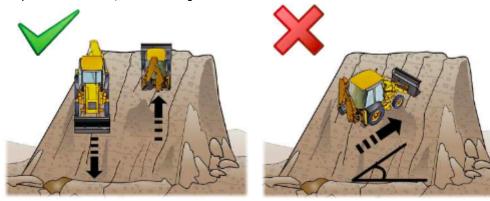
- Load capacity
- Bucket height, volume and width
- Lift height
- Dump clearance

Read the operator's manual to find out the limits.



Which way should you travel when driving on sloping ground?

Go straight up or down the hill, not at an angle.

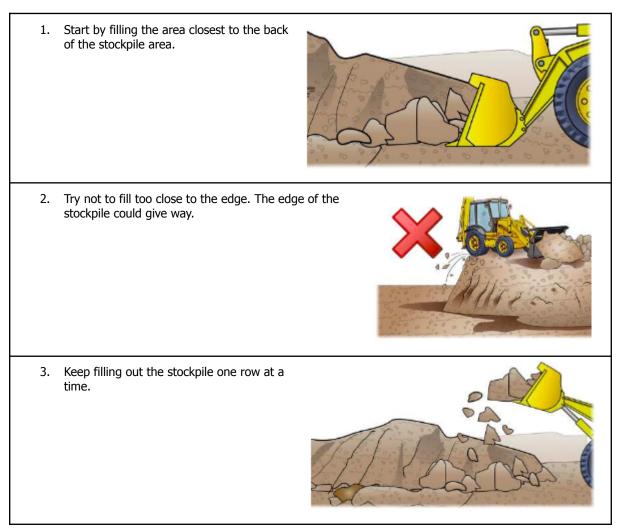


When travelling down a steep slope, which gear do you use?

Use the lowest gear you can.



How do you safely fill out a stockpile?

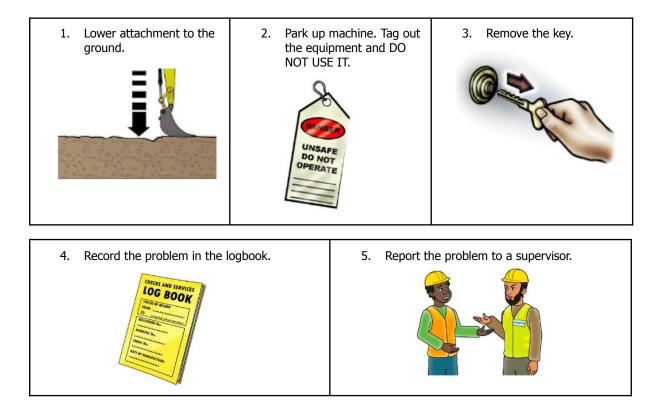


How do you safely get in and out of the backhoe/ loader's cabin?

Always use three (3) points of contact facing the machine. For example, use two hands and one foot or two feet and one hand.



The bucket is full and raised and a hydraulic hose starts to squirt fluid. What do you do?



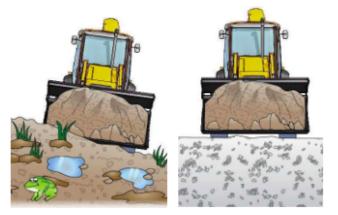
What might happen if you undercut a stockpile, trench or bank?

It could collapse.



You are driving on uneven or soft ground. Does this reduce the load capacity?

Yes, the load capacity is less when you are driving on uneven ground. You can carry more on hard, even ground because the load is more stable.



You should never lift people in the bucket. Why?

The bucket is not made to lift people. There is a risk of a person being injured in the bucket. This is also illegal and you may be prosecuted.



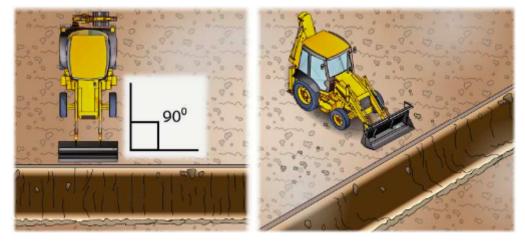
Which is harder to excavate, top soil or clay? Why?

Clay as it is denser and does not break up as easily as top soil.



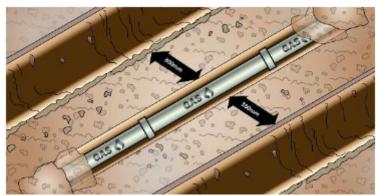
You are filling a trench with the front bucket on a backhoe/loader. In which direction should you move towards the trench?

Move towards the trench at a 90 degree angle (straight). This helps keep the backhoe/loader well-balanced.

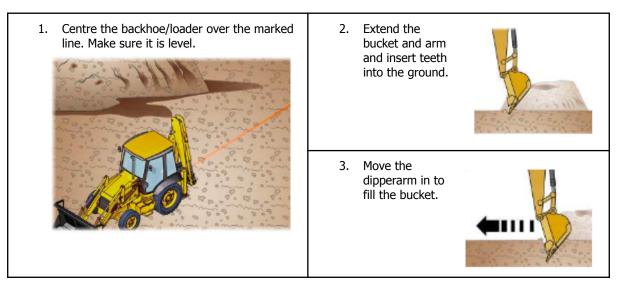


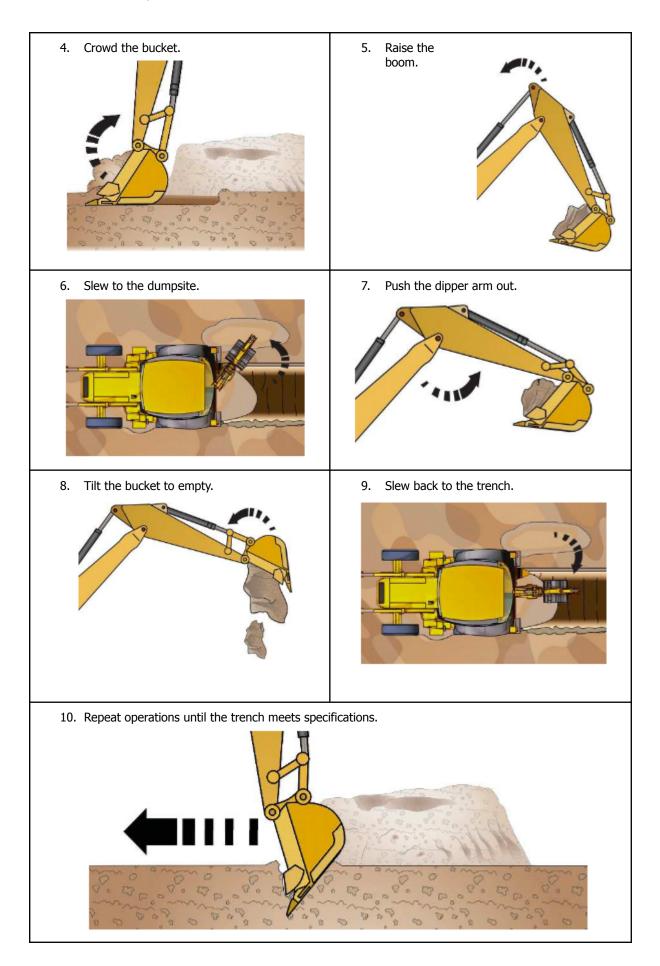
How do you safely excavate around a water or gaspipe?

Excavate around the pipe and keep 300 mm of clearance around it. Hand dig to expose the service. Use a spotter to guide digging.



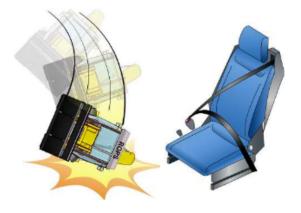
How would you dig a trench with the backhoe/loader?





Which two safety devices on a backhoe/loader protect you from being squashed if it rolls over?

The roll over protective structure (ROPS) and the seat belt. Always wear the seat belt when using a backhoe/loader!



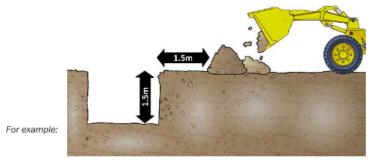
You are using the backhoe/loader for demolition work. What extra protection do you need?

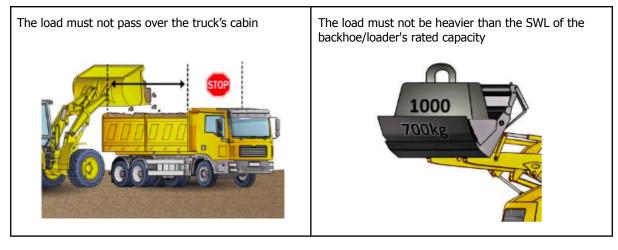
A falling object protective structure (FOPS).



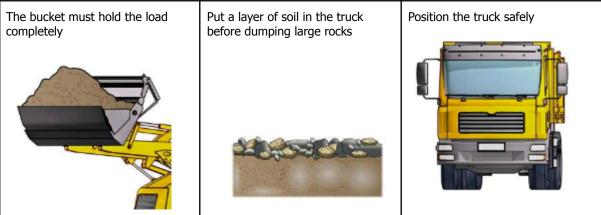
When dumping materials near an excavation, how far away from the excavation must you dump the load?

As a general rule of thumb, you should dump the load the same distance away as the depth of the hole.

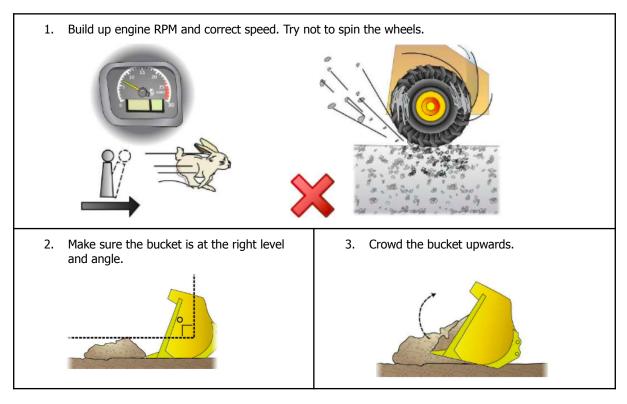


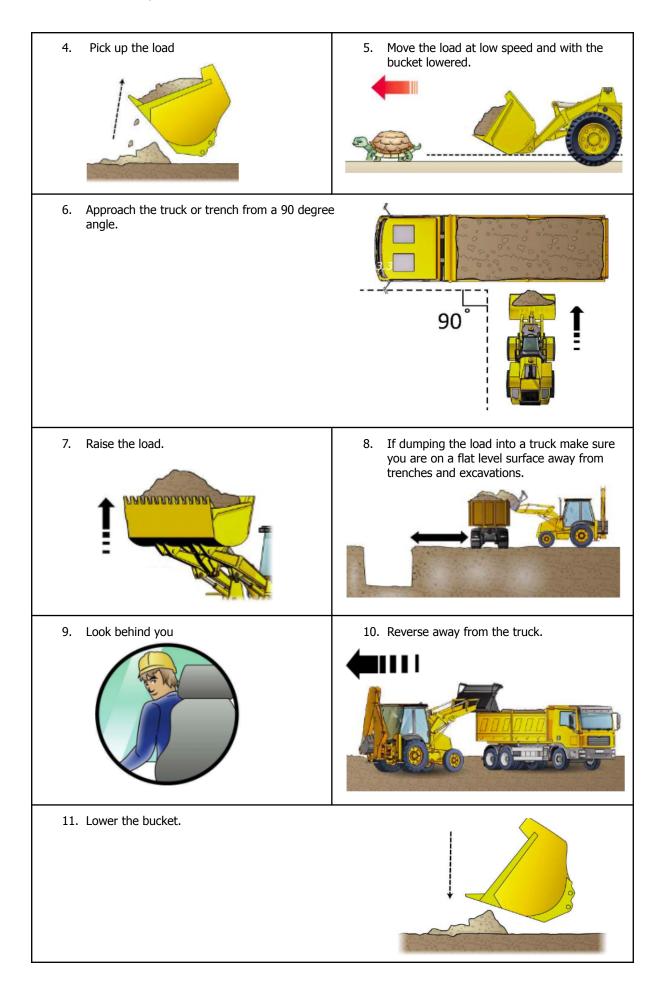


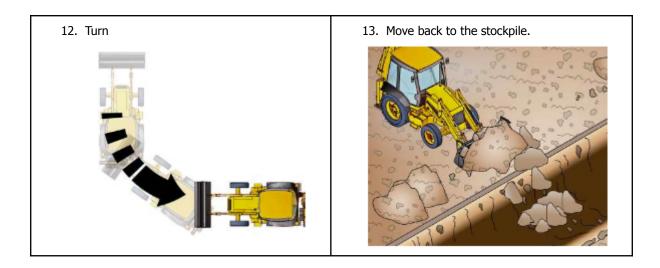
What safety precautions should you take when dumping a load into a truck?



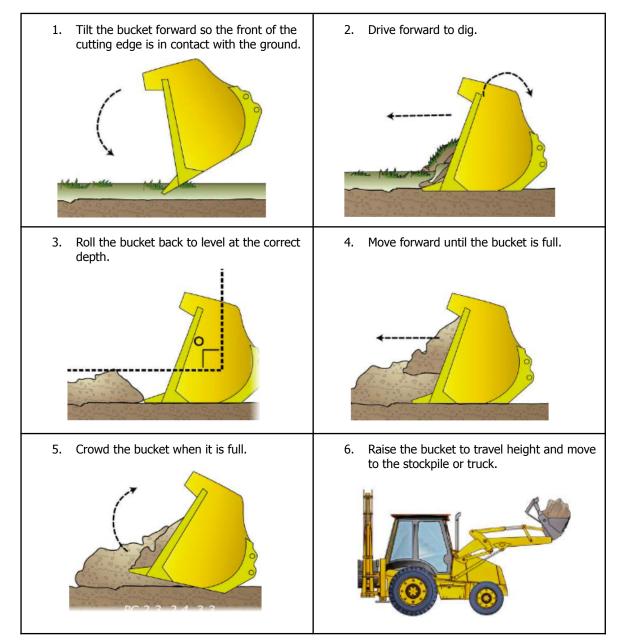
What steps do you take to safely pick up, move, and dumpmaterials?

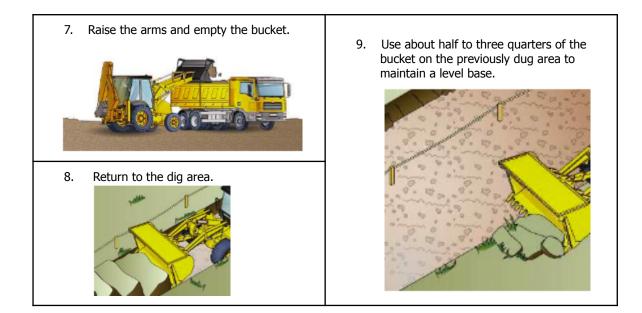






How do you strip topsoil? Explain the steps.





When should you refuel your backhoe/loader?

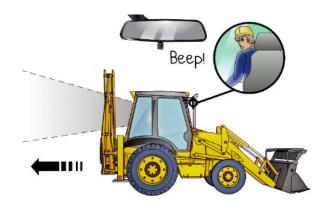
At the end of the days work as this cools the fuel in the tank quickly and reduces the amount of condensation that will be drawn into the fuel tank overnight with the fuel cooling.



2.3 Load, Carry and Place Materials to Complete Work Activity

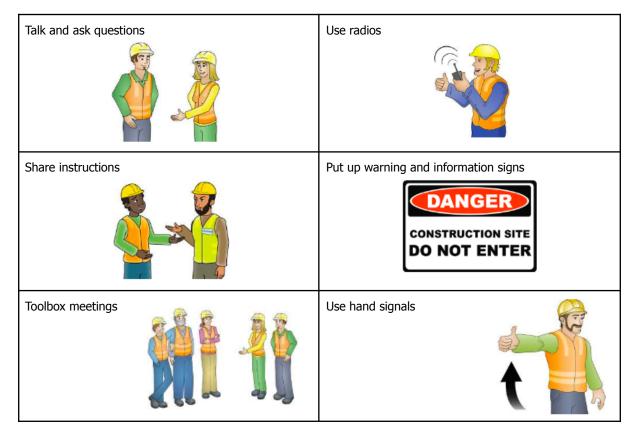
What do you do before reversing a backhoe/ loader?

- 1. Check the area behind is clear.
- 2. Make sure the reversing alarm is working.

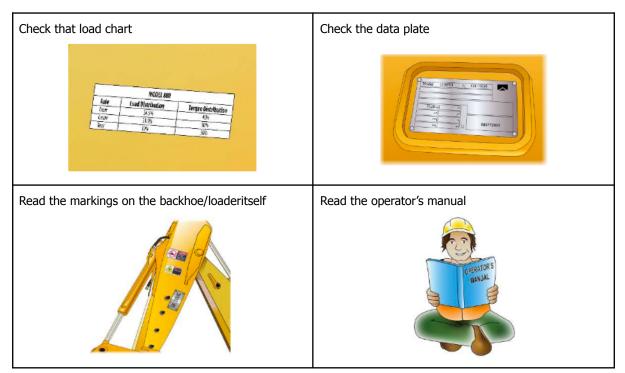


On mining sites:

- Beep/sound horn once (×1) to start the engine (wait 5 seconds)
- Beep/sound horn two times (×2) to go forward (wait 5 seconds)
- Beep/sound horn three times (×3) to reverse (wait 5 seconds). Do this even if you have reversing alarms. Check mirrors. Look over your shoulder and check for a clear path.

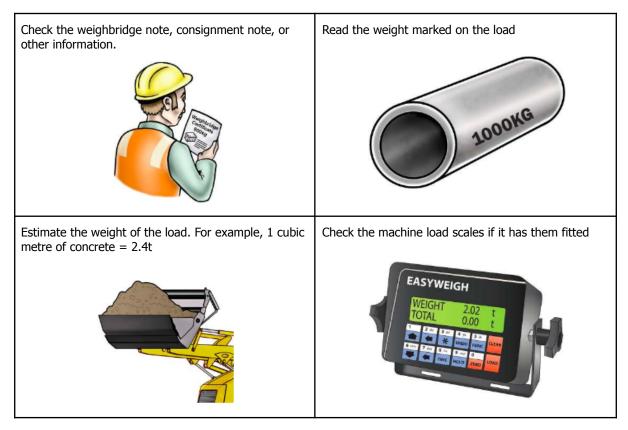


How can you communicate and share information with your workmates?



How can you find out the maximum safe working load (SWL) of the backhoe/ loader?

How can you find out the weight of a load?



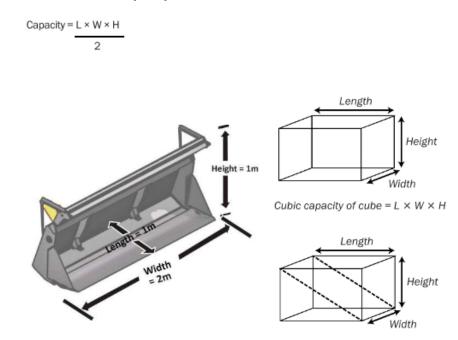
2.3.1 Table of Weight of Common Materials

1000 kilograms = 1 tonne

Examples of the approximate weight of different materials	:
1 cubic metre of water = 1 metric tonne	
1 cubic metre of earth = 1.9 metric tonnes	
1 cubic metre of clay = 1.9 metric tonnes	
1 cubic metre of dry beach sand = 2.0 metric tonnes	
1 cubic metre of concrete = 2.4 metric tonnes	
1 cubic metre of coal ash = 0.8 (8/10) of a metric tonne	
25 bags of cement (40 kg each) = 1 metric tonne	
1000 common bricks = 4 metric tonnes	
1 cubic metre of steel = 7.3 metric tonnes	
1 cubic metre of copper = 9 metric tonnes	
1 cubic metre of lead = 11.4 metric tonnes	

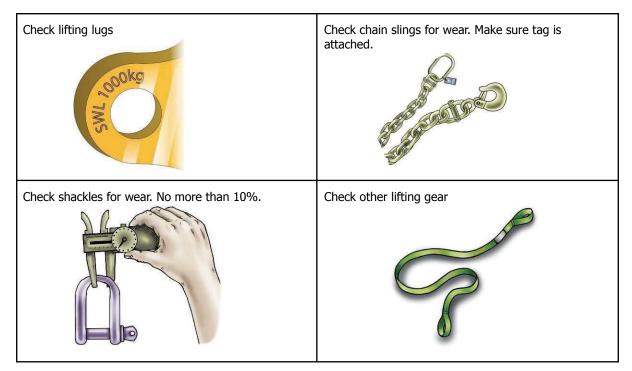


How do you find out the cubic capacity of the bucket?



Cubic capacity of bucket = $L \times W \times H \div 2$ Cubic capacity is $\div 2$ because of the shape of the bucket (a triangular prism or half the cube).

What lifting equipment checks do you do?



What must a lifting sling have?

The sling must have SWL marked. The SWL tag tells you how much weight the sling can hold.



Note: Flexible steel wire rope slings can have SWL/WLL stamped on the ferrule.

What if the sling has no tag or it cannot be read?

Do not use it! Send it to the manufacturer for retagging or throw it away.



2.3.2 Angle Factors When Using A Sling

Two grade T 6 mm chain slings lifting together in a straight (vertical) lift 0° angle between the slings can lift 2.2 tonnes. If the slings are attached so there is an angle between them then their capacity is reduced. This simply means:

- if there is an angle of 60° between the slings they can only lift the same as 1.9 slings
- if there is an angle of 90° between the slings they can only lift the same as 1.4 slings
- if there is an angle of 120° between the slings they can only lift the same as 1.0 sling.

Alloy Grade T 800 Chain Sling						
2, 3 or 4 Leg Slings						
2222						
Chain size	5	Straight Slin	g			
(mm)	60	90	120			
6.0	1.9	1.6	1.1			
7.0	2.6	2.1	1.5			
8.0	3.5	2.8	2.0			
10.0	5.5	4.5	3.2			

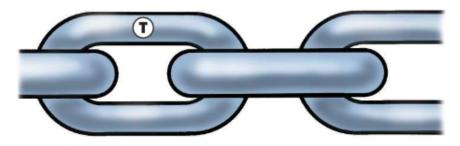
2.3.3 Chain Slings

A chain sling must have a metal tag attached, stating the chain grade and chain size. It must also show the safe working load (SWL) when using the sling in different configurations such as a straight sling or an angled sling. There are different types (grades) of lifting chain. The grade refers to the strength rating of the chain. High Tensile and Very High Tensile (Grade T. 80 and 100) are used most often for lifting. Low-grade chain (grade 30) is rarely used for lifting.

Higher tensile, quenched and tempered chain

Grade: 80

Branded: T. 8, 80, 800, PWB, or CM and HA800 alternately. (This is the common grade used for lifting purposes).



Grade markings are either marked on every 20th link or one metre of chain length, whichever is shorter.

2.3.4 Grade (T) 80 Working Load Limits (tonnes) Table

Chain	1	Single leg sling	5		Slin	gs of 2,	3, or 4	legs			En	dless sl	ings
5	Constantineers		Å	Str	aight s	ling	Re	eved sl	S	Ba	Sket sl	ing	6
Diameter mm	Straight sling	Adjustable sling	Reeved	60°	90°	120°	60°	90°	120°	60°	90°	120°	Reeved sling
6	1.2	0.95	0.95	1.9	1.6	1.1	1.6	1.3	0.95	1.6	1.3	0.95	1.9
7	1.6	1.2	1.2	2.6	2.1	1.5	2.0	1.7	1.2	2.0	1.7	1.2	2.4
8	2.0	1.5	1.5	3.5	2.8	2.0	2.6	2.1	1.5	2.6	2.1	1.5	3.0
10	3.2	2.4	2.4	5.5	4.5	3.2	4.1	3.4	2.4	4.1	3.4	2.4	4.8
13	5.4	4.0	4.0	9.4	7.6	5.4	7.0	5.7	4.0	7.0	5.7	4.0	8.1
16	8.2	6.1	6.1	14.2	11.6	8.2	10.6	8.7	6.1	10.6	8.7	6.1	12.3
20	12.8	9.6	9.6	22.2	18.1	12.8	16.6	13.6	9.6	16.6	13.6	9.6	19.2
22	16.0	12.0	12.0	27.8	22.7	16.0	20.8	17.0	12.0	20.8	17.0	12.0	24.1
26	20.6	15.5	15.5	35.8	29.2	20.6	26.8	21.9	15.5	26.8	21.9	15.5	31.0
32	32.8	24.6	24.6	56.8	46.3	32.8	42.6	32.7	24.6	42.6	34.7	24.6	49.2

Maximum Safe Working Loads in tonnes of 1000 kg under general conditions of use.

• DO NOT EXCEED SAFE WORKING LOAD

DO NOT EXCEED 120°

SWL at 60° must never be exceeded,

even at smaller angles

IMPORTANT INSTRUCTIONS ON THE USE OF ALLOY GRADE T(80) CHAIN SLINGS SAFETY WARNING OF HAZARDOUS CONDITIONS nor in any other corrosive environment.

Extreme care should be taken when using the Grade T(80) Chain Slings in close proximity of high temperature. It is therefore recommended that the user make ample provisions for reduced Safe Working Loads. TEMPERATURE CONTROL -30°C to 200°C No reduction in SWL

200 °C up to 300 °C Reduce SWL by 10% 300 °C up to 400 °C Reduce SWL by 25%

Do not use above 400 °C

GALVANISING

Alloy chains and fittings should not be hot-dip galvanised nor electro-plated as the Safe Working Load is reduced by 20% after galvanising.

Alloy Grade T(80) slings should not be used in acidic solutions

2.3.5 Flexible Steel Wire Rope (FSWR) Slings

For FSWR to be used as a sling it should have a minimum construction of 6 strands with 19 wires in each strand (6×19 or 6/19). The smallest diameter FSWR is 5 mm.



It should also have these parts:

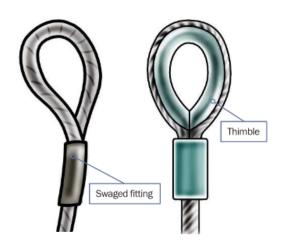
Swaged fitting

Swaged fittings are machine pressed to form a soft eye in a FSWR.

A thimble can be inserted to make a hard eye in the FSWR.

Thimble

A thimble is a fitting used in the formed eye of a rope and is designed to protect the eye of the sling from chafing and distortion.



2.3.6 Wire rope slings table

Manufactured to AS1666						Safety Factor 5:1													
					THE			Wi	re rope	slings									
			Cho	ke hitch				Baske	t hitch				Dire	t loade	ed		Chek	e hitch	
Method o	floading	Direct load	Round load	Rectangular load		Round	load		Othe	er than e	ound lo	ad		0		Round	d load	Other than round load	
Ro	pe	09	8	9	88		3				٤				Single Wrap	Double Wrap	Single Wrap	Double Wrap	
Nominal diameter mm	Minimum breaking force kN	8	6	\triangle	6					()			\wedge	\wedge	Å	Å	
Include	d angle	~	~		0*	60°	90°	120°	0.	60°	90°	120°	0° to 60°	90°	120°	0° to 45°	0° to 60°	0°to 45°	0° to 60
							S	afe wor	king loa	ds in to	nnes								
			Sa	fe working lo	ads unde	er gene	ral use	e with 2	L570 gra	de wire	and fi	bre co	re with fer	rule-s	ecured	eyes			
8	28.2	0.55	0.41	0.27	1.09	0.94	0.77	0.55	0.55	0.48	0.39	0.27	0.94	0.77	0.55	0.	71	0.	48
9	35.6	0.69	0.52	0.34	1.38	1.19	0.97	0.69	0.69	0.60	0.49	0.34	1.19	0.97	0.69	0.	90	0.	60
10	44.0	0.85	0.64	0.43	1.70	1.47	1.20	0.85	0.85	0.74	0.61	0.43	1.47	1.20	0.85	1.	11	0.	74
11	53.2	1.03	0.77	0.52	2.1	1.78	1.45	1.03	1.03	0.90	0.73	0.52	1.78	1.45	1.03	1.	34	0.9	90
12	63.3	1.23	0.92	0.61	2.5	2.1	1.73	1.23	1.23	1.07	0.87	0.61	2.1	1.73	1.23	1	59	1	07
13	74.3	1.44	1.08	0.72	2.9	2.5	2.0	1.44	1.44	1.25	1.02	0.72	2.5	2.0	1.44	1.	87	1.	25
14	86.2	1.67	1.25	0.83	3.3	2.9	2.4	1.67	1.67	1.45	1.19	0.83	2.9	2.4	1.67	2	2	1.	45
16	113	2.2	1.64	1.09	4.4	3.8	3.1	2.2	2.2	1.90	1.55	1.09	3.8	3.1	2.2	2	8	1.	90
18	143	2.8	2.1	1.38	5.5	4.8	3.9	2.8	2.8	2.4	1.97	1.38	4.8	3.9	2.8	3.6		2	.4
20	176	3.4	2.6	1.70	6.8	5.9	4.8	3.4	3.4	3.0	2.4	1.70	5.9	4.8	3.4	4.4		3	0
22	213	4.1	3.1	2.1	8.3	7.1	5.8	4.1	4.1	3.6	2.9	2.1	7.1	5.8	4.1	5	4	3	6
24	253	4.9	3.7	2.5	9.8	8.5	6.9	4.9	4.9	4.3	3.5	2.5	8.5	6.9	4.9	6	4	4	.3
26	297	5.8	4.3	2.9	11.5	10.0	8.1	5.8	5.8	5.0	4.1	2.9	10.0	8.1	5.8	7	5	5	0
		0.7	5.0	3.3	13.4	11.6	9.4	6.7	6.7	5.8	4.7	3.3	11.6	9.4	6.7	8.7		5	0
28	345	6.7	0.0	3.3	13.4	11.0	3.4	0.7	0.7	0,0		0.0	11.0	3.4	0.7	0			.8

2.3.7 Webbing Slings

There are a number of types of webbing slings used in lifting.

Terminal attachment

This type of sling has a triangle fitting on each end. These slings are used in vertical and basket hitches. Some have a choker fitting on either end for choker hitches.



Endless slings

Endless slings are very versatile. They can be used in all three types of hitches. When used in a choker or basket hitch the legs can be spread for improved load control and balance.



Flat eye sling

Flat eye slings can be used in vertical, choker, and basket hitches.



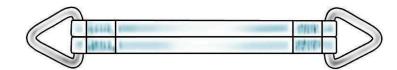
Reversed eye sling

Reversed eye slings have eyes that are twisted 90 degrees to form a better choker hitch. This type of sling also sits better in the crane hook.



Wide load sling

A wide load sling is an endless sling that has been joined together down its length. The eyes can be flat or reversed.





2.3.8 Synthetic webbing slings — working load limits (WLL)

There are two ways to find out the working load limit (WLL) for synthetic webbing slings: 1. Colour coding to Australian standards.

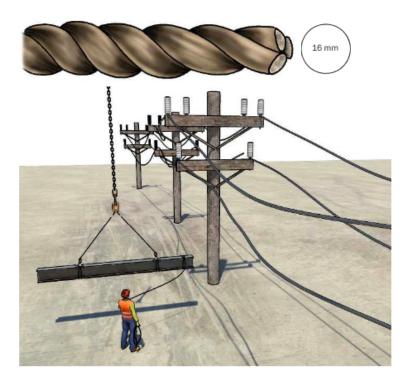
FLAT WEBBING SLINGS MANUFACTURED TO AS 1353 SAFETY FACTOR 8:1							ROUND SLINGS MANUFACTURED TO AS4497 SAFETY FACTOR 7:1					
Flat Webbing & Round Slings												
-	ings & Round Safety Factor		8	U				ß	Å	S		
	g Mode acity	Vertical SWL	Choke SWL	Basket SWL	30* SWL	60" SWL	90° SWL	120° SWL	60* SWL	60" Choke SWL		
Kg	Colour Code	Kg	Kg	Kg	Kg	Kg	Kg	Kg	Kg	Kg		
1000	Violet	1000	800	2000	1900	1700	1400	1000	1700	1400		
2000	Green	2000	1600	4000	3800	3400	2800	2000	3400	2800		
3000	Yellow	3000	2400	6000	5700	5100	4200	3000	5100	4200		
4000	Grey	4000	3200	8000	7600	6800	5600	4000	6800	5600		
5000	Red	5000	4000	10000	9500	8500	7000	5000	8500	7000		
6000	Brown	6000	4800	12000	11400	10200	8400	6000	10200	8400		
8000	Blue	8000	6400	16000	15200	13600	11200	8000	13600	11200		
10000	Orange	10000	8000	20000	19000	17000	14000	10000	17000	14000		

2. The label or tag attached to the sling.



2.3.9 Dry Natural Fibre Rope

You can use dry natural fibre rope to control a load near powerlines. A fibre rope used as a tagline should be at least 16 mm in diameter.



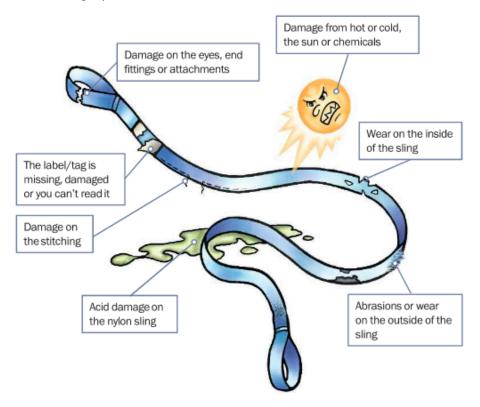
Do not work closer than: 6.4 metres from low voltage 10 metres from high voltage lines

Methods of atta	achment				
Type of attachment	Load shape	Load factor	Type of attachment	Load shape	Load factor
Basket	6	= 2 NB: a single sling with vertical legs doubles the load factor on a round load.	Single sling	Ì	= 1 NB: the load factor is one.
Poolest		= 1 NB: the corners of the load creates a nip point which reduces the capacity of the sling by 50%. Thus 50% of a load which originally had a load factor of 2 (see round load above) is now reduced to a load factor of 1	Reeve/choke		= 0.5 NB: the lifting capacity of the sling is reduced by 50%.
Basket			Reeve/choke		= 0.75 NB: the lifting capacity of the sling is reduced by 25%

2.3.10 Load Factors

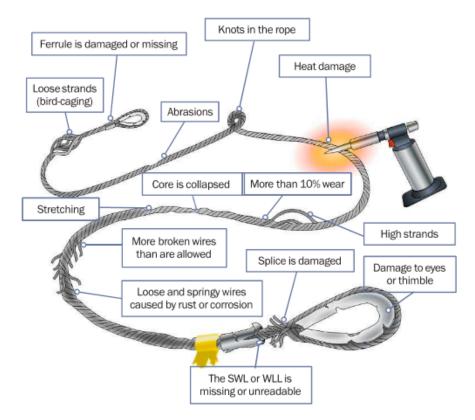
What are some defects (problems) that stop you using a synthetic sling for lifting?

Do not use the sling if you can see:



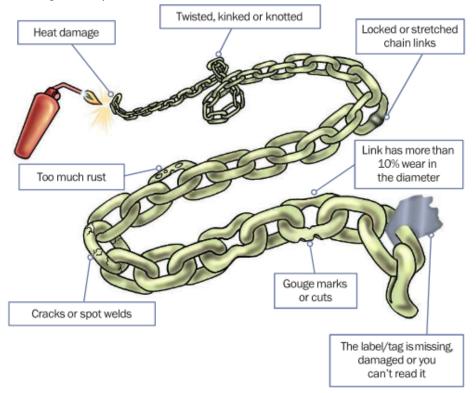
What are some problems that stop you using a flexible steel wire rope (FSWR) for lifting?

Do not use the FSWR if you can see:



What are some problems that stop you using a lifting chain for lifting?

Do not use the lifting chain if you can see:



Not all backhoe/loaders can be used to sling a load. You want to use the backhoe/loader for slinging a load. What must it have?

The backhoe/loader must have a lifting lug with a safe working load or be fitted with a jib attachment.



What could happen if you attach slings to the bucket's teeth?

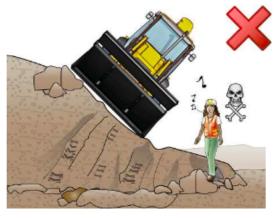
This is very dangerous!

- The sling can slip off the teeth
- The teeth can come off
- The load can fall and injure or kill someone.



What could happen if you use the machine on uneven or sloping ground?

The backhoe/loader might overturn and injure you or a workmate. You should use the backhoe/loader on an even surface.



What should you plan for before using the backhoe/ loader for lifting?

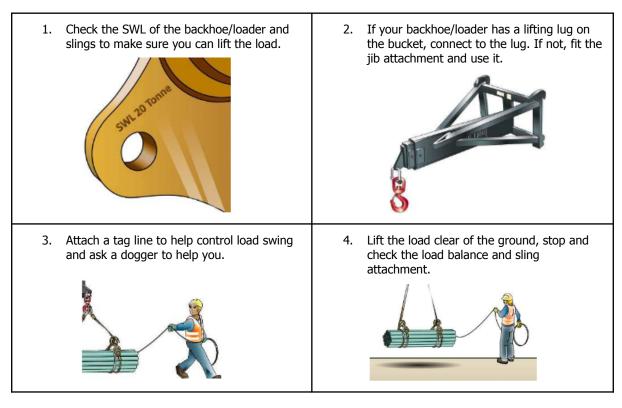
1. Your path of travel.	2. Ground condition.
3. How you will control other traffic and people on the site.	4. Check lifting lug.
5. Check lifting gear.	6. Check for overhead services.

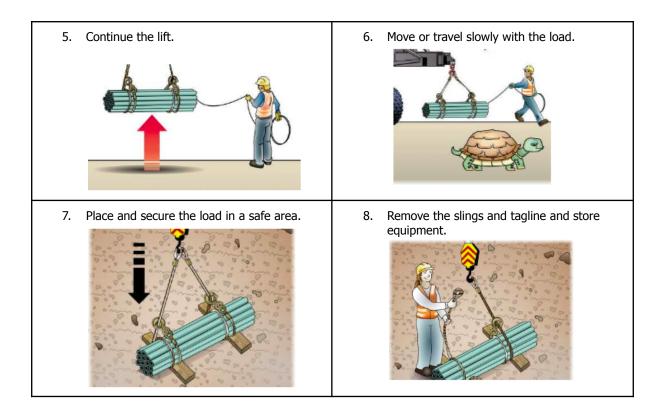
Stabilisers help the backhoe/loaderstay stable when you use the rearattachment. How do you setup the stabilisers?

 1. Lower the stabiliserover the lowest ground first.

 Image: stabiliser until the rear tyres lift off the ground.

You will lift and move a load of pipes. What steps do you take?





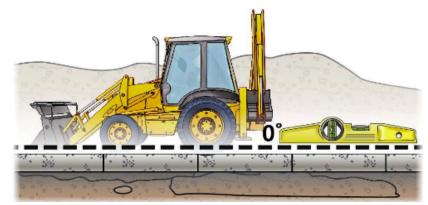
You are moving a load and the slings shift. What do you do?

Lower the load slowly and fix the slings.



When travelling with a load, what kind of ground is the safest to travel on?

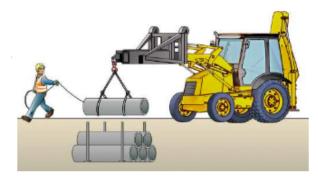
Firm, level ground because it gives the best stability.



What are some things you should think about before placing a load on the ground?

Make sure:

- it will stay where you place it
- it will not cause a hazard
- the ground is firm and level
- place the load so the lifting slings can be easily removed.



One of your workmates is in a trench over 1.5 meters deep. They must remain in the trench no handle the pipes. How do you lower pipes safely into the trench?

The closest grounded part of the machine (likely the front wheels) should remain as far away from the trench as it is deep. Put in shoring if necessary or if you need to be closer to the trench edge than mentioned above. Never lower or pass the load directly over someone. Have good communication methods and a spotter if necessary.



Some of the standard hand signals are shown on the following pages. What does each of these signals mean?

Stop		Boom up				
Motion	Motion Hand signal		Hand signal			
STOP						

Boom down		Travel and traverse				
Motion	Motion Hand signal		Hand signal			
		Indicate the direction you want the machine to go				

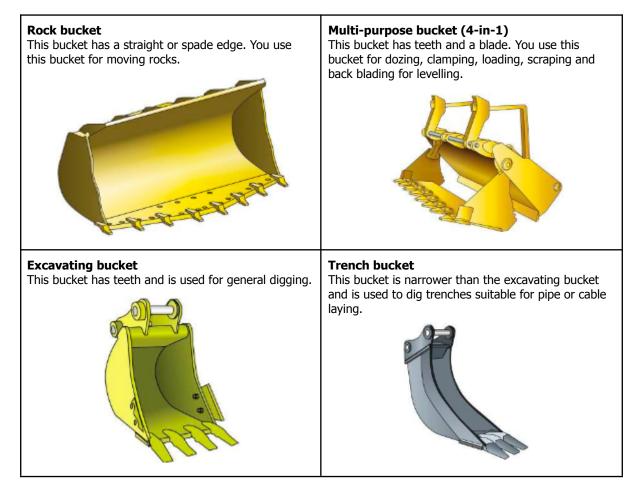
How can you communicate with a fellow worker who is out of your line of sight?

Use a two-way radio or whistle signals.



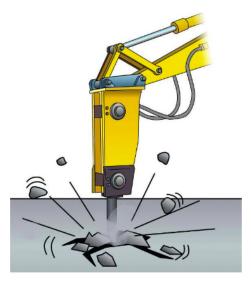
2.4 Select, Remove and Fit Attachments for A Backhoe/Loader

What kinds of buckets can you use on a backhoe/ loader? What do you use them for?



What attachment doyou use to break concrete?

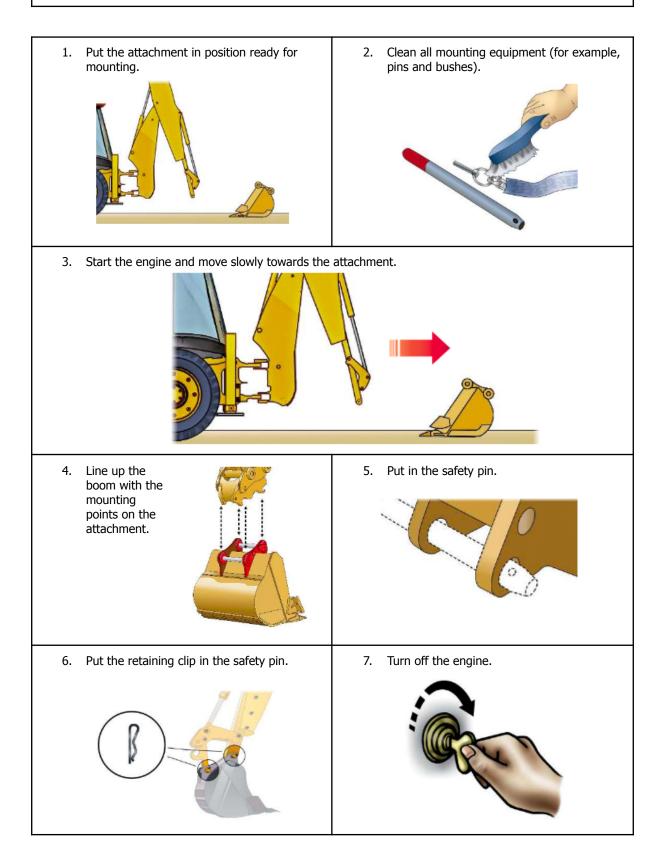
Use the hydraulic hammer attachment.

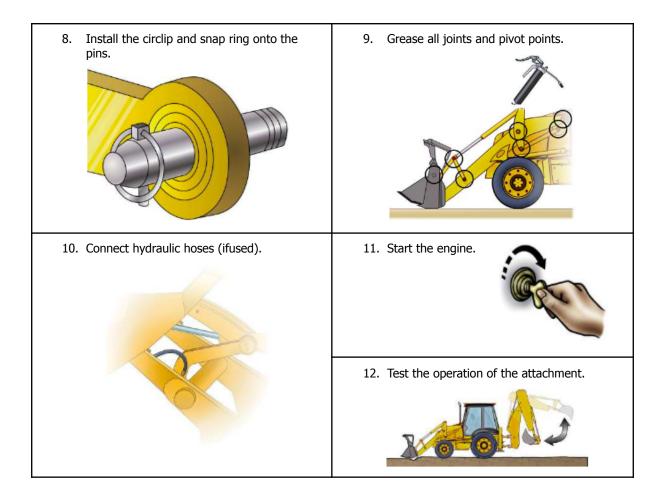


What are the normalsteps for fitting an attachment?



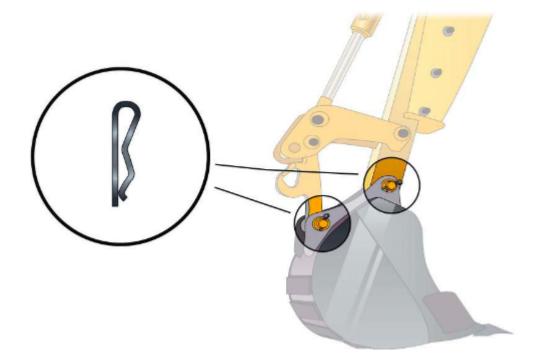
The steps outlined in this question are of a general nature. Always refer to manufacturers instructions and workplace procedures for fittingattachments.



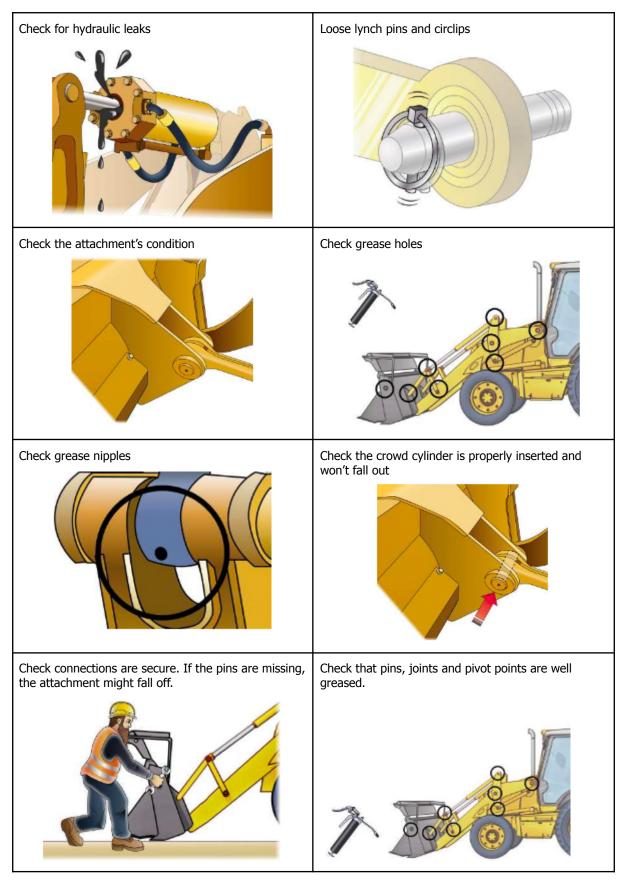


How do you secure the attachment to the boom?

Make sure the locking pins are in place.

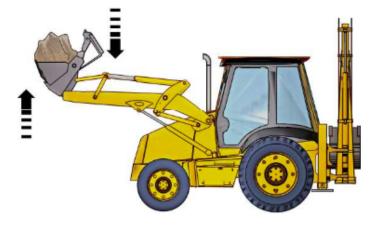


Before testing the attachment, what joints and parts should you check?



How do you test the attachment before moving a load with it?

Test all functions of the attachment. For example, lift it up and down and try to lift something.

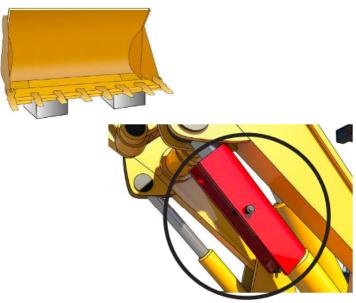


What do you do if you find a fault while testing the attachment?



What should you do when checking under a raised attachment?

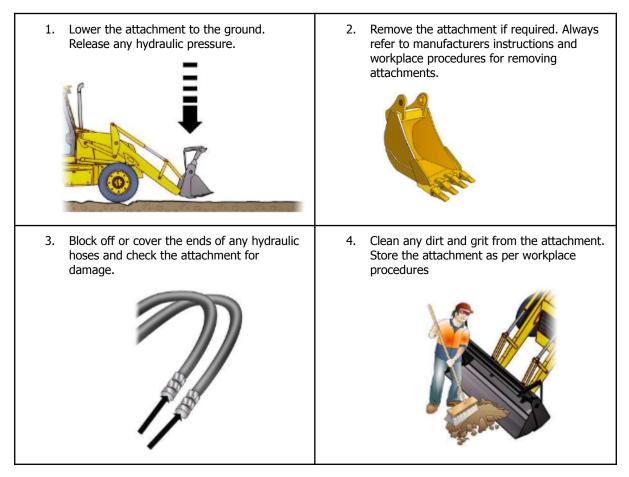
Use something to stop the attachment from falling on top of you. For example, you might use chocks, blocks or safety bars.





What are some examples of safety limits to remember when using an attachment?

What steps should you take when you're finished using an attachment?



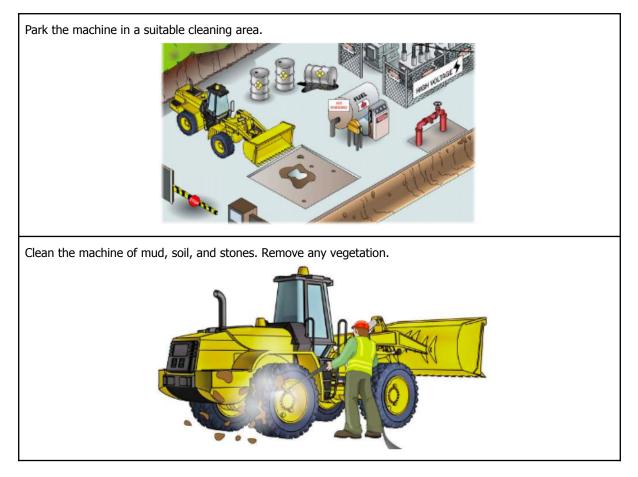
Where do you store the attachment?

Your worksite should have a designated storage area for attachments. If you are unsure, ask your supervisor, a workmate or refer to workplace policies and procedures.



2.5 Relocate the Backhoe/Loader

How do you prepare a wheeled machine for travel on a public road?



Do you need a permit to drive a backhoe/loader on a public road?

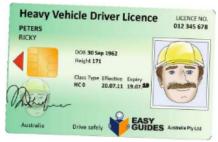
You might if the backhoe/loader is too heavy, too long or too wide. Check with your local transport authority (for example, VicRoads or the RTA).



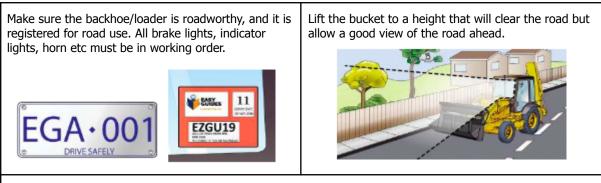
What kind of licence do you need to drive a backhoe/ loader weighing over 4.5 tonnes on a public road?

In most states/territories you will need a heavy vehicle licence. For example, a light rigid (LR) licence for 4.5–8 tonnes (8.5 in some states).

Check the rules for your state/territory.



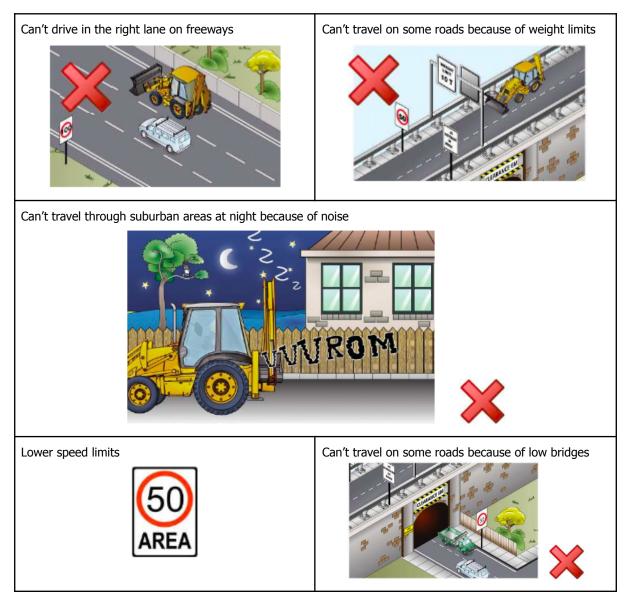
Before you drive on a public road, what checks do you make on the backhoe/loader?



Note:

If the backhoe/loader is not registered you may be able to get an unregistered vehicle permit (check with your relevant state/territory authority).

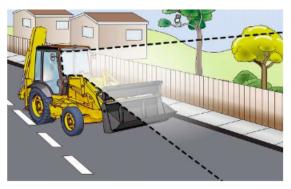
Do you have to follow the same traffic rules as other vehicles on public roads?



Yes. Sometimes larger vehicles have stricter rules, for example:

What should you do with the bucket before driving on a public road?

Make sure the bucket is rolled back and high enough above the road. Don't raise the bucket too high otherwise you might not be able to see the road. If the backhoe/loader has rippers installed, put them in the highest position so they are not a hazard.



You need to drive the backhoe/loader on a public road. The backhoe/ loader has very large tyres. What do you need to do?

Reduce speed to prevent bouncing. You may need to let some air out of the front tyres. If the tyre pressure is high, the backhoe/loader might bounce and be harder to control.

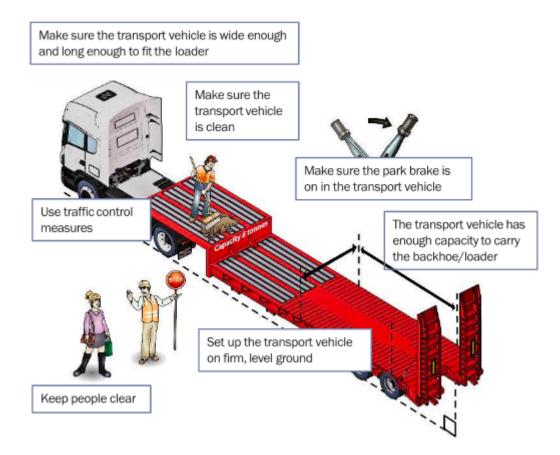
2.5.1 Loading and Unloading from Float/Trailer

As the operator of a skid steer loader there may be times when you need to assist in loading or unloading the skid steer from a float or trailer. To perform this activity safely you should have completed, or be assisted in the loading/unloading by a person who has completed suitable training in loading and unloading plant. For example unit RIIHAN308F Load and Unload Plant or an equivalent unit would be suitable.

Anyone who loads or unloads a heavy vehicle is responsible for playing their part in the Chain of Responsibility which falls under Heavy Vehicle National Law. As a loader/unloader you have an influence over where and how goods are loaded and therefore have an ongoing responsibility to prevent breaches. The key responsibilities of a loader/unloader may include ensuring that:

- Loads do not exceed vehicle mass or dimension limits*
- Goods carried are appropriately secured*
- You provide reliable weight information to drivers*
- Load documentation is accurate*
- Delays in loading/unloading are prevented
- Your loading/unloading do not require or encourage drivers to exceed the speed limits or regulated driving hours, fail to meet the minimum rest requirements or drive while impaired by fatigue.

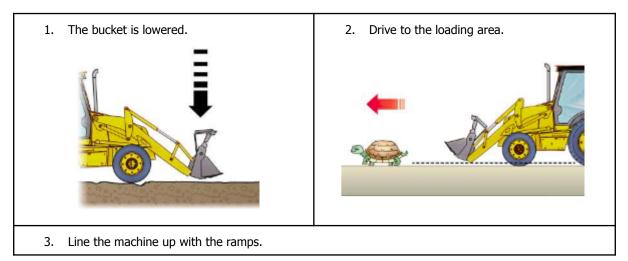
* Not relevant to an unloader

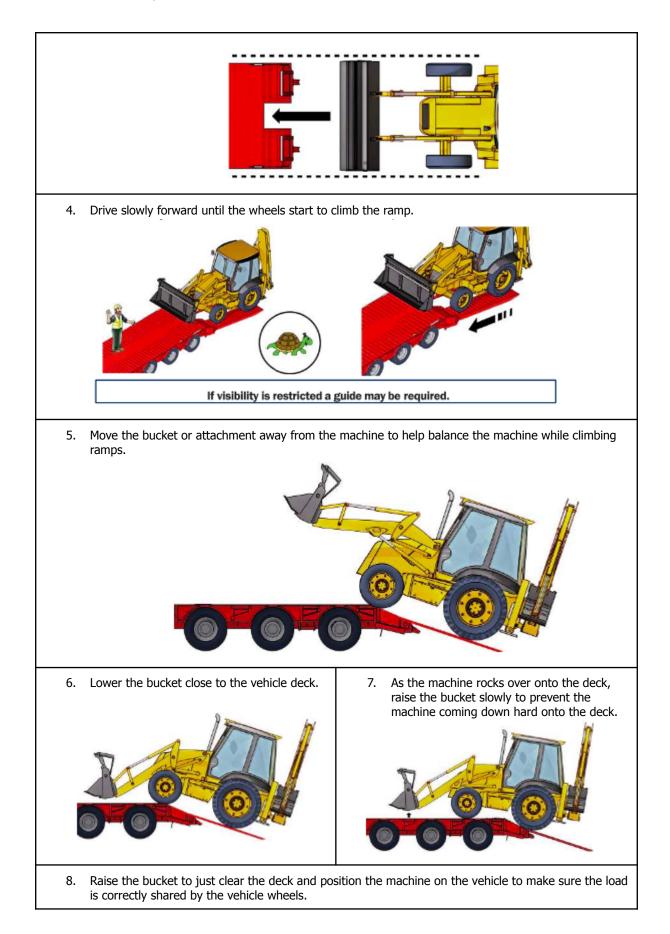


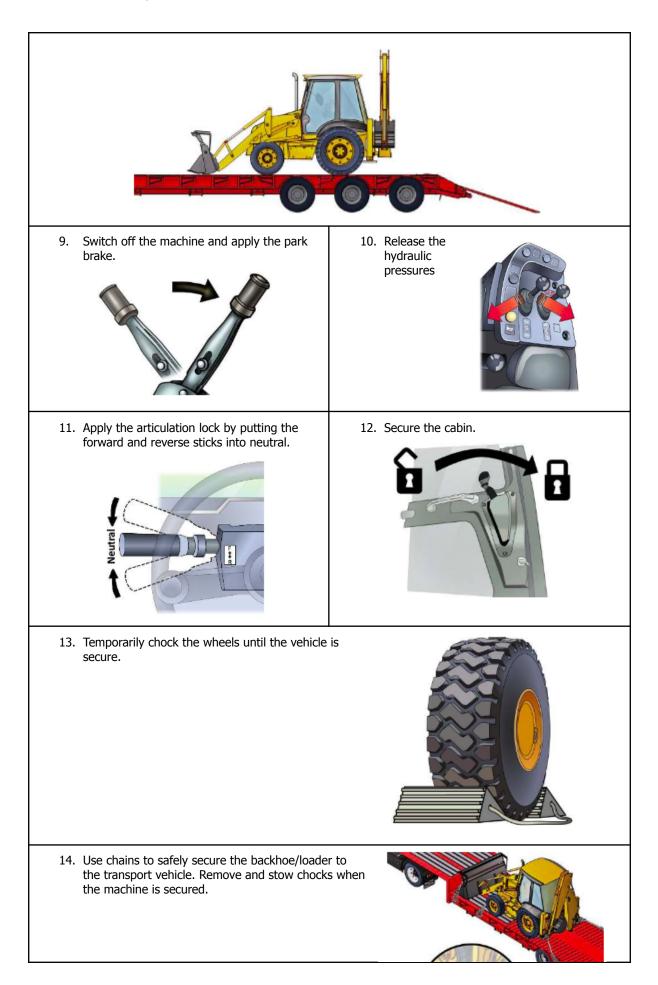
A loader is to be transported. How is the preparation done by the person responsible?

How is a loader moved on to the transport vehicle?

After the transport vehicle and the backhoe/loader have been prepared, the following steps are taken:



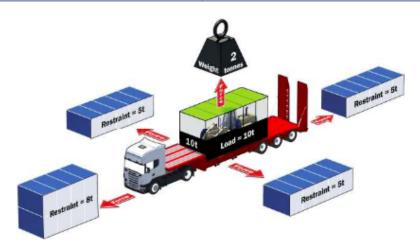




Are there regulations about securing a load on a truck or trailer?

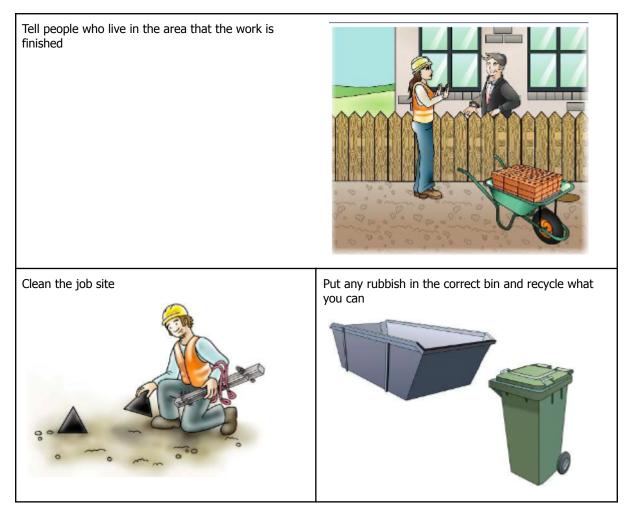
Yes, the load restraints must be able to hold the load from moving as shown in the table.

Direction	Restraint needed
Forward	80% of load weight
Rearward	50% of load weight
Sideway	50% of load weight
Bounce or upward	20% of load weight



2.6 Conduct Housekeeping Activities

After you've finished the job, what should you do?



What instructions do you follow when cleaning up?

The environmental management plan and site procedures.



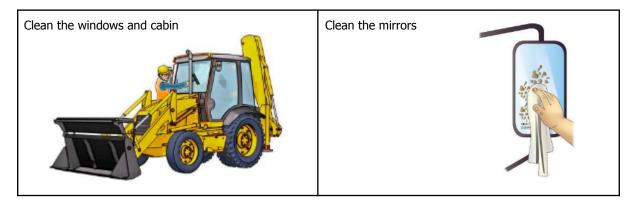


What is the danger of leaving earth and rocks around the work site?

Someone might trip on a rock and be injured. Rocks left on the road can damage cars.



What do you have to clean on the backhoe/loader?



What do you do with other equipment and tools you've used?

Clean tools and equipment, and put them back in their place.



Where do you record the work done when repairing and maintaining service equipment during cleaning up the service area?

Enter all repairs and maintenance on equipment in the site specific record book or system.



What must you do with waste oil and grease when performing maintenance?

Follow the site environmental plan for the safe disposal of waste oil, grease etc.

