

# Learner Guide

**Earthmoving Course** 

# **RIIMPO321F Conduct Civil Construction Wheeled Front End**

**Loader Operations** 

Learner Guide

National Courses PTY LTD

# **1.1 Introduction**

## 1.1.1 What Do You Use A Front End Loader For?

- Agriculture farming
- Construction
- Clean up
- Moving dirt/rocks etc
- Can use for lifting purposes



## 1.1.2 What Industries Do You Use A Front End Loader In?

Mining

Civil construction



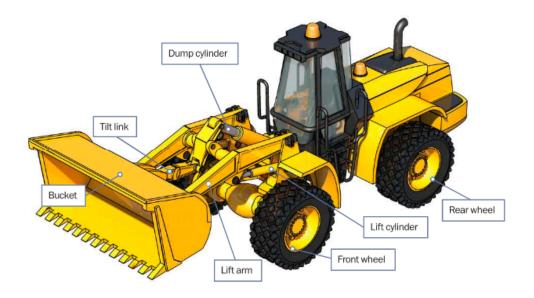


## 1.1.3 An Example of A Wheeled Front End Loader

A wheeled front end loader is a type of machine, that has a front-mounted square wide bucket connected to the end of two booms (arms) to scoop up loose material such as dirt, sand or gravel and move it from one place to another without pushing the material across the ground.

A wheeled front end loader is commonly used to move material from ground level and deposit it into an awaiting dump truck, stockpile or into an open trench excavation.

Front end loaders can also come in tracked models (refer RIIMPO322 Conduct civil construction tracked front end loader operations).



# 1.1.4 Who Has Duty of Care?

You have a duty of care. So does anyone who has something to do with the worksite. Duty of care applies to:



## 1.1.4.1 Worker's Duty of Care

As a worker you must take care of your own health and safety – and the health and safety of others at the workplace. You must not put your own or other people's health and safety at risk.

Never work where you believe a hazard is a serious risk to your health and safety. You must also:

- do your best to follow reasonable health and safety instructions from your boss (PCBU)
- follow workplace health and safety policies and procedures
- do not work where you believe a hazard would be a serious risk to your health and safety.



## 1.1.4.2 PCBU/Employer's duty of care

The PCBU must:

- Provide a safe workplace
- Train workers and make sure they know what to do on the job
- Try to get rid of risks, or find ways to minimise risks
- Tell workers about any hazards or risks. Workers must know what to do in an emergency.
- Have a workplace safety plan. For example, workers should be trained in the use of fire fighting equipment and first aid equipment.

#### Penalties

If you are a PCBU/employer or a worker, the government can fine you or even imprison you for failing your duty of care.

#### Australian standards

Your front end loader (and its attachments) must comply with (meet) the Australian Standard (AS 1418.19).

If you are going to pick and carry a suspended load, the front end loader must have documentation saying it meets Australian Standards.



# **1.2 General Information**

# 1.2.1 The Basics of Road Construction

A surveyor will stake out the site according to the site plan. The stakes mark where the road will go and any drains or pits, which will help to drain water away from the road area.



Sometimes contractors may use a borrow pit (also called a sand box). A borrow pit is an area where soil, sand or gravel (material) is dug out to be used in another area. Sometimes the borrow pit will become the drains, or water catchment areas at the end of the work.



As the operator shapes the ground, they will usually create drainage at the sides of the road area. They will also make sure there is enough fall (scope) on the road so that water drains away from the road.



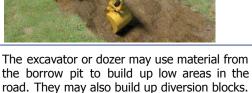
A front end loader or dozer shapes the road base. This helps smooth out the surface ready for grading.



A water truck may wet down the ground. This helps the soil to bond.







An excavator or dozer removes the trees, shrubs and other plants and levels the area.

Some trees may be protected with padding

or fencing.

Diversion blocks divert water away from the road and into drains.



Drains are installed to help take water away from the worksite.



The grader grades the road to produce a much

A site supervisor or roller operator tests the compaction. Sometimes they will use a deflectometer or penetrometer. Some rollers/compactors can test the compaction as they drive.



Trucks then deliver subbase. Haul trucks or tip trucks sometimes tip the subbase, and front end loaders spread it.



Several layers of subbase are laid. The subbase is compacted and tested.



A roller or compactor then compacts the road. This breaks up lumps and smooths the surface out.



Many layers of the ground material are built up. This is called the subgrade. Each layer is compacted and tested.



A water truck may spray water on the subbase to help the soil bond. This makes the particles stick together and make it compact better.



Once the subbase is at the right thickness and is compacted properly, trucks deliver the course road base. The road base is built up in many layers. Water trucks may wet down the road base if it helps the roller/compactor compact the base.





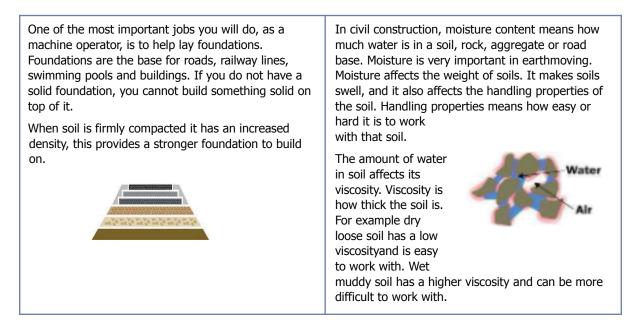
If asphalt is being laid, more layers will go on top of the road base. There will be an asphalt base course, then a binder course, and finally, a surface course.

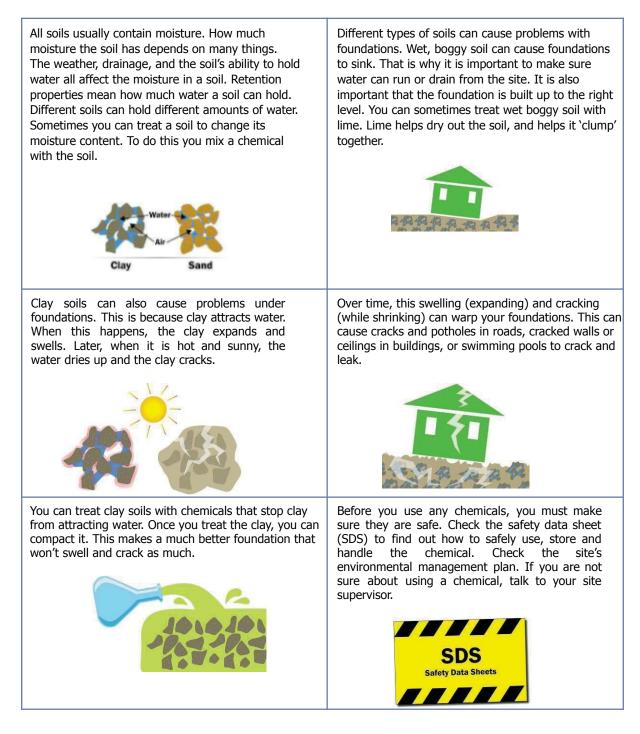


Finally the planting, erosion control and drainage work is completed.



## **1.2.2 Principles of Soil Technology for Civil Works**





## 1.2.3 Earthmoving Site Hazards

### **1.2.3.1 Checking for Underground Services**

You should always check where services are before you start work. You may phone 'Dial before you dig on 1100'. You may look at the site plan or talk to your supervisor. You may need to look at the location of pits and meters to get an idea of where the services run. You may need to check with the local council or service company. You may even need to get underground detection equipment.

If you hit a service line, contact the provider immediately. You may need to organise to get the



service disconnected while a qualified person fixes the problem.

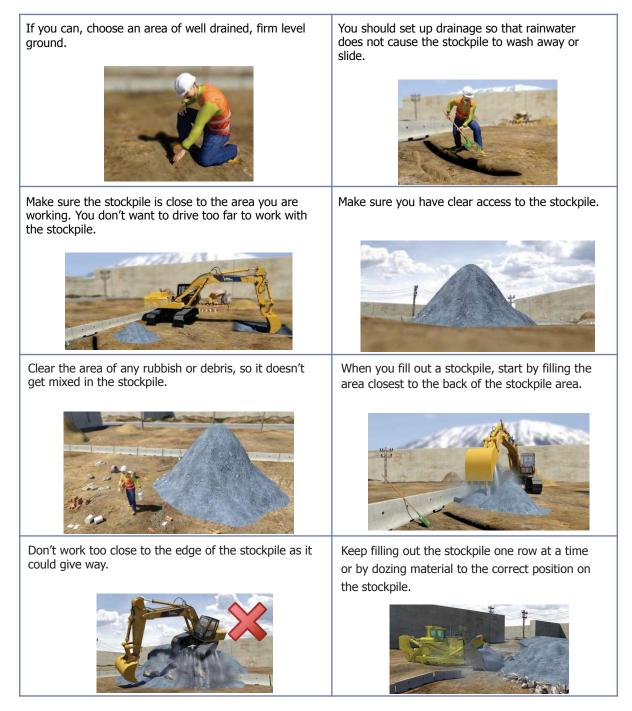
You can sometimes tell there are services below by the types of ground. Some services are surrounded by a different type of soil, rock or sand. You may notice that the soil is looser, or does not match the soil around where you are digging. There may be a line of tape alerting you to the services.

If you suspect there are services underground, stop working. Check the ground. You may need to excavate the area by hand, or dig in another area.

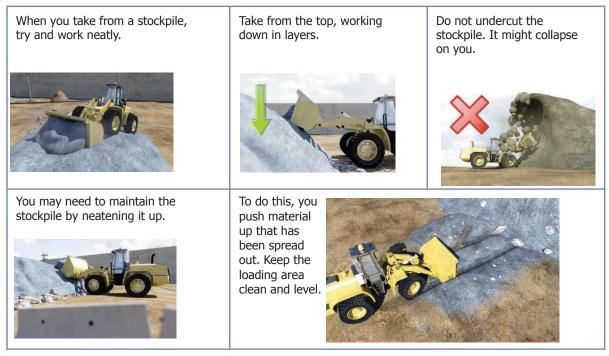
## **1.2.4 Operating Techniques**

## 1.2.4.1 Building A Stockpile

A stockpile is a pile of material (soil, sand, rock, etc) that you use for earthmoving work. You must choose a good location for your stockpile. If you choose the wrong location, your stockpile could get washed away or become dirty (mixed with other materials).



## 1.2.4.2 Taking from A Stockpile



## 1.2.5 Environmental Management Plan (EMP)

The Environmental management plan (EMP) tells you important things about the environment at the worksite. It explains how the work you are doing could damage the environment. The possibility that you will cause this damage is called the environmental risk.



The EMP tells you what you must do so you do not damage the environment. It tells you how to work in a way that reduces damage to the environment.



The EMP also tells you how the worksite meets all environmental protection laws and what to do with waste.



## 1.2.5.1 Example of an Environmental Management Plan

Company Details:	EGA Earthwor	GA Earthworks - 19 Chandler Road, Boronia. Vic. 3155.							
Work description:	Soil removal	il removal							
Date	12/12/2015			Contact	Dick Osborne - 0455 555 555				
Environmental conce	erns for the site	Risk Level	Risk likelihood	Protecti	on measures				
Excessive noise generation associated with the construction and operation of support infrastructure. Public nuisance /complaints.		Minor	Possible	Work on site to be carried out between 7:00am and 6:00pm.					
Vegetation loss leading to increased runoff during wet periods.		Moderate	Almost certain	Use cut off drains to direct water away from area bei worked on. Put silt cloth barrier on high side of trench Put straw bales in trench to filter water.					
Mud on surrounding i and exit points.	roads near entry	Moderate	Possible	Use rumble grids and wash wheels of vehicles leaving :					
Dust generation due to removal of top soil.		Moderate	Likely	Use water carts to keep soil moist.					
Combustion products from exhaust pipes. Air emissions.		Moderate	Likely	Check that catalytic converters fitted to machine					
Damage to remaining	Damage to remaining trees on site.		Possible	Use temporary fencing and/or safety mesh to isola trees from surrounding work.					
Approved by: T.	I Crossbow		Signed:	TJ Cro	ssbow				

### 1.2.5.2 Working with an Environmental Management Plan

When preparing an Environmental management plan (EMP) there are three things you must decide:

- 1. How serious is the environmental risk?
- 2. How likely is it to happen?
- 3. How can you control the risk?

#### How can you control the environmental risk?

Here are some examples of environmental risks and the controls that could be used. They can be written into an environmental management plan.

#### Example 1

- Risk : Soil and clay spread on residential streets.
- Cause : Not cleaning wheels of vehicles leaving the worksite.
- Control : Wash wheels or use rumble grids or put gravel at exit points.



#### Example 2

- Risk : Noise.
- Cause : Engine noise from heavy machinery.
- Control : Work on site to be carried out between 7 am and 6 pm.



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Example 3

- Risk : Loss of topsoil.
- Cause : Driving across a paddock or over vegetation.
- Control : Go around the paddock even if it increases the time the job takes.



#### How serious is the environmental risk?

You can use the following table to rate how serious the environmental risks are.

Level	Rating	Examples of impact on the environment
1	Catastrophic	Death, injury or illness to humans or animals. Destruction of a heritage site. Toxic release into waterway and groundwater.
2	Major	Release leading to measurable change to storm water quality. Soil contamination over a wide area. Damage to a heritage site.
3	Moderate	Short term minor change to ecosystems. On site release that is contained with little contamination. Localised, short-term change in storm water quality.
4	Minor	On-site release immediately contained. Isolated complaints from the community.
5	Insignificant	Impact on the environment is too small to measure.

#### How likely is the environmental risk?

You can use the following table to rate how likely it is that an environmental incident may happen.

Level	Rating	Examples of impact on the environment
A	Almost certain	Environmental concerns that you expect will happen.
В	Likely	Environmental problem that has happened in the past and is likely to happen again.
с	Possible	Environmental concern that has sometimes been a concern and may happen.
D	Unlikely	Environmental concern that has sometimes been a concern but is not expected to happen.
E	Rare	Environmental issues that are very unlikely to happen.

## **1.2.6 Earthmoving Hazards and Risks**

The most common hazards and risks with earthmoving work are:



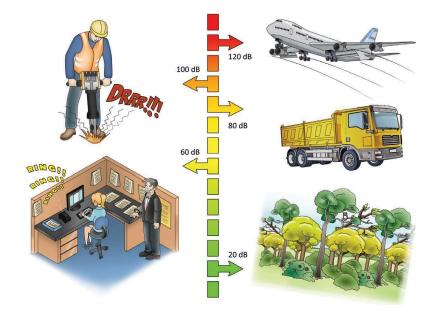
## **1.2.7 Decibel Levels of Common Sounds**

You must wear hearing protection when operating heavy equipment. This is important because 8 hours of noise at 85 db (decibels), or noise levels of 140 db even briefly can permanently damage your hearing. Hearing loss is:

- Slow
- Painless
- irreversible.

Here are some examples of levels of noise in different environments.

- A forest has about 20 db of noise
- In an office there might be around 60 db
- Standing outside a truck generates about 80 db
- A jackhammer generates around 100 db
- A jet taking off generates about 120 db



## **1.2.8 Chemicals and Solvents**

Chemicals should always have a label, so that you can easily tell what you are working with. They should be stored in a safe place where nobody may accidentally come in contact with them.

Always check the safety data sheet (SDS) before handling any chemicals.

An employer must provide an SDS to a person using chemicals in the workplace. They must make sure the person using the chemical knows how to read and understand the SDS.

If you are not sure about a chemical, put the chemicals in a safe, isolated area and talk to your supervisor.

## 1.2.9 Fatigue

Fatigue is an acute, ongoing state of tiredness that leads to mental or physical exhaustion and prevents people from functioning normally. It is more than feeling tired and drowsy, it is a physical condition that can occur when a person's physical or mental limits are reached.

Fatigue can happen because of work or lifestyle related factors. Fatigue is a significant hazard and can lead to poor concentration, slow reaction times and increased mistakes.







Work related factors	Lifestyle related factors
<ul> <li>Working time</li> <li>Scheduling and planning (for example: rosters, length and timing of shifts)</li> <li>Inadequate rest breaks</li> <li>Lengthy periods of time being awake</li> <li>Insufficient recovery time between shifts</li> <li>Payment incentives that may lead to working longer shifts</li> <li>Environmental conditions (for example: climate, light, noise)</li> <li>Type of work being undertaken (for example: physically or mentally demanding)</li> <li>Work demands placed on the person (for example: time frames, deadlines)</li> <li>The organisation's culture</li> <li>The person's role within the organisation.</li> </ul>	<ul> <li>Inadequate or poor quality of sleep due to sleep disorders</li> <li>Social life</li> <li>Family responsibilities</li> <li>Other employment</li> <li>Travel time</li> <li>Health and wellbeing (for example: nutrition and diet, exercise, pain, illness).</li> </ul>

## 1.2.5.1 Signs of Fatigue

You should be able to identify signs of fatigue in yourself and others. A person who is affected by fatigue may display the following signs:

- Headaches and/or dizziness
- Wandering or disconnected thoughts, daydreaming, lack of concentration
- Blurred vision or difficulty keeping eyes open
- Constant yawning, a drowsy relaxed feeling or falling asleep at work
- Moodiness, such as irritability
- Short term memory problems
- Low motivation
- Hallucinations
- Impaired decision-making and judgment
- Slowed reflexes and responses
- Reduced immune system function
- Increased errors
- Extended sleep during days off work
- Falling asleep for less than a second to a few seconds, and being unaware they have done so (otherwise known as micro-sleeps)
- Drifting in and out of traffic lanes or missing gear changes and turn offs when driving.

### 1.2.5.2 Managing Fatigue

Sleep is the only effective long term strategy to prevent and manage fatigue. While tired muscles can recover with rest, the brain can only recover with sleep. The most beneficial sleep is a good night's sleep taken in a single continuous period.







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# 1.2.10 Safety around Trenches

There is a risk that a person could fall into an open trench or excavation on a worksite. People working in trenches are at risk of being crushed or trapped if the trench caves in. You must try to reduce this risk. Isolation is a good way to reduce the risk. You could put up para-webbing, barriers or temporary fencing. You may put trench shields with guard rails.

## 1.2.10.1 Trench Shields and Shoring

If a trench is 1.5 metres deep or more you must use trench shields or shoring. You should use trench shields that have approved lifting points. The shields weight must be permanently marked on the shield. If the shield does not have its weight marked, it must be rigged by a licenced dogger or rigger. The shoring must meet Australian Standard 4744: Steel shoring and trench lining equipment. It must also come with an instruction manual. You should secure a ladder for workers to get in and out of the trench.

## 1.2.10.2 Benching

Benching is where you cut levels in the soil to reduce the fall risk. For example, instead of having a single 2 metre trench, this area is excavated in two (2) levels. The first level is a 1 metre drop and is 3 metres wide. The second level is 1 metre  $\times$  1 metre.

## 1.2.10.3 Battering

Battering is where the edges of a trench are 'tapered' back on a gentle slope. Battering means that instead of a straight drop off, you have a more gentle slope. In this example, the drop off has been 'battered' back so the fall hazard is reduced. Benching and battering reduce both the fall risk and the risk of collapse.

# 1.2.11 Confined Space

A confined space is an enclosed or partially enclosed area. It is an area that was not designed for people to go into. It may have no natural or mechanical ventilation. There are also hazards (such as a gas or flammable substance) that makes it dangerous.

Gases in the atmosphere such as LPG, which are heavier than air, may enter spaces like trenches, underground tanks or pits displacing oxygen.

When you drive a petrol, gas, or diesel machine into a space like this you create a hazard. The exhaust gasses can fill the space. Dangerous gases like carbon monoxide can build up in the area. You can't smell all the







dangerous gasses or fumes. You might breathe in a dangerous gas and not even know it. The gas could make you unconscious or even kill you.

You must be trained to work in a confined space, you must also have a permit. The permit makes sure you have thought about all hazards and controls, including a rescue plan, and that you have a team there to help you in case something goes wrong. You must get your permit approved by a supervisor.

If you are going to work a machine in a confined space, you might need a catalytic converter installed. A catalytic converter takes out harmful gasses (like hydrocarbons, carbon monoxide and nitrogen oxides) and turns them into harmless gasses (like carbon dioxide, water and oxygen).



## **1.2.12 Worksite requirements**

Examples of documents and training your employer should provide include:

- Safety plan for the site
- Emergency procedures, for example a site evacuation plan
- Environmental management plan for the job.

## **1.2.13 Emergency Evacuation Plan**

Many worksites have an emergency evacuation plan which is displayed on the noticeboard.

You should make sure you know how to interpret this plan.

For example, start by looking for a 'You are here' sticker on the plan drawing. Note how nearby areas are shown on the plan. Then work out where the emergency exit is - on the plan and in real life.



# 1.2.14 Disposing of Environmentally Sensitive Fluid

There are times when you will need to dispose of environmentally sensitive fluids. You may have to deal with oil spills or chemical spills.

There are disposal companies who remove used oil, oily water and emulsions, waste grease, filters, rags, brake fluids and coolants.

Oil is a good example of an environmentally sensitive substance that needs to be disposed of properly.



#### The damage oil and chemicals can do

If oil ends up in landfill, it will slowly leach into surrounding land and underground water. Storm water and sewage, polluted by oil, can cause long term damage to coastal and marine habitats and ecosystems, seabirds, mammals, fisheries and people.



## 1.2.15 Clean Up

#### 1.2.15.1 Recycling Items

Many environmentally sensitive items can be recycled. Items such as batteries, oil and gas cylinders can sometimes be recycled and reused.

Some oils can be taken to a recycling centre. With oil, bring your materials to the recycling centre in a clean, plastic container with a lid. The original container is a good container to return the oil in.



#### **Pressure Clean**

You may need to pressure clean the wheels, tyres, or attachments.

# 1.2.16 First Aid and Emergencies

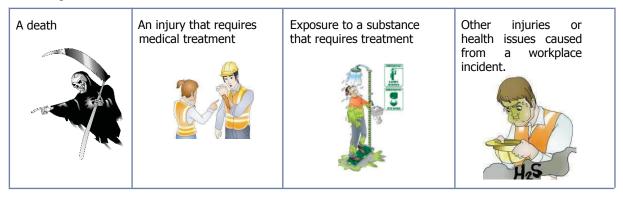
Employers should make sure there are trained first aiders and first aid kits available. The employer should make sure:

- The first aid kits are checked, maintained and kept in a clean dry place.
- There are clear signs indicating the location of first aid kits.
- They have recorded and displayed the numbers and location for emergency services (or local doctors or hospitals).



## 1.2.16.1 Reporting Incidents

As a PCBU, employer or self-employed person you must report serious incidents to the SafeWork authority in your state. You must give a written report within 48 hours if any of the following happen on a site you are controlling:



The authorities may send an inspector to come and examine the site. You must leave the site as it is, unless you need to; protect people, help an injured worker, make the site safe, or stop other incidents happening. The inspector will tell you when you can continue working normally.

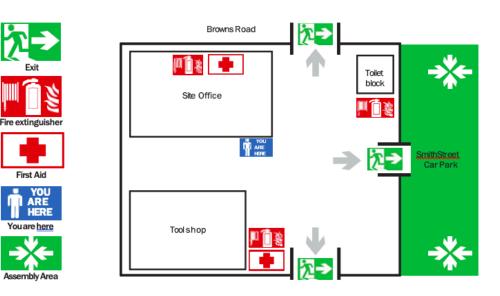
## 1.2.17 Safety Plan

The safety plan may tell you things like:

- How to use tools and equipment safely
- How hazards and risks need to be controlled
- Emergency procedures
- Emergency exits and assembly areas
- What PPE to wear
- Safe areas to park machinery.

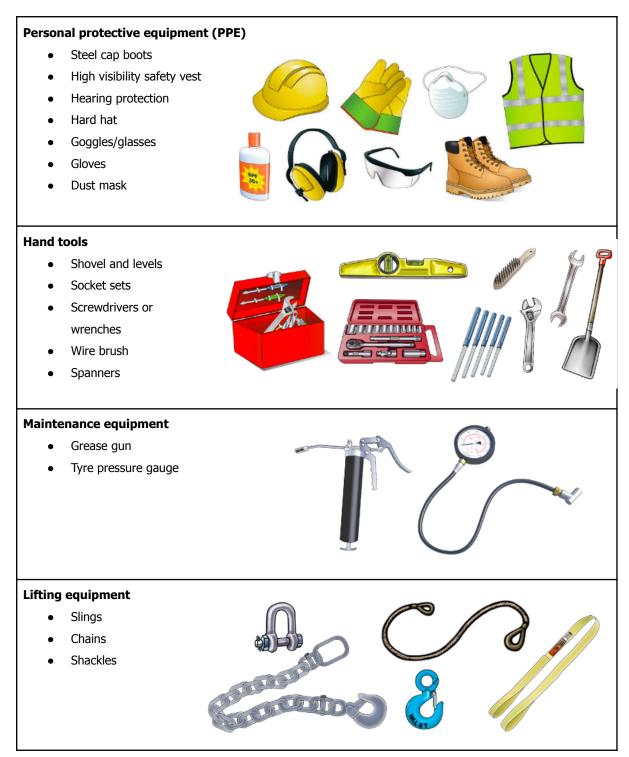


## **1.2.17.1 Site Evacuation Plan (Example)**



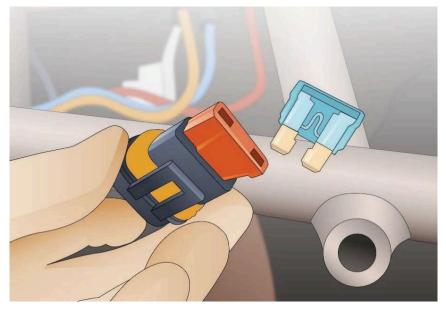
# 1.2.18 Tools and Equipment

Here are some typical tools and equipment you might need. Remember, if your workplace has a policy about what PPE you need to use, you must use it.



## 1.2.19 Defective Parts

If you notice a defective part, for example, a fuse is blown or not working, you should arrange to have it replaced immediately. You must check the rules for your site and your state or territory. In some states only licenced mechanics are allowed to do any repairs.



# **1.2.20** Job Safety and Environment Analysis (JSEA) or Safe Work Method Statement (SWMS)

These forms help you plan for the work you will do. It is very important you fill these out before you start work. They help you work out the tools, equipment and PPE you need to do the job safely. All workplaces should have these types of forms.

Example:

ob safety and environ	ment		ACTIVITY/TASH						3456
	10						JN		
Location/Project:	12.	5 130	elmaine H	lignway, i	<i><i><i>cosevi</i></i></i>	lle			
Activity or Task Description:	Loa	nd sp	poil from	excavatio	n rigl	nt ha	nd turn lane		
Competency/Qualification ne	eded to	do wo	ork safely:	All oper	ators	have	current tickets		
			2. HAZ	ARD IDENTIFIC	CATION				
Location/Area Hazards	F	Rate	Work/Tas	sk Hazards		Rate	Work/Task Hazards		Rate
Area			Visibility and he	earing			Plant/machinery		
Entry or exit is difficult			Poor lighting				Plant or Machinery	X	8
Engulfment/entrapment			Poor visibility				Tools/equipment		
Work at heights			Bright lights/UV	1			Traffic	X	8
Confined space			High noise level	s	X	7	Pedestrians		
Remote location			Communication	difficulties			Railway		
Rescue could be difficult			Services				Pneumatics		
Temperature extremes			Multiple electric	al feeds			Process lines		
Hazardous/Toxic substances			Electrical hazar	ds - LV			Suspended loads		
(attach MSDS)			Electrical hazar	ds - HV			Slips/trips/falls		
Gasses/oxygen/chemicals			Overhead powe	r	X	8	Slips/trip hazard		
Poisonous gas/es			UG services (gas, p	ower, water)			Fall hazard		
Explosive/flamable gas			Hazardous/toxi	c substances			Other		
Oxygen levels (high or low)			Pressurised flui	ds			Sharp materials		
Inhalable dusts/fibres			Gas cylinders				Confined space		
Hazardous/toxic substances			Flammable materials				Work at heights		
(attach MSDS)			Toxic materials				Welding/Grinding		
Exposure			Acids/solvents				Manual handling		
Heat/Cold			Other chemicals	S			Using ladders		
Sunlight/ Radiation	X	4	Inhalable dusts	/fibres			Using EWPs		

3. PPE		4. ACCESS/EQUIPMENT/ISOL	ATION	5. ENVIRON	MENT	AL		
Hands, feet and body		Access equipment		Environmental Haza	rds	1	ĸ	Rate
Gloves: (type)	X	Scaffold		Air pollution (dust, fumes)		X		5
Safety boots	X	Ladders		Noise (plant and equipment)		X		55
Long sleeves/pants	X	EWP		Spills to drains/waterways	8			
High visibility vest/clothing	X			Spills to ground		X		5
Head and face				Soil erosion				
Safety glasses/sun glasses	X	Static plant/equipment:		Hazard to flora/fauna				
Full face shield				Other:				
Hearing protection	X							
Hard hat	X	Mobile plant/equipment:		Risk Rating Table: Use the fo	Howing tai	hie to sail	o the	risk.
Dust gas mask		Excavators, Loaders, Trucks, Machine	X	<ul> <li>1/2 = Low</li> <li>3-4 = 5</li> </ul>				
Breathing apparatus			X	• 5-6 - High • 7-8 - 5	whene			
Welding face shield		Safety/emergency equipment:	~	1	Co	nseq	uen	oes
Fall protection and access				Likelihood:				
Safety harness				1	12	8	13	8
Fall protection equipment				(How likely is it to occur)	14		8	19
Fall arrest equipment		Isolation and warnings		1	12	64	E.	
Other:		Barricades	X	1			-	
		Group isolation		Almost Certain	8	7	6	5
		Personal locks or lock out tags		Likely	7	6	5	4
		Warning signs	X	Possible	6	5	4	3
		Area lighting	-	1	-	-		-
		Other:		Unlikely	5	4	3	2
		Traffic controllers	X	Rare	4	3	2	1
		6. PERMITS (Attach and record n	umber)					
Hot work		Excavation		Hazardous work				
Access to work area		High voltage	A	Confined space				

#### Job safety and environment analysis (JSEA)/Safe work method statement (SWMS) 123456

7. JOB STEPS, HAZARDS AND CONTROLS								
Step (No.)	Job Step (Describe each step)	Hazard/Environmental Issue	Risk Rating (Before control)	Control	Risk Rating (after control)			
1	Set up traffic control	Traffic in busy intersection	8	Barriers and flag person supplied by ABC Traffie.	1			
		Noise of traffic and plant	7	Hearing protection must be worn at all times.	1			
		Sconlight	4	Long sleeve pants, tops, hard hats with visor and sunglasses.	1			
2	Unload excavator from Rost	Excavator sliding on ramps	5	Pedestrian exclusion zones 1.5 x excav. height. Operator wear seat belt.	3			
3	Excavate turn lane	Powerlines overhead	8	Power will be isolated. This must be confirmed before starting.	1			
4	Load tip truck	Location of tip truck and drivers while loading.	8	Traffic toutroflors will direct drivers where to safely park. Drivers must remain in truck while being loaded.	1			
5	Load excevator on Roat							
		Dust and noise	5	Noise restrictions limit work to between 4am-Spm. Water truck available to reduce duct if needed.	2			
		Spills to ground	5	Pre-op checks on excavator before work. Spills kit on site if needed.	2			

#### 8. CONSULTATION AND WORKER OFF

By putting my signature below I confirm that I have attended a briefing and understand and will comply with all environmental and safety issues, as described in this JSEA/SWMS. I have reviewed and will comply with all necessary paperwork including permits, SDS, isolation plants etc.

Name	Signature	Date	Name	Signature	Date
Dick Osborne	Dick Osborne	2/4			
Paul Williams	Paul Williams	2/4			
Jason Tennant	Jason Tennant	2/4			
Amanda Jones	Amanda Jones	2/4			

9. FINAL APPROVAL/SIGN OFF						
	Name	Signature	Date			
Approved by:	Mark Alabaster	Marke Alabaster	2/4/			
Approved by:	Duncan Morton	Duncon Morton	2/4/			
Customer/Client	N/A					

## 1.2.21 Calculation

## **1.2.21.1 Working Out How Much Material** You Need

The work plan has an area which is 4 metres  $\times$  20 metres that must be covered by a layer of road base of 150 mm depth.

#### How many square metres of road base are to be laid? How many cubic metres of road base will you need?

#### Step 1:

To work out the square metres, multiply the Length (L) by the Width (W).

L × W = Square metres

4 m × 20 m = 80 square metres

This can also be written as: 80 m<sup>2</sup> or 80 square metres Step 2: Convert the layer thickness from millimeters to metres.

To do this divide the layer thickness by 1000

150 mm ÷ 1000 = 0.15 m



#### Step 3:

Multiply the square metres by the layer thickness to get the cubic metres.

80 square metres × 0.15 m

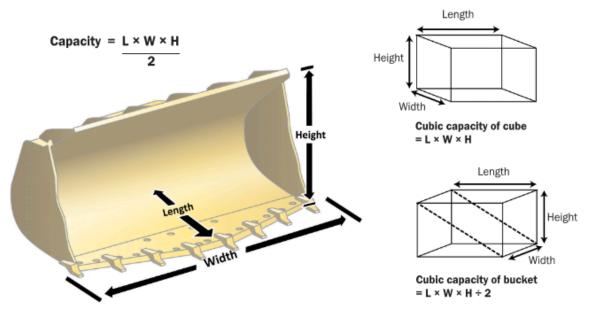
= 12 cubic metres

This can also be written as: 12 m<sup>3</sup> or 12 cubic metres

#### Answer:

There are 80 square metres of road base to be laid. You will need 12 cubic metres to cover the area to 150 mm depth.

## 1.2.21.2 How to Find the Cubic Capacity of A Bucket



Cubic capacity is ÷ 2 because of the shape of the bucket (a triangular prism)

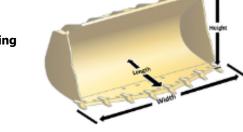
## 1.2.21.3 Loading A Truck to Capacity

This truck has an 8 tonne load capacity. Dry beach sand weighs 2 tonnes per cubic metre.

#### How many buckets will it take to fill the truck to capacity using a bucket with these dimensions?

Bucket dimensions:

- Length = 2 metres
- Width = 1 metre
- Height = 1 metre



#### Step 1: Step 2: Step 3: To calculate the capacity of the The weight of dry sand is known (see Table of bucket, use the formula: Common Weights). $L \times W \times H \div 2$ Dry sand weighs 2 tonnes $2 \times 1 \times 1 + 2$ per cubic metre = 1 cubic metre Weight of material Capacity of the bucket = 2 tonnes (per cubic metre) = 1 cubic metre

The bucket has a capacity of 1 cubic metre. So a full bucket of dry sand will weigh 2 tonnes.

Bucket capacity × Weight of material (per cubic metre)

 $1 \times 2 = 2$  tonnes

Each full bucket of dry beach sand weighs 2 tonnes.

#### Step 4:

Truck load capacity is 8 tonnes.

- 8 tonnes (truck)
- ÷ 2 tonnes (per bucket)
- = 4 buckets

#### Answer:

It will take 4 buckets of sand to fill the truck to capacity.

# **2.1 Plan and Prepare for Water Vehicle Operations**

## 2.1.1 Work Health & Safety Legislative Requirements

#### 'Laws to keep your workplace safe'

WHS/OHS requirements are outlined in Acts, Regulations, Codes of Practice and Australian Standards.

#### WHS/OHS Acts

*'WHS/OHS Acts'* are laws that explain how to improve health and safety in the workplace. For example: Model National WHS Act, June 2011. WHS has the same meaning as OHS in this document.

#### Regulations

*'Regulations'* explain specific parts of the Act. For example: Part 4.3 – Confined spaces, Part 4.4 – Falls.

#### **Codes of Practice/Compliance Codes**

*'Codes of Practice'* are practical guidelines on how to comply with (meet the rules of) legislation. For example: HAZARDOUS MANUAL TASKS Code of Practice, 23rd December 2011.

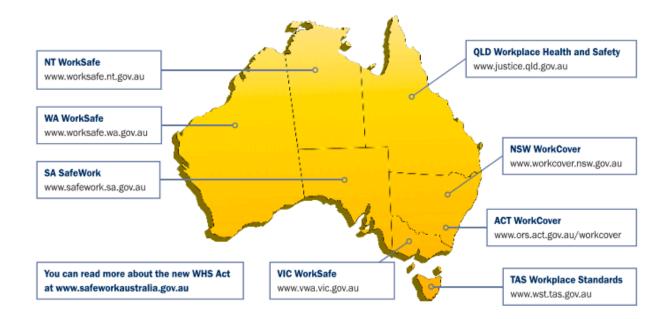
#### **Australian Standards**

'Australian Standards' are work guidelines that set the minimum accepted performance or quality for a specific hazard, process or product.

For example: AS 2550 - Cranes, hoists and winches - safe use set.

## 2.1.2 Where to Find WHS Information

You can check these websites for more information about workplace health and safety. The National WHS Act started in some states/territories on January 1, 2012.





#### What are the National Work Health (WHS) and Occupational Health and Safety (OHS) Acts about?

The Acts explain how to keep your workplace safe and healthy. They explain what you need to do to meet your duty of care. For example:

You must make sure you do earthmoving work in a way that won't put yourself or others at risk. You must use earthmoving equipment according to instructions.

Note:

Check your state requirements as Acts may vary from state to state.

#### Under WHS/OHS laws, what are your responsibilities while working?

You must work in a way that is safe. You must not risk the health and safety of yourself or others.

#### What do codes of practice explain?

Codes of practice are practical guidelines on how to comply or follow the rules in legislation/laws.

For example:

A traffic management code of practice will tell you all the rules a traffic controller must follow. For example, a traffic controller must have a zero percent blood/ alcohol concentration/ reading while performing traffic control duties.

#### What do Australian Standards explain?

Australian Standards are work guidelines that set the minimum accepted performance or quality for a specific hazard process or product.

For example:

A2250.1-2011 - Powerline distances

This standard tell you the distances you can safely work near powerlines on poles and towers.

#### What are examples of documentation you need to read before doing earthmoving work?

Open orea atside 6.4m power line

ss than 133KV

- Health and Safety Acts and Regulations
- Codes of practice
- Standards, eg: AS 2598-1995 Earthmoving machinery
- Manufacturer's specifications
- Operator's manual
- Site requirements and procedures
- Work and/or quality requirements
- Drawings and sketches of the work to be done
- Company policies and procedures for employment and workplace relations, Equal opportunity and disability.





#### Why should you check the operator's manual before using earthmoving equipment?

The operator's manual tells you how to operate your machine. The manual also tells you about maintenance (how to keep your machine working well).

#### What kinds of information do you need before starting work?

- Plans Drawings and sketches outlining what you need to do
- Specifications rules and details about the job
- Operational details how you will do the job
- Quality requirements of the job the standards you are expected to meet.

#### Why do you need to know what other people are doing on site?

- To make sure you will not get in the way of other jobs being done
- To make sure you know what others are doing near where you must work.



#### What are quality requirements?

The quality requirements tell you the standards you must meet when doing earthmoving work. They tell you what you need to do and how to do it to satisfy the customer. You may need to follow codes of practice, regulations, national standards etc.

-	Jobstage	Checkedby
	Correct area pegged out	
	Vegetation removed	
	Top soil removed and stockpiled	
	Slab size pegged out in correct location	
	Slab size pegged out to correct size	
_	Level markers in place	
	Siteleveledtopegs	CKS .
	Crushed rock is correct size as per specification	110
	Slab area boxed to correct height offloor	
	Crush rock is the correct height as specified	
	Bosingpegs at correct spacing and depth	
	Crushed rock is level to specification	
	Crushed rock covers the specified area	
	Crushed rock compaction meets specifications	
	Compacted crushed rock base is at the specified height	
	Slab preparation meets specification and ready for concrete contractor	



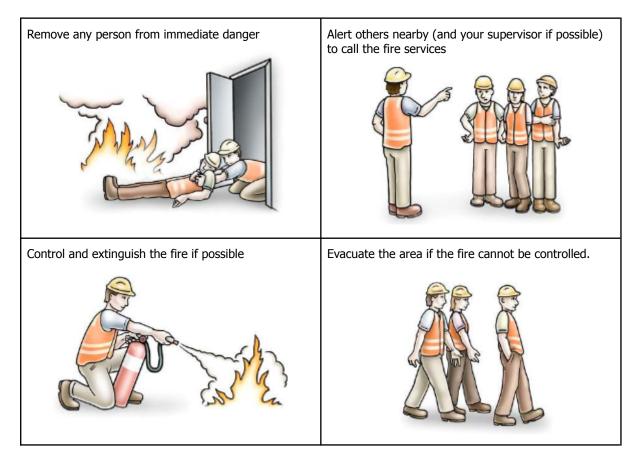
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#### What do the job's work instructions explain?

Work instructions explain:



#### If a fire starts what are four (4) steps that should be taken?

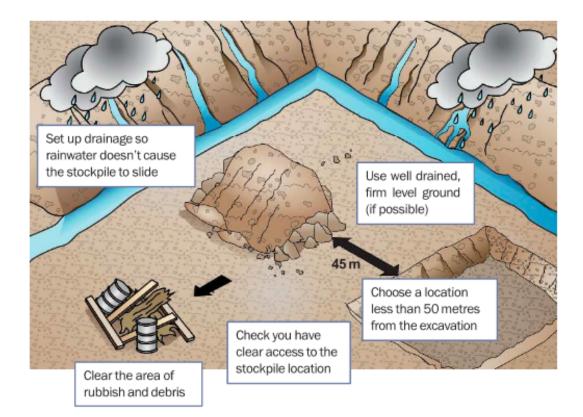


# Why is it important to co-ordinate your work activities with others at the worksite both before and during operation?

This is important so work can be planned in a way where it will not interfere with the work of others. During work activities you must continue to co-ordinate activities with others so changes can be made to work plans if necessary.



#### How do you choose and set up a location for a stockpile?



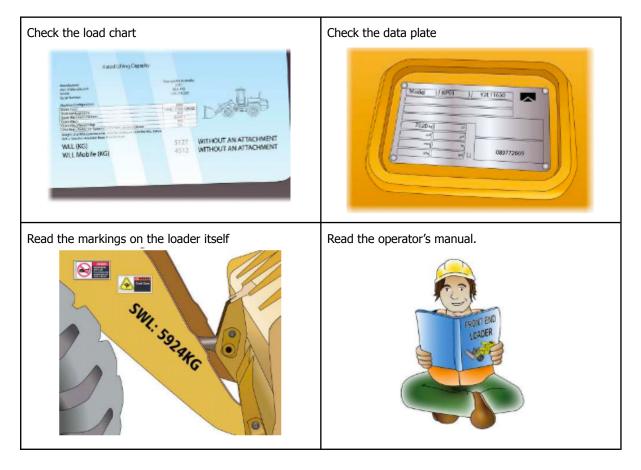
#### How can you find out the specifications and limits of the machine you will use? Specifications include:

- Load capacity
- Bucket height, volume and width
- Lift height
- Dump clearance

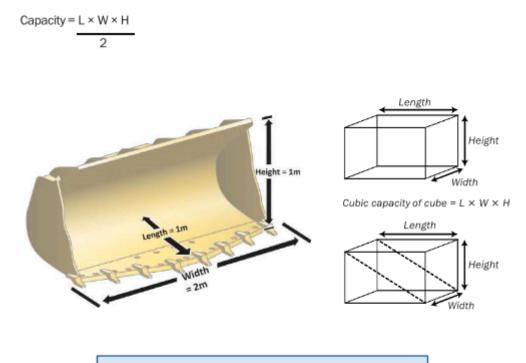
Read the operator's manual to find out the limits. The lifting capacity may also be marked on the load chart.



How can you find out the maximum safe working load (SWL) of the front end loader?



#### How do you find out the cubic capacity of the bucket?



Cubic capacity of bucket =  $L \times W \times H \div 2$ Cubic capacity is  $\div 2$  because of the shape of the bucket (a triangular prism, or half of a rectangle)

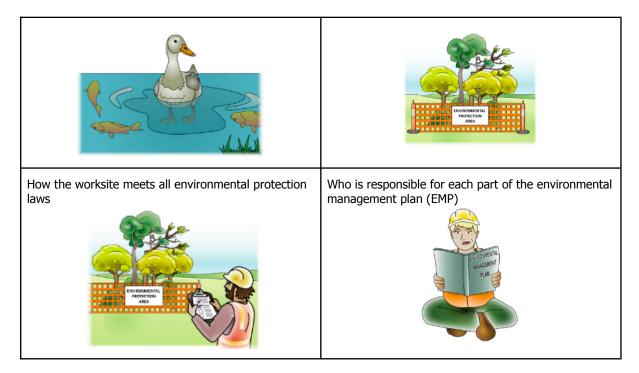
# **2.2 Identify and Control Hazards**

#### What does the environmental management plan (EMP) tell you?

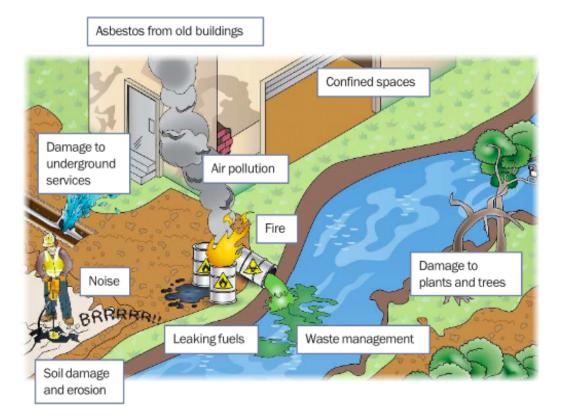
#### The EMP tells you:

Possible risks to the environment on the worksite	How to work in a way that reduces damage to the environment
---	---

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#### What environmental challenges should you be careful of when working?



#### What could happen if you damage an underground gas line?

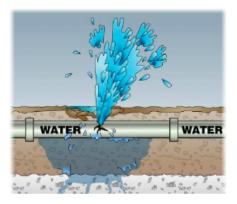
You could cause a gas leak, and maybe an explosion.



Front End Loader Learner Guide V2

#### What could happen if you damage an underground water pipe?

You could cause a water leak, and the water could be polluted.



#### What is the danger if you damage an underground electrical cable?

There is a risk of an electric shock.



#### Who do you talk to if you damage an underground cable, gas line or other service?



You must tell your supervisor. Your supervisor will tell the relevant authority.



You are using the front end loader for demolition work. What extra protection do you need?

A falling object protective structure (FOPS).



#### Why should you check the noise laws for your state/territory before starting work?

Because there are rules about how early or late you can work.



#### What does the safety plan tell you?

The safety plan tells you how the worksite intends to meet all the safety rules. It tells you:





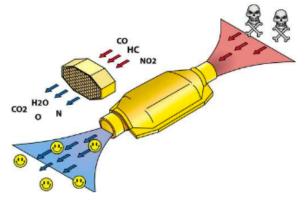
Why is it dangerous to leave the engine running in an enclosed space?

The exhaust fumes cannot escape the space, so the gasses might suffocate you or people in the enclosed space.



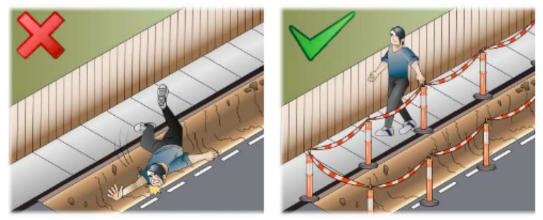
#### If you must work in a tunnel or enclosed space, what must the backhoe/loader have?

The backhoe/loader must have a catalytic converter or scrubber. Try to get as much fresh air as you can.



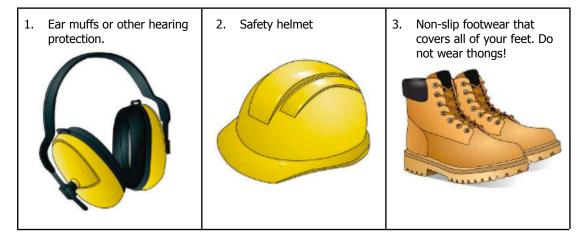
#### There is a trench near a pedestrian footpath. How can you stop people falling into the trench?

Put up barricades, guard rails or fencing. Use signs to warn people of the danger.



What kinds of personal protective equipment (PPE) should you use when:

- 1. The work area is noisy?
- 2. Something might fall on you?
- 3. You are operating equipment?



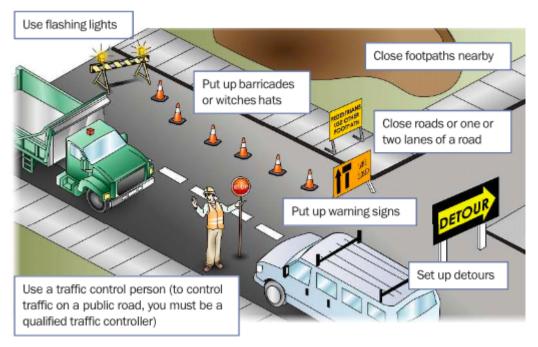
#### What does the traffic management plan (TMP) tell you?

It tells you how to control vehicles in and around the worksite. It helps keep the site safe for you and others. You may require a traffic control licence in your state or territory.

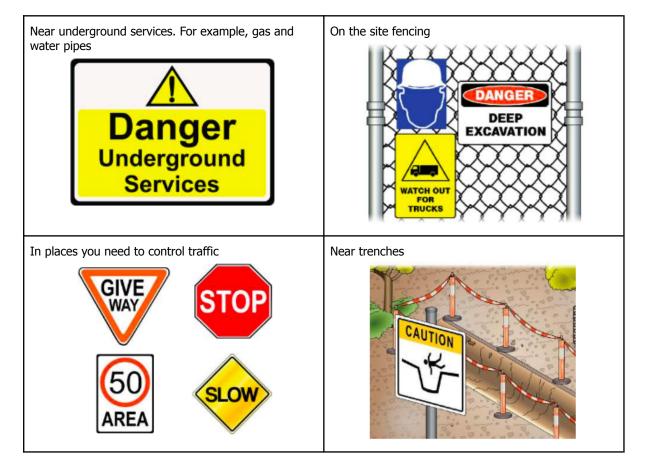


### What can you do to control traffic in and around a worksite?

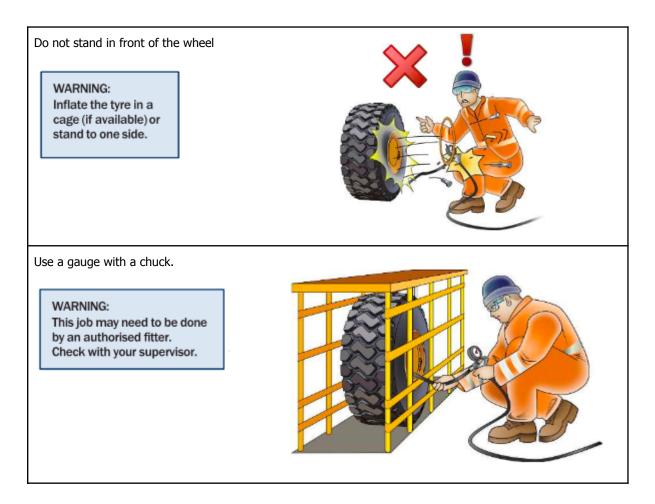
You can:



### Where do you put up warning signs?



# What safety action do you need to take when checking the pressure for inflating/deflating a tyre fitted to the wheel that has a split safety-locking ring?



### How do you safely get in and out of the backhoe/ loader's cabin?

Always use three (3) points of contact facing the machine. For example, use two hands and one foot or two feet and one hand.

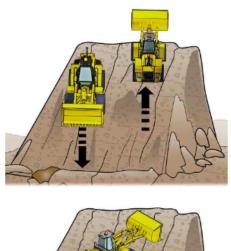




3 Point Contact (Both hands and foot)

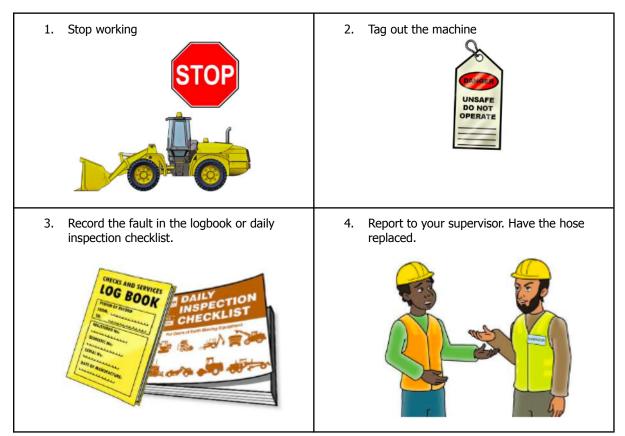
### Which way should you travel when driving on sloping ground?

Go straight up or down the hill, not at an angle.



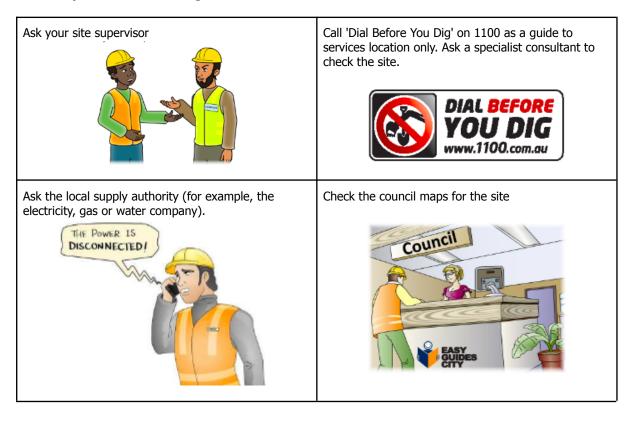


### What do you do if you find a fault with the loader? For example you might see a bulge in a hydraulic hose or a damaged radiator hose.



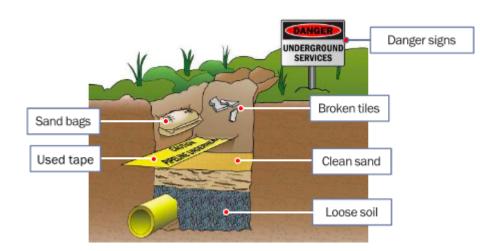
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### Who can you ask about underground services on the worksite?



### How can you tell you are near an underground service?

Look for:



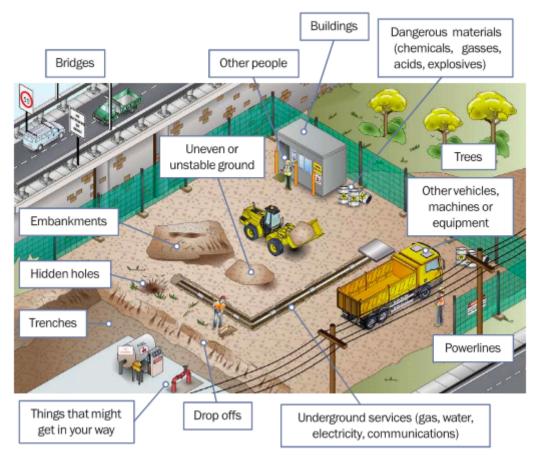
### What should you use to excavate if you think there's an underground service nearby?

Stop. Use a hand tool to expose the service lines. Dig carefully so you won't cause damage.

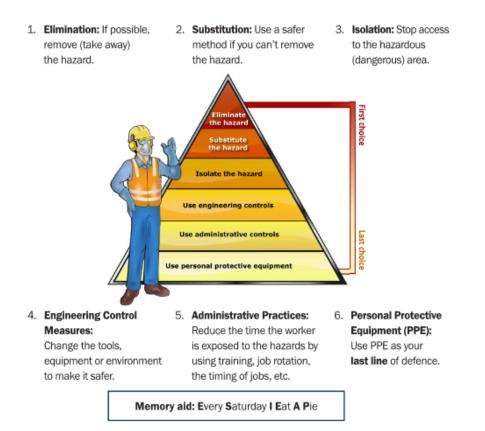




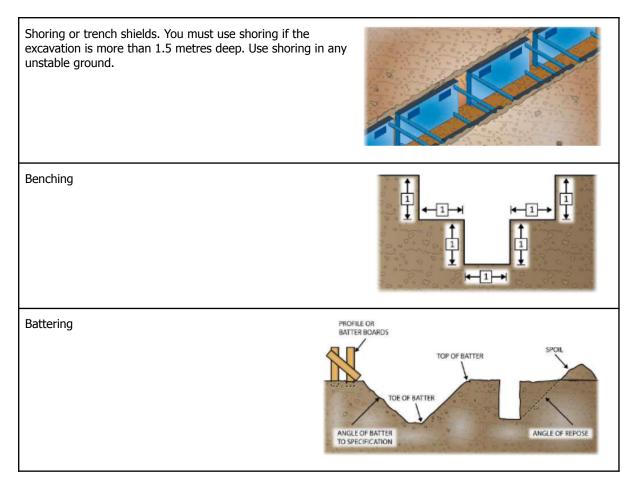
### What are some hazards you must look for before starting work?



The hierarchy of hazard control is a list of controls you can use to lower the danger from a hazard on the worksite. What are the six (6) levels in the hierarchy of hazard control from the first choice to the last choice?

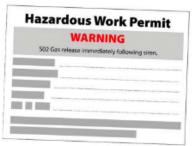


### How can you prevent a trench or excavation from caving in on you?



# You will work in a hazardous area, for example, a confined space. What type of permit might you need to get?

You may need to get a hazardous work permit.





# 2.2.1 Overhead Powerlines on Poles (National Standard)

These are usually 'Low Voltage'. This means powerlines of less than 133KV. The information below is taken from the National Standard.

Always check the distances for your state or territory, as they may be different.

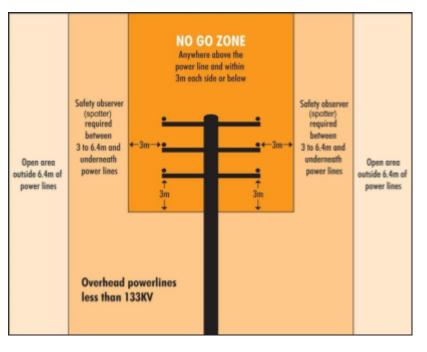
### AS2550.1 Powerline distances

Powerline distances "Look up and live!"

Always check overhead for powerlines and make sure you and any equipment or materials you are using do not come into contact with them.

The safe operating distances for working near powerlines are outlined on the following pages. A spotter is required if you are working between 3 to 6.4 metres from distribution lines on poles.

The term 'spotter' is defined as a safety observer who is a person competent for the sole task of observing and warning against unsafe approach to overhead powerlines and other electrical apparatus.



(In Victoria the spotter must be registered by Energy Safe Victoria).

# 2.2.2 Overhead Powerlines on Towers (National Standard)

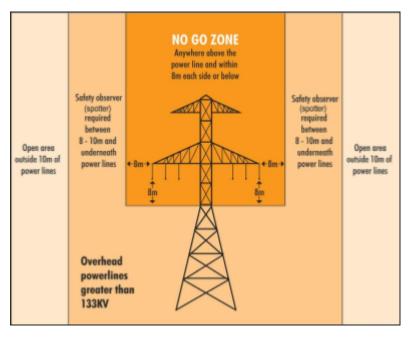
These are usually 'High Voltage'. This means powerlines of more than 133KV. The information below is taken from the National Standard.

Always check the distances for your state or territory, as they may be different.

### AS2550.1 Powerline distances

A spotter is required if you are working between 8 to 10 metres from transmission lines on towers.

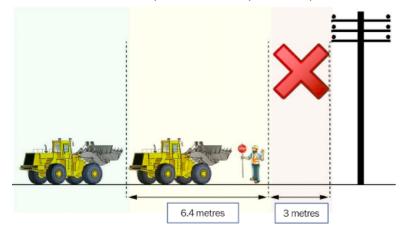
The term 'spotter' is defined as a safety observer who is a person competent for the sole task of observing and warning against unsafe approach to overhead powerlines and other electrical apparatus.



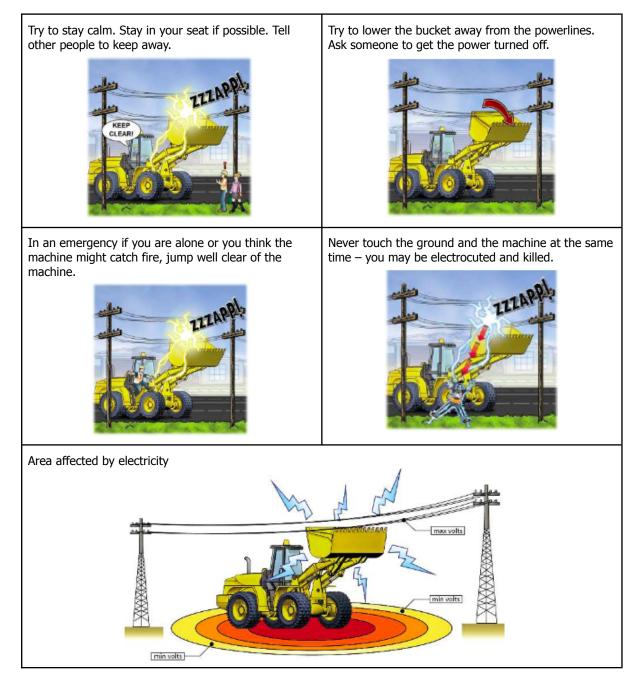
(In Victoria the spotter must be registered by Energy Safe Victoria).

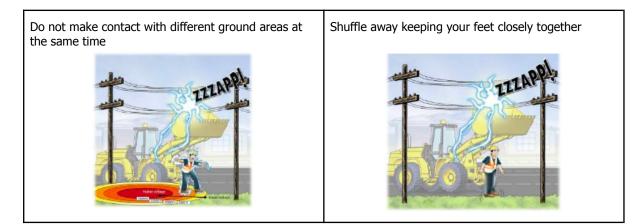
### What is the minimum safe distance from powerlines?

Check the Australian Standards or distances in your state/territory. For example:



### You are operating a front end loader and it touches live powerlines. What do you do?





### What is fatigue?

It is a physical condition that can occur when a person's physical or mental limits are reached.

The only way to overcome fatigue is uninterrupted sleep



### What are some causes of fatigue?

Inadequate or interrupted rest breaks



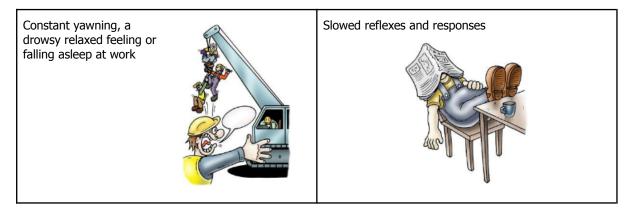
Lengthy periods of time being awake



Insufficient recovery time between shifts.

	Monday	Tuesday	Wednesday	Thursday	Friday
Start	6.00 AM	6.00 AM	4.00 AM	8.00 AM	7.00 AM
Finish	12.00 AM	12.00 PM	12.00 Noon	2.00 AM	11.00 PM
Total	18 hrs	18 hrs	8 hrs	18 hrs	16 hrs

### How can you tell someone is fatigued?





### You should never lift people in the bucket. Why is this?

The bucket is not made to lift people. There is a risk of a person being injured in the bucket. This is also illegal and you may be prosecuted.



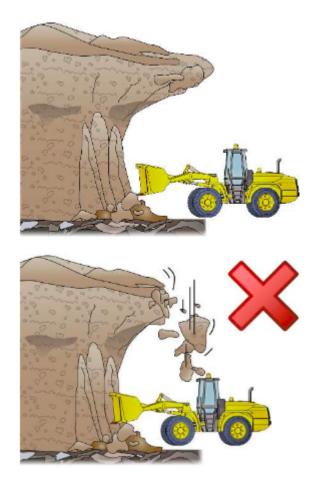
Which safety devices on a loader help protect you from being hurt or killed if it rolls over?

A roll over protective structure (ROPS) and a seat belt. Always wear the seat belt when using a loader!



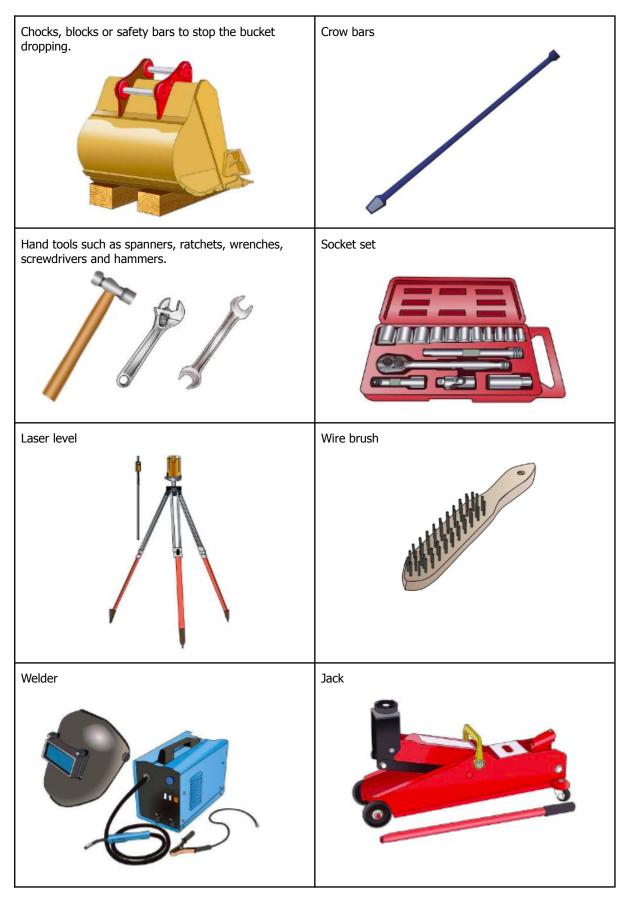
### What might happen if you undercut a stockpile, trench or bank?

It could collapse.



# **2.3 Check and Monitor Equipment**

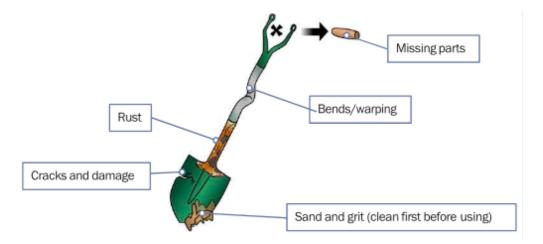
### What kinds of tools and equipment might you use when doing earthmoving work?



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### What kinds of faults do you check hand tools for?



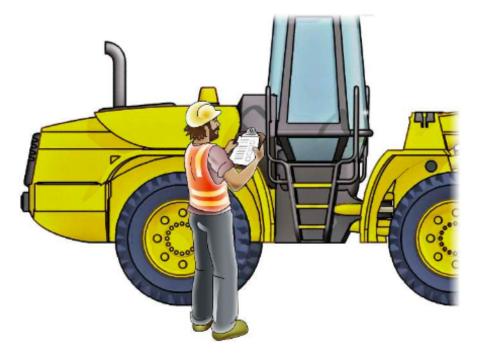
### What do you do with faulty hand tools?

If you can, arrange to have them repaired. If that is not possible, tag them as faulty, or put them in the rubbish.

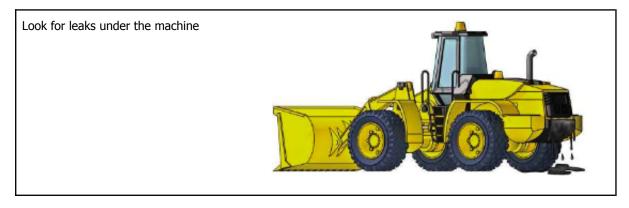


### When do you test and inspect the front end loader?

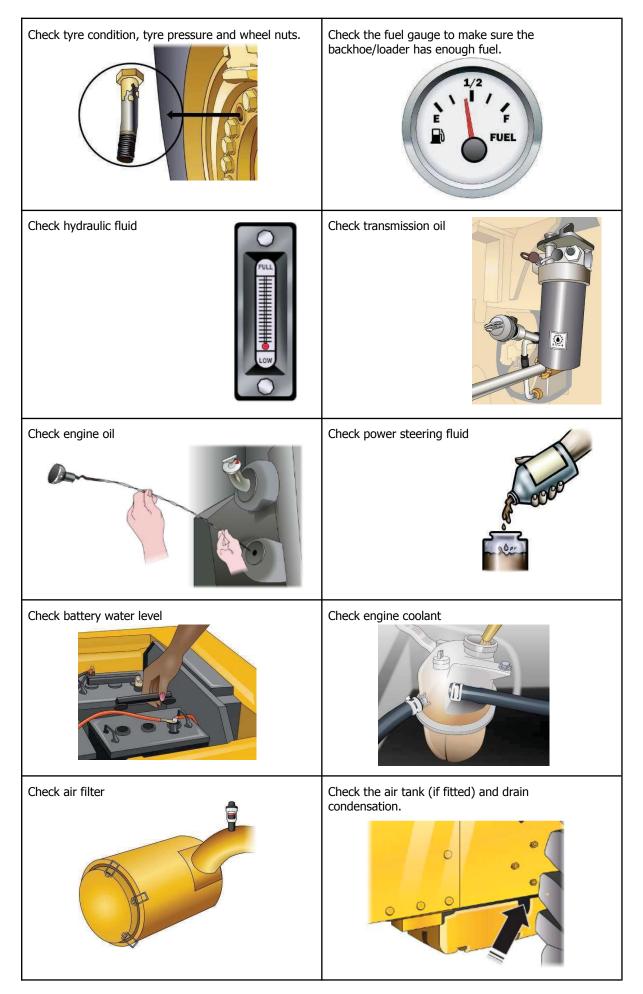
Every day. Always test and inspect before you use the loader. You do this to make sure it's safe to use.



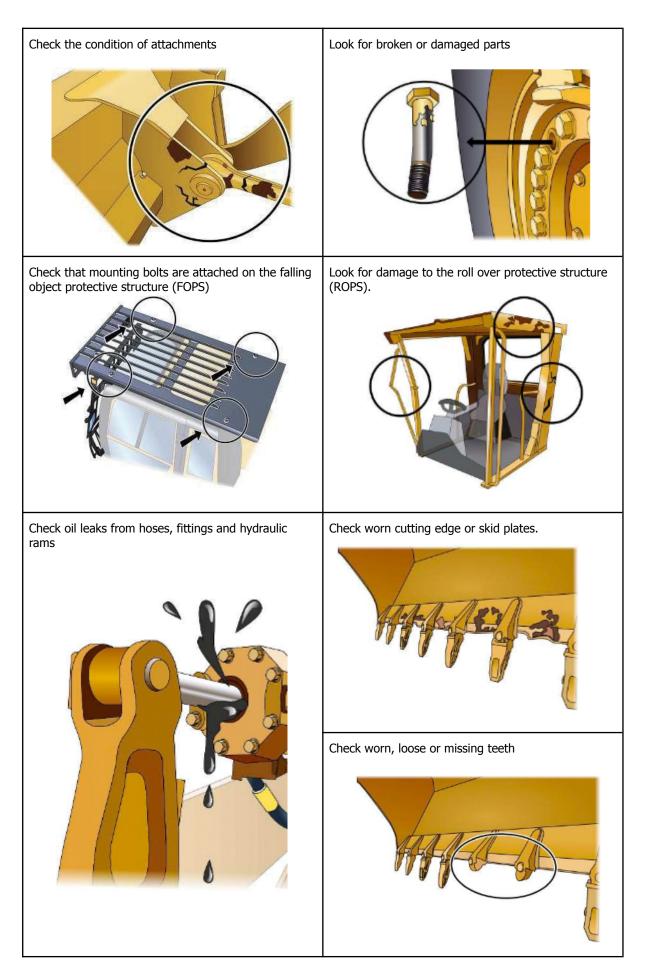
### What pre-operational checks do you do before using the loader?

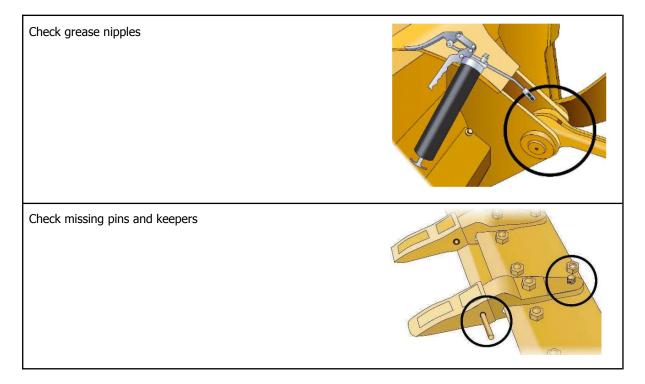


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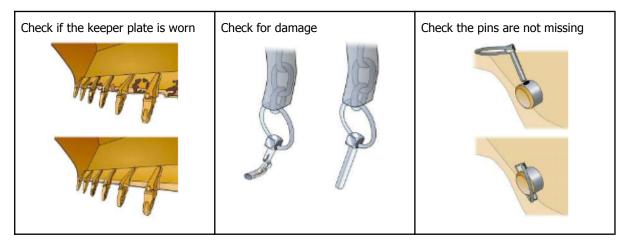


### What checks do you do to the loader's moving parts and safety features?

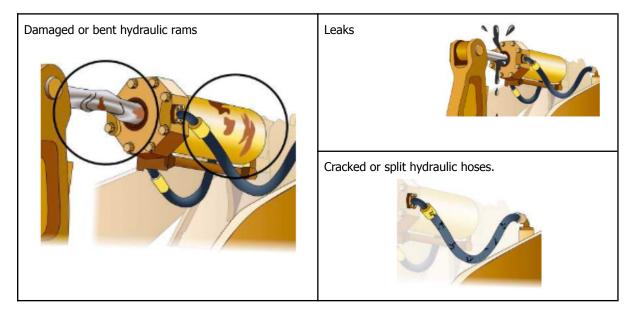




### When checking attachment pins, how do you make sure they won't fall out?

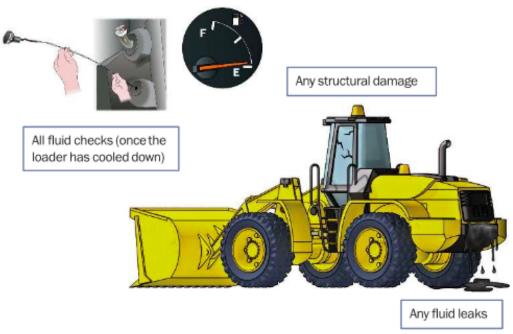


### What problems do you check the hydraulic system for?

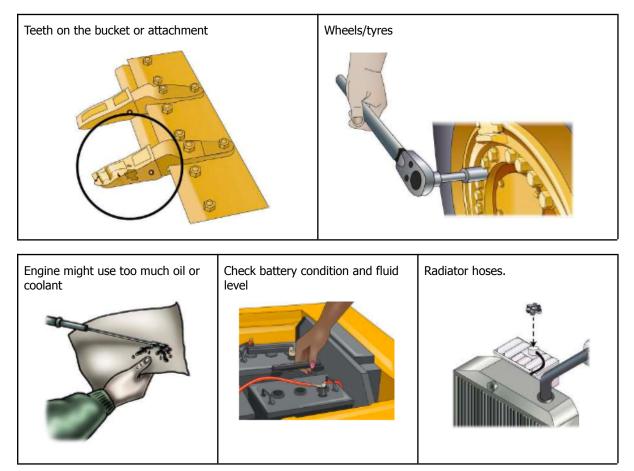


### You've finished using the front end loader. What post-operational checks do you do?

Check for:

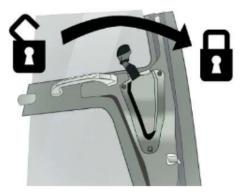


### What are some common parts that wear or get damaged on a front end loader?



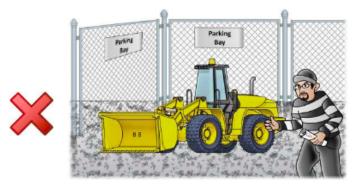
### What do you do before leaving the loader unattended?

Remove the keys and lock the doors.



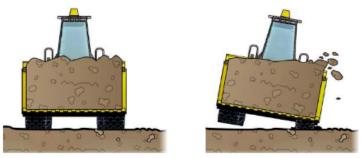
### Why should you remove the keys from the loader when leaving it parked?

To stop unauthorised people using the machine.



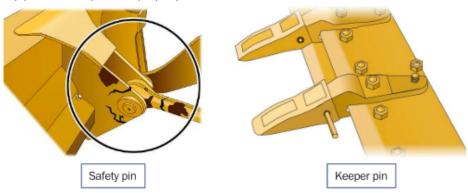
### Why do the front tyres on a front end loader need to be equal pressure?

If the front tyres are not equal pressure, the front end loader could tip over sideways and injure you or someone else.



### How do you make sure the bucket is properly attached to the loader?

Check the safety pins and keepers are properly inserted.

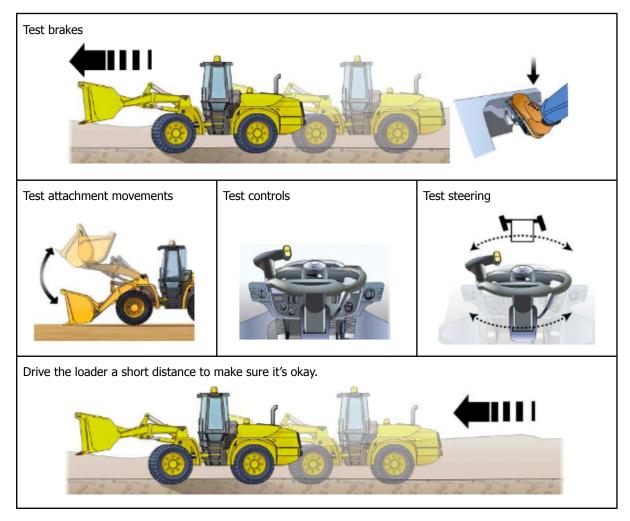


### What must you do if you find a problem with the power arms or connections?

You must:



### What kinds of tests should you do before using the loader for earthmoving?



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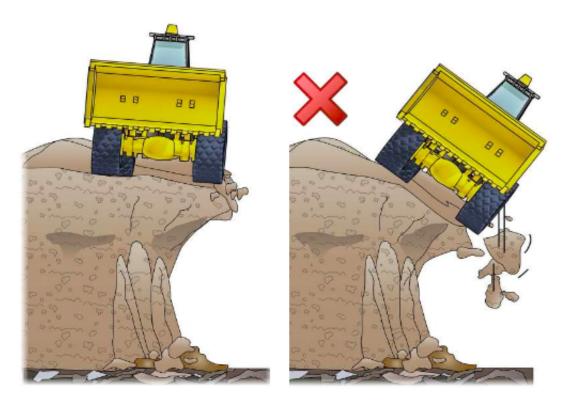
### When should you refuel your loader?

At the end of the days work as this cools the fuel in the tank quickly and reduces the amount of condensation that will be drawn into the fuel tank overnight with the fuel cooling.

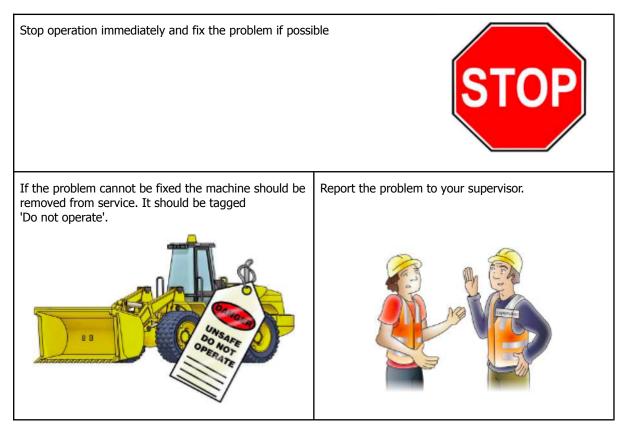


### What is the danger of driving along a trench or excavation?

The loader might tip over and fall into the trench, or the edge of the trench might cave in.



# While operating the front end loader you get a warning signal from one of the machines monitoring systems or alarms. What action do you take?



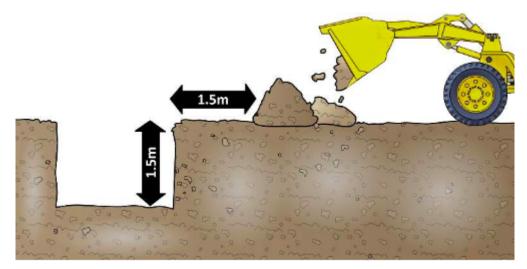
# 2.4 Operate/Use Equipment

### How do you safely fill out a stockpile?

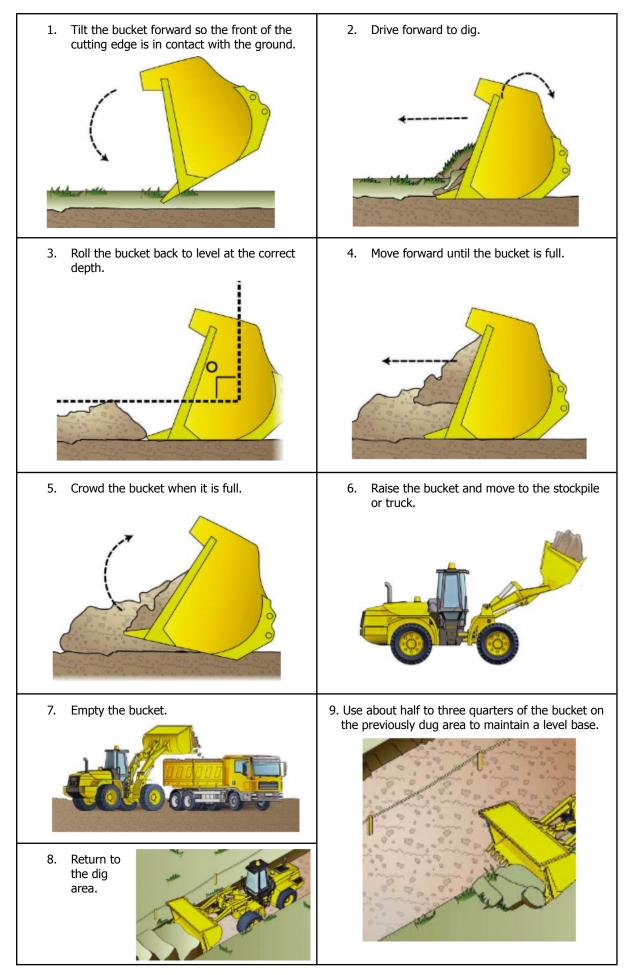
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# When dumping materials near an excavation, how far away from the excavation must you dump the load?

As a general rule of thumb, you should dump the load the same distance away as the depth of the hole. For example:

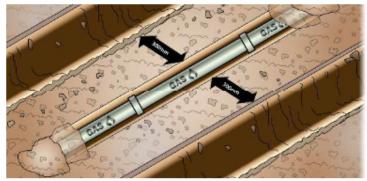


### How do you strip topsoil? Explain the steps.



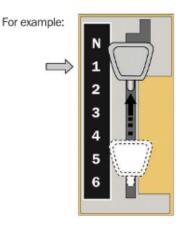
### How do you safely excavate around a water or gas pipe?

Excavate around the pipe and keep 300 mm of clearance around it. Hand dig to expose the service. Use a spotter to guide digging.



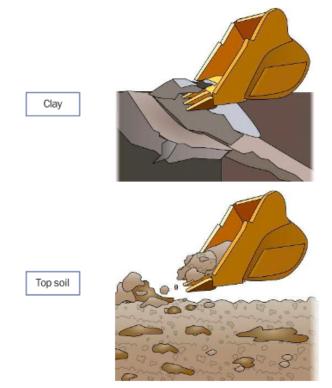
### When travelling down a steep slope, which gear do you use?

Use the lowest gear you can. Change into low gear before you drive on the slope.



### Which is harder to excavate, top soil or clay? Why is this?

Clay as it is denser and does not break up as easily as top soil.

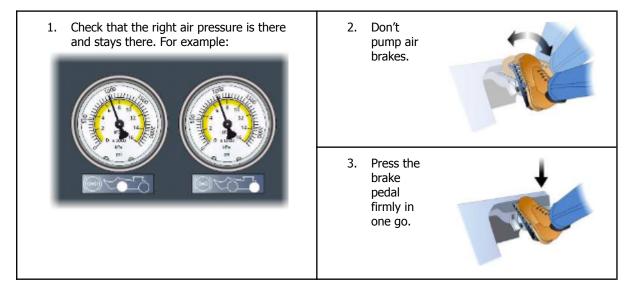


# You are filling a trench with a front end loader. In which direction should you move towards the trench?

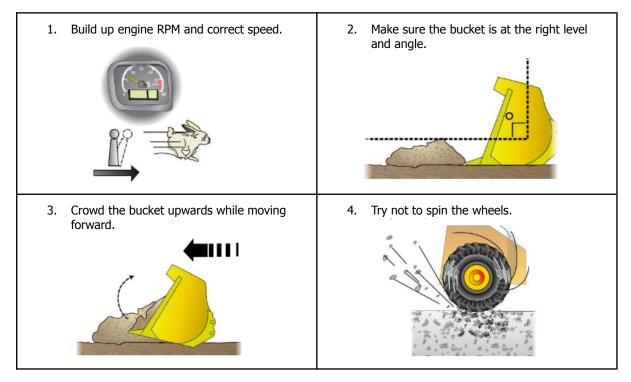
Move towards the trench at a 90 degree angle (straight). This helps keep the loader well-balanced.

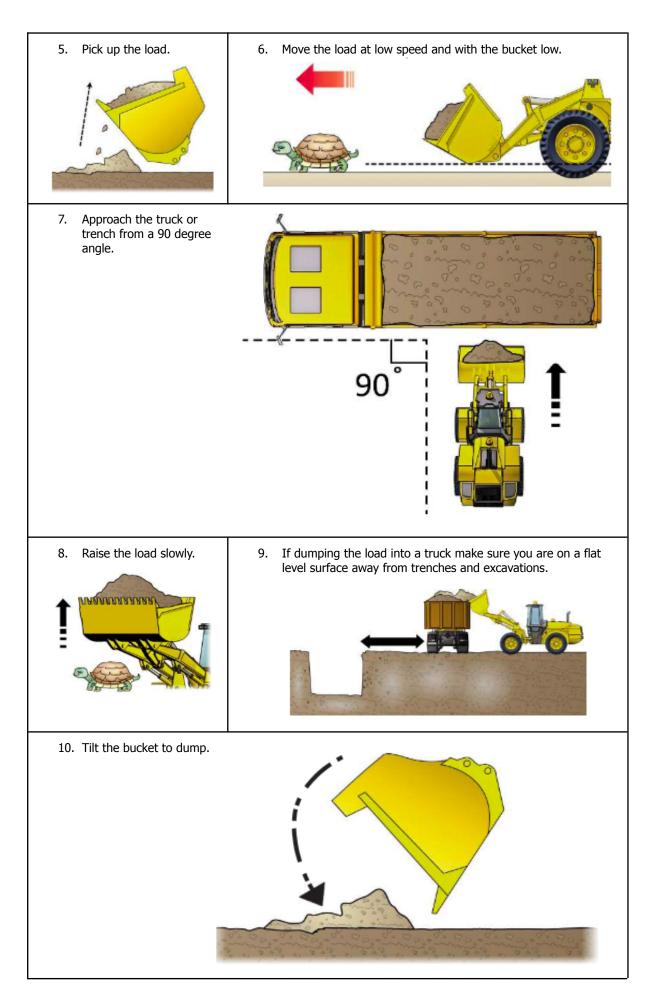


### If your front end loader uses air brakes, how do you use air brakes safely?

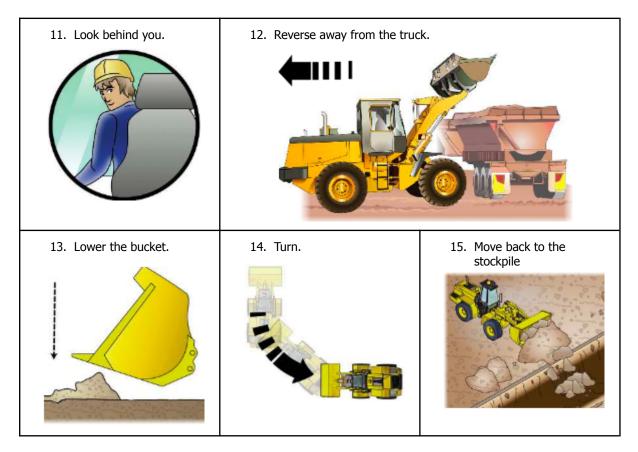


### What steps do you take to safely pick up, move, and dump materials?



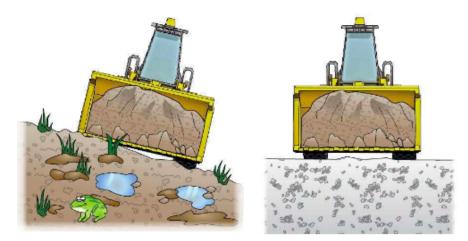


National Courses Pty Ltd

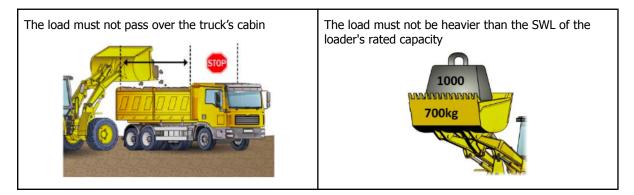


### You are driving on uneven or soft ground. Does this reduce the load capacity?

Yes, the load capacity is less when you are driving on uneven ground. You can carry more on hard, even ground because the load is more stable.



What safety precautions should you take when dumping a load into a truck?



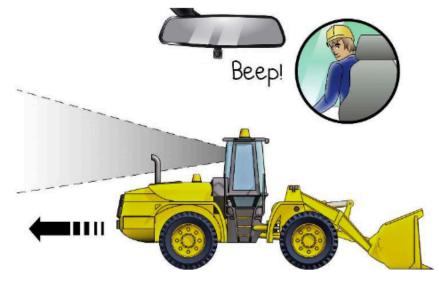


### How can you communicate and share information with your workmates?



### What do you do before starting to move a loader from a stationary position?

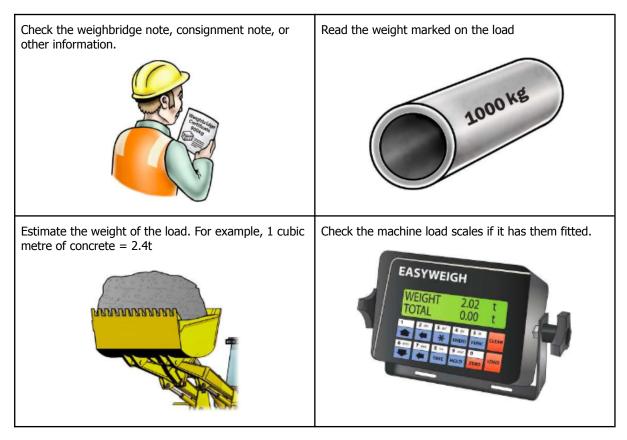
- 1. Sound the horn once.
- 2. Look behind.



### On mining sites:

- Beep/sound horn once (×1) to start the engine (wait 5 seconds)
- Beep/sound horn once (×1) to start the engine (wait 5 seconds)
- Beep/sound horn three times (×3) to reverse (wait 5 seconds).
- Do this even if you have reversing alarms. Check mirrors. Look over your shoulder and check for a clear path.

### How can you find out the weight of a load?



# 2.4.1 Table of Weight of Common Materials

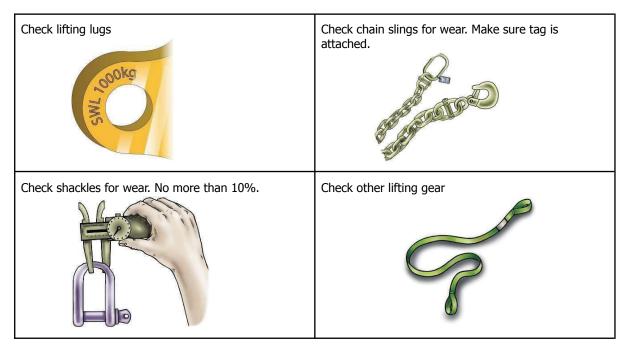
1000 kilograms = 1 tonne

Examples of the approximate weight of different materials:
1 cubic metre of water = 1 metric tonne
1 cubic metre of earth = 1.9 metric tonnes
1 cubic metre of clay = 1.9 metric tonnes
1 cubic metre of dry beach sand = $2.0$ metric tonnes
1 cubic metre of concrete = 2.4 metric tonnes
1 cubic metre of coal ash = $.08 (8/10)$ of a metric tonne
25 bags of cement (40 kg each) = 1 metric tonne
1000 common bricks = 4 metric tonnes
1 cubic metre of steel = 7.3 metric tonnes
1 cubic metre of copper = 9 metric tonnes



### What lifting equipment checks do you do?

1 cubic metre of lead = 11.4 metric tonnes



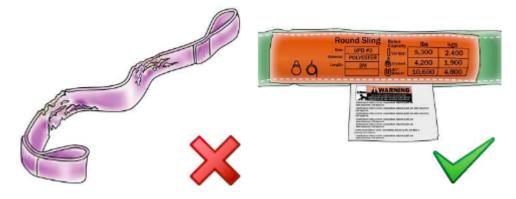
### What must a lifting sling have?

The sling must have SWL marked. The SWL tag tells you how much weight the sling can hold.



### What if the sling has no tag or it cannot be read?

Do not use it! Send it to the manufacturer for retagging or throw it away.



# 2.4.1 Chain Slings

A chain sling must have a metal tag attached, stating the chain grade and chain size. It must also show the safe working load (SWL) when using the sling in different configurations such as a straight sling or an angled sling.

### Note:

Slings with missing or unreadable load tags should not be used. Tag out and remove the sling from the work area.

# 2.4.2 Grades of Chains

There are different types (grades) of lifting chain. The grade refers to the strength rating of the chain

- High Tensile and Very High Tensile (Grade T. 80 and 100, 120) are used most often for lifting.
- Low-grade chain (Grade L = 30) is rarely used for lifting
- Low-grade chain (Grade M = 40)
- Low-grade chain (Grade P = 50)



Grade markings are either marked on every 20th link or 1 metre of chain length, whichever is shorter.

### Higher tensile, quenched and tempered chain

### Grade 80 chain

Branded: T. 8, 80, 800 or PWB, or CM and HA800 alternately. This is the common grade used for lifting purposes.

Grade 100 chain carries the mark 10 or 100, VIS200-10 or MA10

Grade 120 chain carries the mark 12 or 120 depending on the manufacturer.

		0	Grade (T) 8	BO Wor	king	Load I	imits	(ton	ies)							
Chain		Single leg sling	s Slings of 2, 3, or 4 legs								Endless slings					
525	O	5	Å	Str	alght s	ling	Re	A eved sl	S	Ba		ing	6			
Diameter	Straight sling	Adjustable sling	Reeved	60°	90°	120°	60°	90°	120°	60°	90°	120°	Reeved sling			
6	1.2	0.95	0.95	1.9	1.6	1.1	1.6	1.3	0.95	1.6	1.3	0.95	1.9			
7	1.6	1.2	1.2	2.6	2.1	1.5	2.0	1.7	1.2	2.0	1.7	1.2	2.4			
8	2.0	1.5	1.5	3.5	2.8	2.0	2.6	2.1	1.5	2.6	2.1	1.5	3.0			
10	3.2	2.4	2.4	5.5	4,5	3.2	4.1	3.4	2.4	4.1	3.4	2.4	4.8			
13	5.4	4.0	4.0	9.4	7.6	5.4	7.0	5.7	4.0	7.0	5.7	4.0	8.1			
16	8.2	6.1	6.1	14.2	11.6	8.2	10.6	8.7	6.1	10.6	8.7	6.1	12.3			
20	12.8	9.6	9.6	22.2	18.1	12.8	16.6	13.6	9.6	16.6	13.6	9.6	19.2			
22	16.0	12.0	12.0	27.8	22.7	16.0	20.8	17.0	12.0	20.8	17.0	12.0	24.1			
26	20.6	15.5	15.5	35.8	29.2	20.6	26.8	21.9	15.5	26.8	21.9	15.5	31.0			
32	32.8	24.6	24.6	56.8	46.3	32.8	42.6	32.7	24.6	42.6	34.7	24.6	49.2			
Lasimum Caf	- Working Loo	de in tonnes of	IMPORTANT	INCTOL	OTIONE	ON THE	IIEE	ACIDIC	CONDITI	ONE						

um Safe Working Loads in tonnes of 1000 kg under general conditions of use.

. DO NOT EXCEED SAFE WORKING LOAD

- DO NOT EXCEED 120°
- . SWL at 60° must never be exceeded, even at smaller angles

### MPORTANT INSTRUCTIONS ON THE USE OF ALLOY GRADE T(80) CHAIN SLINGS

SAFETY WARNING OF HAZARDOUS CONDITIONS Extreme care should be taken when using the Grade T(80) Chain Slings in close proximity of high temperature. It is therefore recommended that the user make ample provisions for reduced Safe Working Loads.

### TEMPERATURE CONTROL

-30 \*C to 200 \*C No reduction in SWL 200°C up to 300°C Reduce SWL by 10% 300°C up to 400°C Reduce SWL by 25% Do not use above 400°C

ACIDIC CONDITIONS Alloy Grade T(80) slings should not be used in acidic solutions nor in any other corrosive environment.

### GALVANISING

Alloy chains and fittings should not be hot-dip galvanised nor electro-plated as the Safe Working Load is reduced by 20% after galvanising.

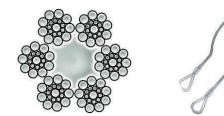
			Grad	le (T) 100	Worki	ng Lo	ad Lir	nits (f	tonne	s)						
Chain	Grade	S	ingle leg sling		Slings of 2, 3, or 4 legs							Endless slings				
<b>A</b> Dali		Conservation	J	$\overset{\text{l}}{\triangleright}$	Di	rect Lo	ad	Re	eved SI	) ing	Endle Sling Baske	ss et Hitcl	Å	Reeved		
Diameter	Grade	Straight Sling	Adjustable Sling	Choke Hitch	60°	90°	120°	60°	90°	120°	60°	90°	120°	Sling		
4	100	0.63	0.63	0.47	1.09	0.89	0.63	0.82	0.66	0.47	0.82	0.66	0.47	0.94		
6	100	1.5	1.5	1.1	2.6	2.1	1.5	1.95	1.6	11	1.95	1.6	1.1	2.2		
8	100	2.5	2.5	1.9	4.25	3.55	2.5	3.15	2.65	1.9	3.15	2.65	1.9	3.75		
10	100	4.0	4.0	3.0	6.70	5.6	4.0	5.0	4.0	3.0	5.0	4.0	3.0	6.0		
13	100	6.7	6.7	5.0	11.2	9.5	6.7	8.5	7.1	3.0	8.5	7.1	5.0	10.0		
16	100	10.0	10.0	7.5	17.0	14.0	10.0	13.2	10.6	7.5	13.2	10.6	7.5	15.0		
19	100	12.5	12.2	9.5	22.4	18.0	12.5	16.0	13.2	9.5	16.0	13.25	9.5	19.0		
20	100	16.0	16.0	12.0	27.7	22.5	16.0	20.8	16.9	12.0	20.8	16.9	12.0	24.0		
22	100	19.0	19.0	14.0	33.5	26.5	19.0	25.0	20.0	14.0	25.0	20.0	14.0	28.0		
28	100	31.5	31.5	23.6	54.5	44.4	31.5	41.0	33.4	23.6	41.0	33.4	23.6	47.2		

## 2.4.3 Flexible Steel Wire Rope (FSWR) Slings

For FSWR to be used as a sling it should have a minimum construction of 6 strands with 19 wires in each strand (6×19 or 6/19).

6mm

- 6 mm is the smallest diameter FSWR you can use
- 6 mm is not commonly made and 8 mm is used •



It could also have these parts:

# Swaged fitting Swaged fittings are machine pressed to form a soft eye in a FSWR. A thimble can be inserted to make a hard eye in the FSWR.

# 2.4.4 Flexible Steel Wire Rope (FSWR) Slings Table

	Manufactured to AS1666								Safety Factor 5:1											
								Wi	re rope	slings										
		Direct	Che	oke hitch				Baske	t hitch				Dire	t loade:	d		Choke	hitch		
Method o	floading	load	Round	Rectangular load		Round	load		Othe	r than r	ound loa	ad		ଲ		Round load		Other than round load		
Ro	pe	0 9	9	8	\$ 8		5		8 6		ı			2		Single Wrap	Double Wrap	Single Wrap	Double Wrap	
Nominal diameter mm	Minimum breaking force kN	8	6	$\bigtriangleup$	6					l		)			2	$\bigwedge$	~	Å	1	
Include	d angle	-	-	-	0*	60*	90°	120*	0*	60*	90*	120*	0°to 60°	90*	120°	0°to 45°	0°to 60°	0°to 45°	0*to 60*	
							S	afe wo	rking load	ds in to	nnes									
			Sa	fe working lo	ads unde	r gene	ral use	with 3	1570 gra	de wire	and fi	bre co	re with fe	rule-se	ocured	eyes				
8	28.2	0.55	0.41	0.27	1.09	0.94	0.77	0.55	0.55	0.48	0.39	0.27	0.94	0.77	0.55	0.	71	0.	48	
9	35.6	0.69	0.52	0.34	1.38	1.19	0.97	0.69	0.69	0.60	0.49	0.34	1.19	0.97	0.69	0.5	90	0.	60	
10	44.0	0.85	0.64	0.43	1.70	1.47	1.20	0.85	0.85	0.74	0.61	0.43	1.47	1.20	0.85	1.	11	0.	74	
11	53.2	1.03	0.77	0.52	2.1	1.78	1.45	1.03	1.03	0.90	0.73	0.52	1.78	1.45	1.03	1.	34	0.	90	
12	63.3	1.23	0.92	0.61	2.5	21	1.73	1.23	1.23	1.07	0.87	0.61	2.1	1.73	1.23	1	59	1	07	
13	74.3	1.44	1.08	0.72	2.9	2.5	2.0	1.44	1.44	1.25	1.02	0.72	2.5	2.0	1.44	1	87	1	25	
14	86.2	1.67	1.25	0.83	3.3	2.9	2.4	1.67	1.67	1.45	1.19	0.83	2.9	2.4	1.67	2	2	1	45	
16	113	2.2	1.64	1.09	4.4	3.8	3.1	2.2	2.2	1.90	1.55	1.09	3.8	3.1	2.2	2	8	1	90	
18	143	2.8	2.1	1.38	5.5	4.8	3.9	2.8	2.8	2.4	1.97	1.38	4.8	3.9	2.8	3	.6	2	.4	
20	176	3.4	2.6	1.70	6.8	5.9	4.8	3.4	3.4	3.0	2.4	1.70	5.9	4.8	3.4	4	.4	3	0	
22	213	4.1	3.1	2.1	8.3	7.1	5.8	4.1	4.1	3.6	2.9	2.1	7.1	5.8	4.1	5	.4	3	.6	
24	253	4.9	3.7	2.5	9.8	8.5	6.9	4.9	4.9	4.3	3.5	2.5	8.5	6.9	4.9	6	.4	4	.3	
26	297	5.8	4.3	2.9	11.5	10.0	8.1	5.8	5.8	5.0	4.1	2.9	10.0	8.1	5.8	7.	.5	5	0	
28	345	6.7	5.0	3.3	13.4	11.6	9.4	6.7	6.7	5.8	4.7	3.3	11.6	9.4	6.7	8	.7	5	.8	
32	450	8.7	6.5	4.4	17.4	15.1	12.3	8.7	8.7	7.6	6.2	4.4	15.1	12.3	8.7	11	1.3	7	6	

# 2.4.5 Webbing Slings

There are a number of types of webbing slings used in lifting.

### **Terminal attachment**

This type of sling has a triangle fitting on each end. These slings are used invertical and basket hitches. Some have a choker fitting on either end for choker hitches.

### **Endless slings**

Endless slings are very versatile. They can be used in all three types of hitches. When used in a choker or basket hitch the legs can be spread for improved load control and balance.

### Flat eye sling

Flat eye slings can be used in vertical, choker, and basket hitches.

### Reversed eye sling

Reversed eye slings have eyes that are twisted 90 degrees to form a better choker hitch. This type of sling also sits better in the crane hook.



### Wide load sling

A wide load sling is an endless sling that has been joined together down its length. The eyes can be flat or reversed.

### DO NOT

use nylon slings when working with acids as they can damage the sling.



### DO NOT

use polyester slings when working with alkaline like caustic soda as they can damage the sling.







# 2.4.5 Synthetic webbing slings — working load limits (WLL)

There are two ways to find out the working load limit (WLL) for synthetic webbing slings:

1. Colour coding to Australian standards.

FLAT	WEBBING SLING	S MANUFACTU	RED TO AS 135	ROUND SLINGS MANUFACTURED TO AS4497 SAFETY FACTOR 7:1							
				Flat Web	bing & Rou	nd Slings					
-	ings & Round Safety Factor		8	U					R	8	
	g Mode pacity	Vertical SWL	Choke SWL	Basket SWL	30° SWL	60° SWL	90° SWL	120° SWL	60° SWL	60° Choke SWI	
Kg	Colour Code	Kg	Kg	Kg	Kg	Kg	Kg	Kg	Kg	Kg	
1000	Violet	1000	800	2000	1900	1700	1400	1000	1700	1400	
2000	Green	2000	1600	4000	3800	3400	2800	2000	3400	2800	
3000	Yellow	3000	2400	6000	5700	5100	4200	3000	5100	4200	
4000	Grey	4000	3200	8000	7600	6800	5600	4000	6800	5600	
5000	Red	5000	4000	10000	9500	8500	7000	5000	8500	7000	
6000	Brown	6000	4800	12000	11400	10200	8400	6000	10200	8400	
8000	Blue	8000	6400	16000	15200	13600	11200	8000	13600	11200	
10000	Orange	10000	8000	20000	19000	17000	14000	10000	17000	14000	

2. The label or tag attached to the sling.



2.4.6	Load	Factors

Methods of a	tachment		Methods of attachment					
Type of attachment	Load shape	Load factor	Type of attachment	Load shape	Load factor			
Basket		= 2 NB: a single sling with vertical legs doubles the load factor on a round load.	Single sling		= 1 NB: the load factor is one.			
Basket	Q Q	= 1 NB: the corners of the load creates a nip point which reduces the capacity of the sling by 50%. Thus 50% of a load which	Reeve/choke		= 0.5 <i>NB: the lifting</i> <i>capacity</i> <i>of the</i> <i>sling is</i> <i>reduced</i> <i>by 50%.</i>			
		or a load which originally had a load factor of 2 (see round load above) is now reduced to a load factor of 1	Reeve/choke	Å	= 0.75 <i>NB: the lifting</i> <i>capacity</i> <i>of the</i> <i>sling is</i> <i>reduced</i> <i>by 25%</i>			

# 2.4.7 Angle Factors When Using A Sling

Tension increases in each sling leg as the angle between the legs increase. For example: two 6 mm grade T chain slings lifting together in a straight lift  $0^{\circ}$  angle between the slings can lift 2.2 tonnes, if the angle between the slings is  $90^{\circ}$  then the lift capacity of the two slings together is equal to the capacity of 1.41 slings or 1.6 tonnes.

#### For general work

90 degrees is the recommended maximum angle between two legs of a sling for general work. The table on the right shows an example.



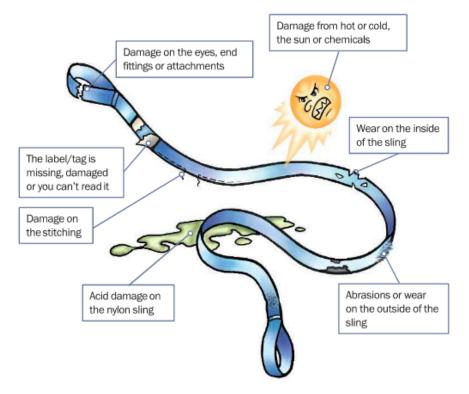
## 2.4.8 Dry Natural Fibre Rope

You can use dry natural fibre rope to control a load near powerlines. A fibre rope used as a tagline should be at least 16 mm in diameter.



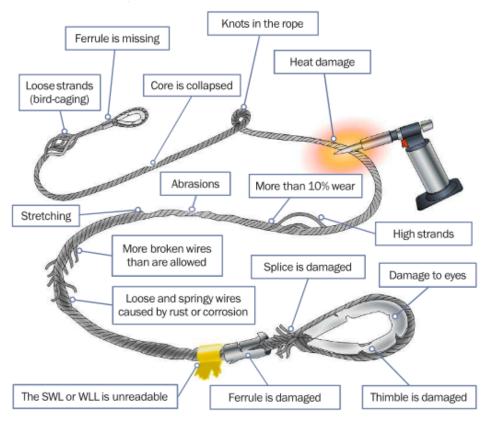
#### What are some defects (problems) that stop you using a synthetic sling for lifting?

Do not use the sling if you can see:



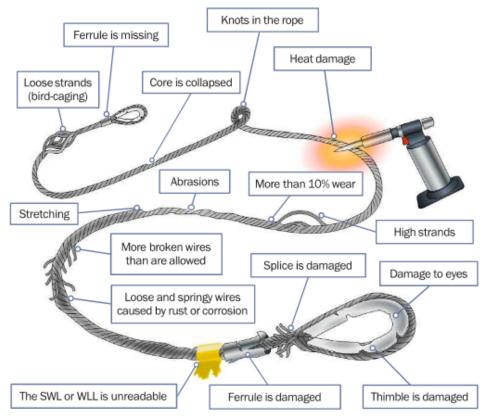
#### What are some problems that stop you using a flexible steel wire rope (FSWR) for lifting?

Do not use the FSWR if you can see:



#### What are some problems that stop you using a lifting chain for lifting?

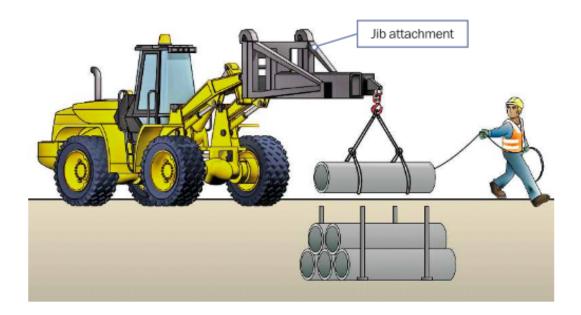
Do not use the FSWR if you can see:



# Not all front end loaders can be used to sling a load. You want to use the front end loader for slinging a load. What must the loader have?

The front end loader must have a lifting lug with a safe working load or be fitted with a jib attachment.





#### What could happen if you attach slings to the bucket's teeth?

This is very dangerous!

- The sling can slip off the teeth
- The teeth can come off
- The load can fall and injure or kill someone.



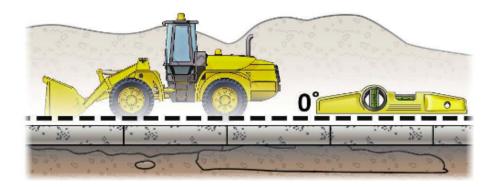
#### What could happen if you use the loader on uneven or sloping ground?

The loader might overturn and injure you or a workmate. You should use the loader on an even surface.



### When travelling with a load, what kind of ground is the safest to travel on?

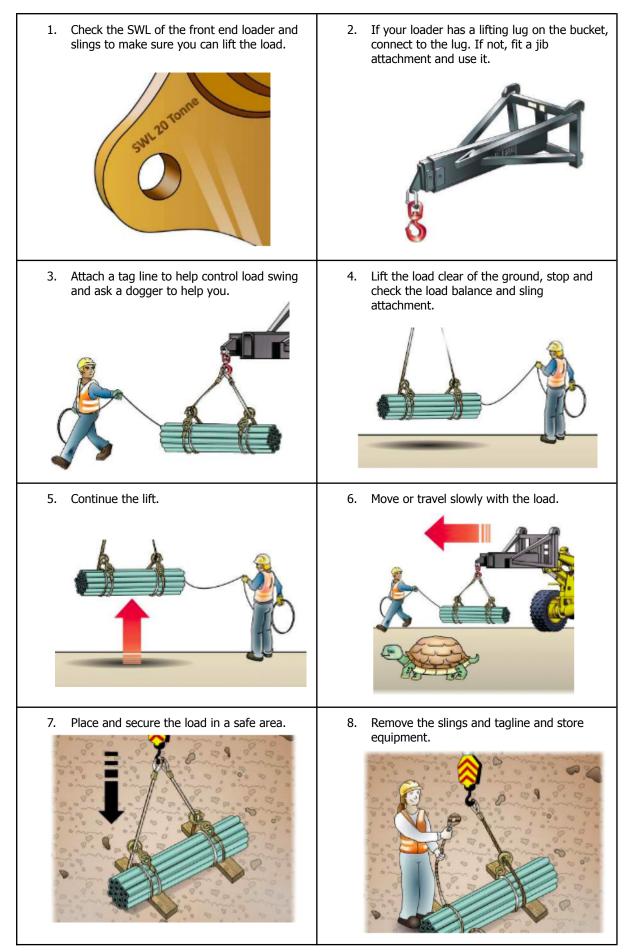
Firm, level ground because it gives the best stability.



### What should you plan for before using the front end loader for lifting?

1. Your path of travel.	2. Ground condition.
3. How you will control other traffic and people on the site.	4. Check lifting lug.
5. Check lifting gear.	6. Check for overhead services.

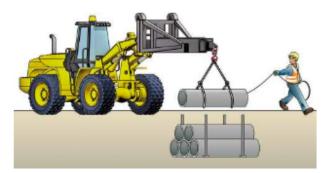
### You will lift and move a load of pipes. What steps do you take?



#### What are some things you should think about before placing a load on the ground?

Make sure:

- it will stay where you place it
- it will not cause hazard
- the ground is firm and level
- place the load so the lifting slings can be easily removed.

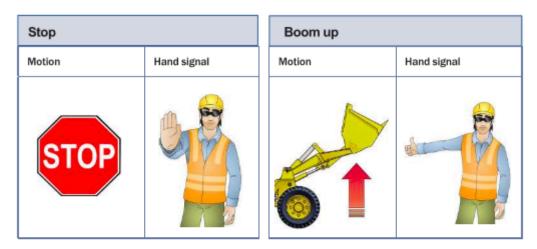


# One of your workmates is in a trench over 1.5 metres deep. How do you lower pipes safely into the trench?

Put in shoring. Never lower or pass the load directly over someone.



### Some of the standard hand signals are shown here. What does each of these signals mean?



Boom down		Travel and traverse	
Motion	Hand signal	Motion	Hand signal
		Indicate the direction you want the machine to go	

## Some of the standard hand signals are shown here. What does each of these signals mean?

Use a two-way radio or whistle signals.



# 2.5 Shut Down and Store Equipment

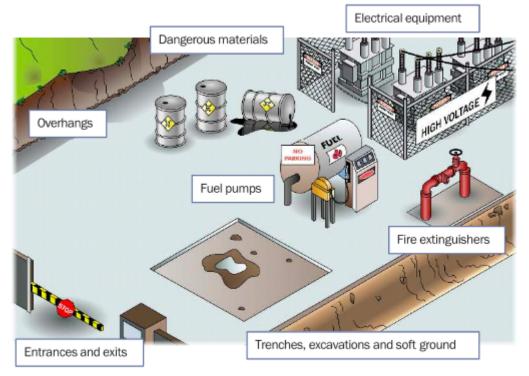
### What do you do with the bucket before parking the loader?

Lower the bucket and make sure the cutting edge is touching the ground. If the cutting edge is too high, it might injure someone if they walk into it.



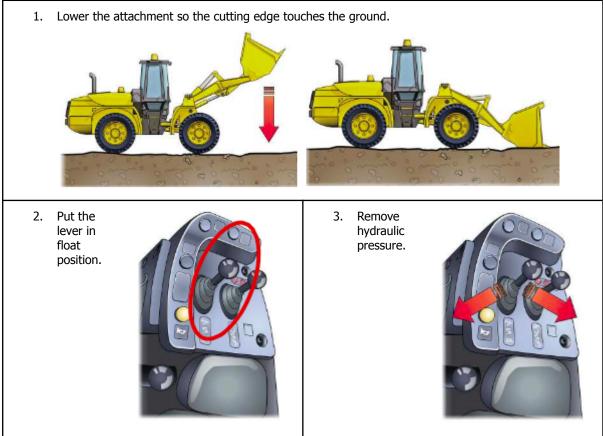
#### Where would you not park a front end loader?

Always park in a safe place on firm, level ground. Do not park near:

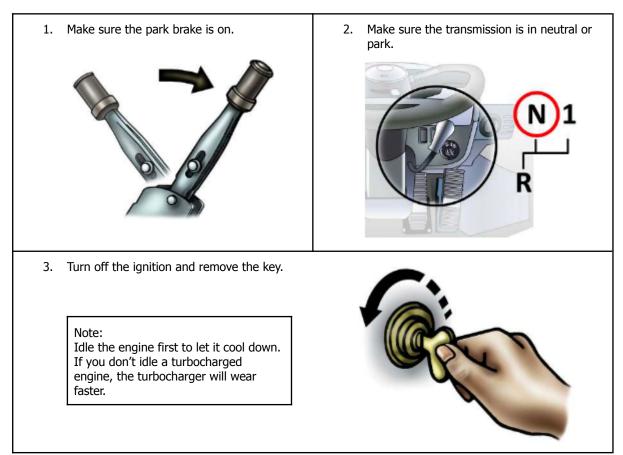


#### What do you do with hydraulic attachments before shutting down the loader?

#### Follow these steps:

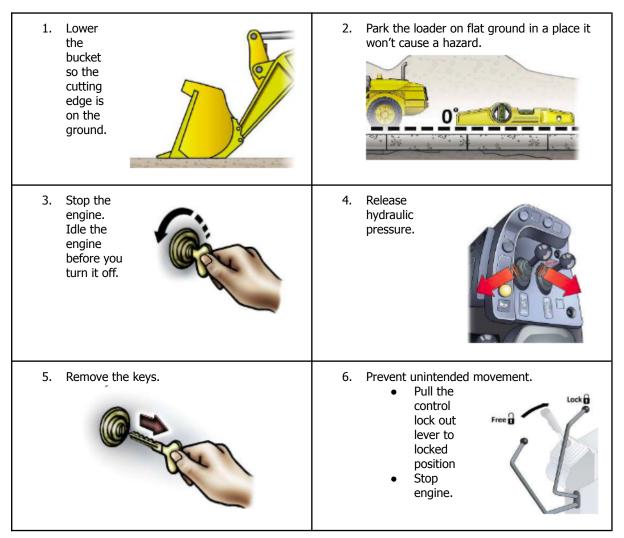


#### How do you shut down the loader?



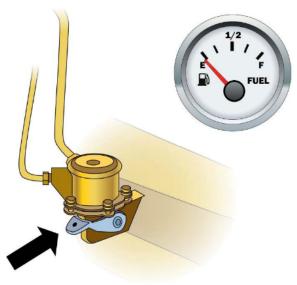
# 2.6 Maintain Equipment

What steps do you take when preparing the loader for maintenance?



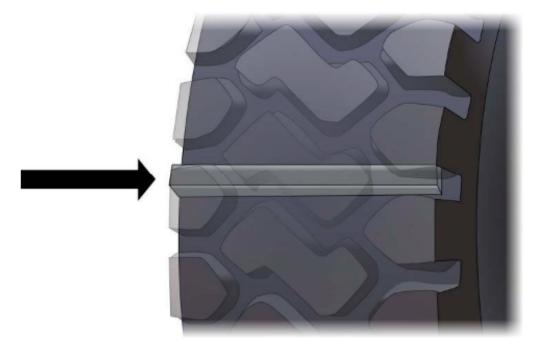
# You are using the loader and it runs out of fuel. You fill the tank again but it still won't start. Why is this?

Air might have entered the fuel system. You may need to bleed the fuel system.

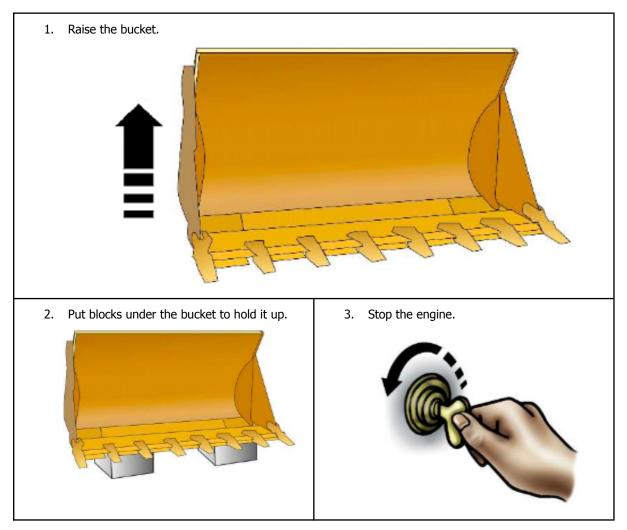


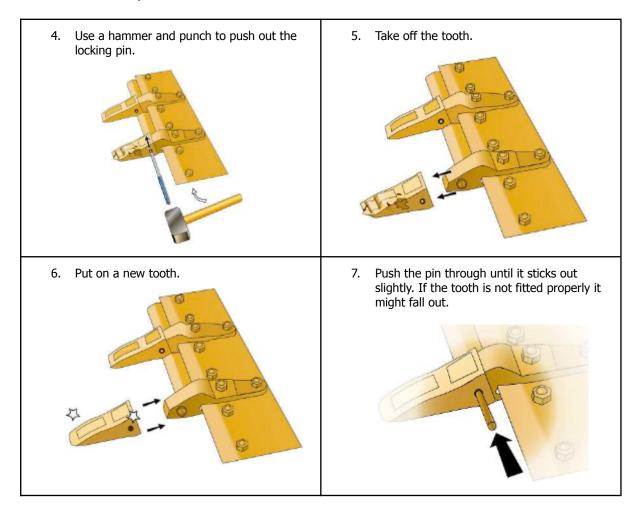
### How do you know if the tyres are too worn?

Check and see if they are down to the wear bar. Look for bulges and cracks.



### What steps do you take to replace damaged or worn bucket teeth?

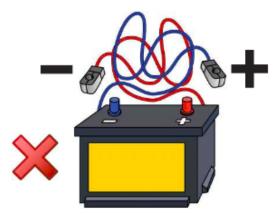




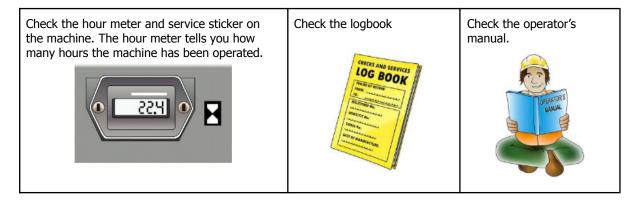
#### What should you be careful of when replacing the battery?

Do not get the cables around the wrong way when you connect to the terminals.

If you connect the positive (+) cable to the negative (-) terminal and vice versa, you will damage the alternator.

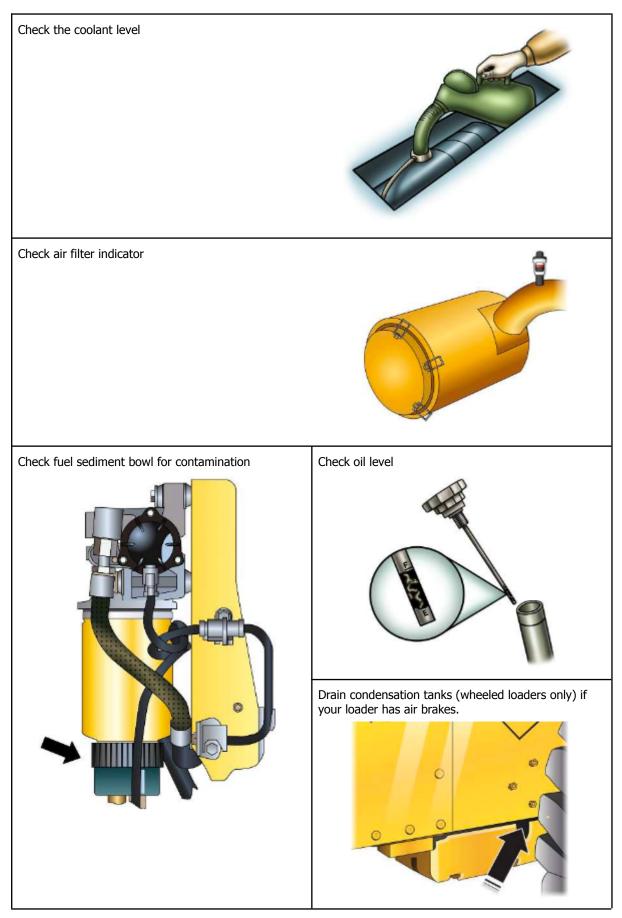


#### How do you know when and what to service on the loader?



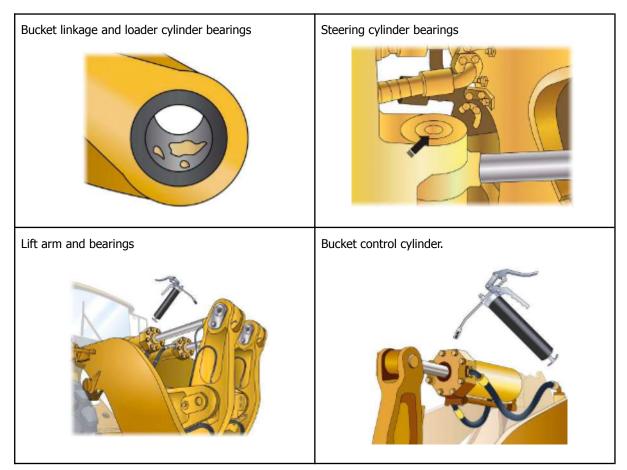
#### What are some examples of maintenance you would do every 10 service hours?

Check your manual. Some examples may include:

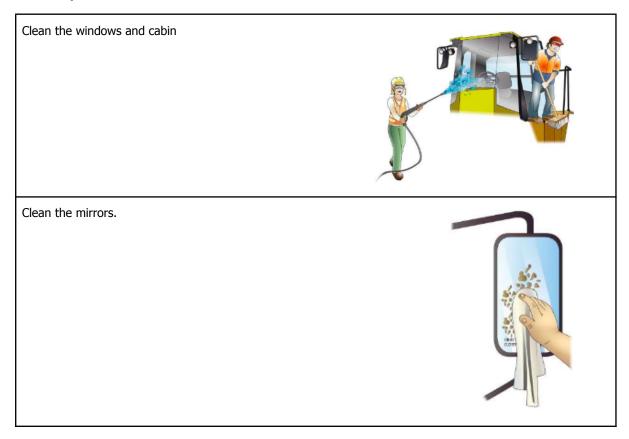


#### When should you lubricate/ grease the necessary parts on your loader?

You should lubricate/grease the following parts daily or as recommended in your operator's manual.

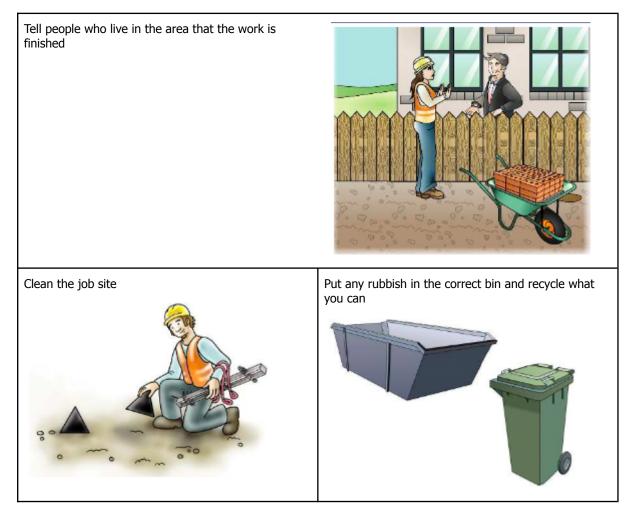


#### What do you have to clean on the front end loader?



# 2.7 Housekeeping

### After you've finished the job, what should you do?



### What instructions do you follow when cleaning up?

The environmental management plan and site procedures.





#### What is the danger of leaving earth and rocks around the work site?

Someone might trip on a rock and be injured. Rocks left on the road can damage cars.



#### What do you do with other equipment and tools you've used?

Clean tools and equipment, and put them back in their place.



#### What must you do with waste oil and grease when performing maintenance?

Follow the site environmental plan for the safe disposal of waste oil, grease etc.



# During housekeeping activities quantities of hazardous and non- hazardous materials may be recycled or disposed of. How do you keep track of what has been done?

By completing any required documentation. This may include hazardous/dangerous waste disposal forms, general waste disposal forms or entering information onto a records keeping system.



# 2.8 Record Keeping

#### Where do you record faults?

Record faults in the daily checklist book and report the fault to your supervisor.



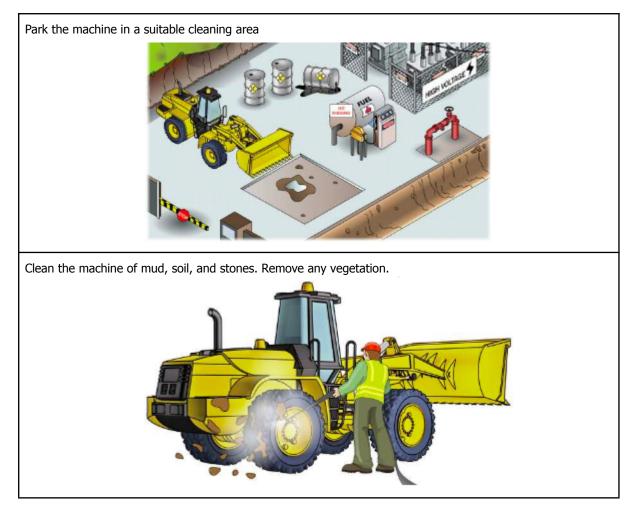
# Where do you record maintenance done by the operator such as refuelling, lubrication or small authorised repairs?

Write any maintenance or minor repairs in the machine logbook.



# 2.9 Relocate Equipment

### How do you prepare a wheeled machine for travel on a public road?

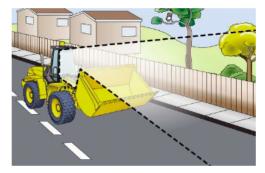


### What should you do with the bucket before driving on a public road?

Make sure the bucket is rolled back and high enough above the road.

Don't raise the bucket too high otherwise you might not be able to see the road.

If the loader has rippers installed, put them in the highest position so they are not a hazard.



# You need to drive the loader on a public road. The loader has very large tyres. What do you need to do?

Reduce speed to prevent bouncing. You may need to let some air out of the front tyres.

If the tyre pressure is high, the loader might bounce and be harder to control.



#### Do you need a permit to drive a front end loader on a public road?

You might if the loader is too heavy, too long or too wide. Check with your local transport authority (for example, VicRoads or the RTA).

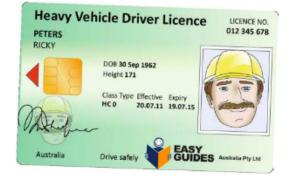


# What kind of licence do you need to drive a front end loader weighing over 4.5 tonnes on a public road?

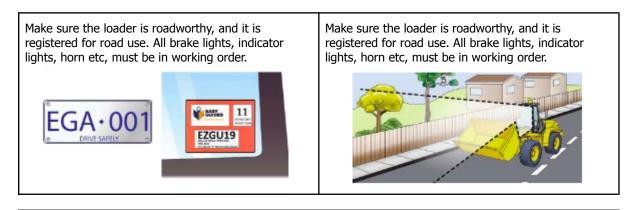
In most states/territories you will need a heavy vehicle licence.

For example, a light rigid (LR) licence for 4.5–8 tonnes (8.5 in some states).

Check the rules for your state/territory.



#### Before you drive on a public road, what checks do youmake on the loader?

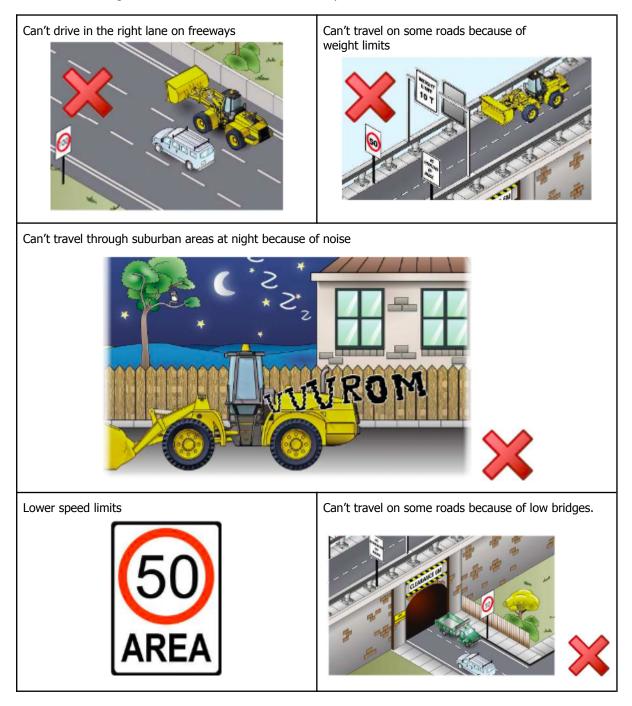


#### Note:

If the loader is not registered you may be able to get an unregistered vehicle permit (check with your relevant state/territory authority).

#### Do you have to follow the same traffic rules as other vehicles on publicroads?

Yes. Sometimes larger vehicles have stricter rules. For example:



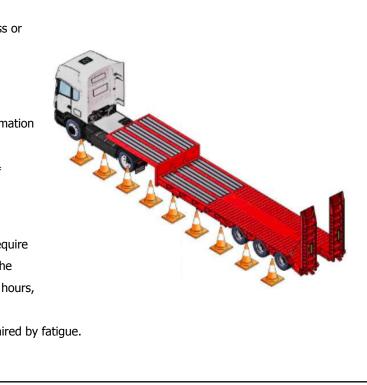
# 2.9.1 Loading and Unloading from Float/Trailer

As the operator of a front end load loader there may be times when you need to assist in loading or unloading the front end loader from a float or trailer. To perform this activity safely you should have completed, or be assisted in the loading/unloading by a person who has completed suitable training in loading and unloading plant. For example unit RIIHAN308F Load and Unload Plant or an equivalent unit would be suitable.

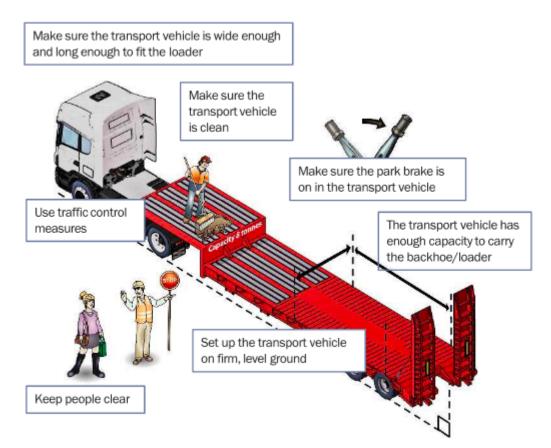
Anyone who loads or unloads a heavy vehicle is responsible for playing their part in the Chain of Responsibility which falls under Heavy Vehicle National Law. As a loader/unloader you have an influence over where and how goods are loaded and therefore have an ongoing responsibility to prevent breaches.

#### The key responsibilities of a loader/unloader may include ensuring that:

- Loads do not exceed vehicle mass or dimension limits\*
- Goods carried are appropriately secured\*
- You provide reliable weight information to drivers\*
- Load documentation is accurate\*
- Delays in loading/unloading are prevented
- Your loading/unloading do not require or encourage drivers to exceed the speed limits or regulated driving hours, fail to meet the minimum rest requirements or drive while impaired by fatigue.
- \* Not relevant to an unloader

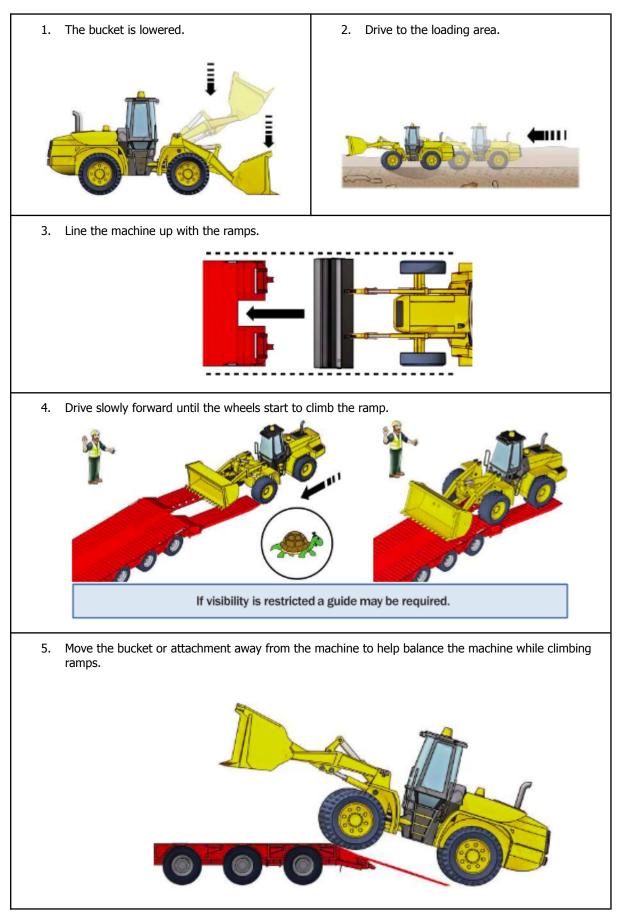


#### A loader is to be transported. How is the preparation done by the person responsible?

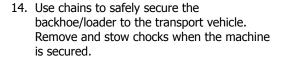


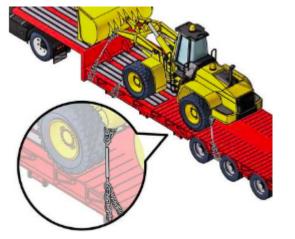
#### How is a loader moved on to the transport vehicle?

After the transport vehicle and the backhoe/loader have been prepared, the following steps are taken:









### Are there regulations about securing a load on a truck or trailer?

Yes, the load restraints must be able to hold the load from moving as shown in the table.

Direction	Restraint needed
Forward	80% of load weight
Rearward	50% of load weight
Sideway	50% of load weight
Bounce or upward	20% of load weight

